**Buffalo Hill Terrace, June, 2012** **Recreation & Wellness**

# JUNE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **Happy Birthday**<br>**Peg Hart, June 16th**<br>**Nancy Robinson, June 16th**<br>**Mona Tidball, June 17th**<br>**Marcy Yates, June 17th**<br>**Eunice Moen, June 23rd**<br>**S.G. Mac, June 24th**<br>**John Olson, June 26th**<br>**Evelyn Swift, June 27th**<br>**Colin Fern, June 28th**<br>**Lois Ann Thon, June 29th**<br>**Flo Nelson, June 29th** | **Medical Bus Shuttle**<br>Mon, Wed & Fri<br>8:30 a.m. - 11:45 a.m.<br>Tue & Thur<br>8:30 a.m.- 3:45 p.m.<br>*Medical shuttle services are offered daily for doctor, dentist, therapy & other medical related needs | **Shopping Bus Shuttle**<br>Mon: 1:00 p.m. - 3:0 0 p.m.<br>(Wal-Mart- Northside<br>3rd Mon of month 1:00-3:00<br>(Evergreen Shuttle)<br>Wed: 9:45 a.m. -11:30 a.m.<br>(Eastside-downtown shuttle)<br>Fri 1:00-3:00<br>(Westside Shuttle) | **June Excursions**<br>Please sign up at the front desk<br>Farmer's Market- June 2nd<br>Chamber Recital- June 7th<br>Agency of Aging Picnic- June 8th<br>Hula Show- Hoike- June 9th<br>Lakers Baseball Game- June 12th<br>Lunch at Buffalo Hill Golf- June<br>Music in the Park- June 20th<br>Big Fork Playhouse- June 23rd<br>The Docks for dinner- June 26th<br>Historical Downtown - June 28th | **June Highlights**<br>Join the Woodland Park Walking Club every Friday<br>Father's Day Brunch<br>June 17th 11:00-1:00<br>Please call for reservations<br>University of Montana Presentation, June 25th<br>Assistive Technology | **1**<br>**10:00** Dance Montana Senior Fitness Class<br>**10:45** Woodland Park Walking Club*<br>**1:00** Pinochle Group (Card Room)<br>**1:00-2:00** Fitness Training * Individualized Sessions (sign up at front desk)<br>**1:00** Arts & Crafts Class Ceramic Painting (Buffalo Room)<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:00** Central Bible Church Bible Study (Day Room 2C) | **2**<br>**9:30** depart for Kalispell Farmer's Market* (weather pending)<br>**2:00** Wii Bowling (Buffalo Rm)<br>**7:00** Sons of Norway Meeting (Buffalo Room) |
| **3**<br>**8:30-12:00** *Church Bus*<br>**1:00** Christian Worship Service Special Service with Lutheran Bible Camp (the Cafe)<br>**2:30** Buffalo Theater Now Playing *Wind Talkers* (Buffalo Room)<br>**7:00** Student Piano Recital (the Claremont) | **4**<br>**9:30** Monday Morning Fitness with Sue (Buffalo Room)<br>**10:30** Bible Study (Buffalo Room)<br>**11:00** Book Club (Billiards rm)<br>**1:30** Strength, Balance & Exercise Class (Buffalo Room)<br>**2:30** Green thumb Garden Club- planting petunias (courtyard)<br>**3:30** Catholic Communion (Day Room 1D)<br>**7:00** Prayer Shawl Ministry (Buffalo Room) | **5**<br>**9:00-11:00** Individualized Computer Lessons (sign up)<br>**10:00** Senior Yoga (Buffalo Room)<br>**1:00** Writing Group (2c)<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:30** Wine & Cheese Social featuring- music with Dorothy & Ed patio & courtyard<br>**6:30** Tuesday Evening Lecture The History of America's Favorite Pastime- Baseball (Buffalo Room) | **6**<br>**9:30** Arthritis Foundation Fitness & Exercise (Buffalo)<br>**2:00** June Resident Birthday Celebration (the Cafe)<br>**3:00** Cribbage (Billiards Room)<br>**3:30** Tai Chi Class (Buffalo Room) | **7**<br>**9:30** Arthritis Foundation Fitness & Exercise (Buffalo)<br>**1:30** BINGO (Buffalo Room)<br>**2:00** Retirement Celebration Sharon Tousey (Patio Room)<br>**3:00** Updates & Questions with Carla (Buffalo Room)<br>**7:00** depart for Northridge Lutheran Church for Chamber Recital<br>Name Tag Day | **8**<br>**10:00** Dance Montana Senior Fitness Class (Buffalo Room)<br>**10:45** Woodland Park Walking<br>**11:30** Agency on Aging Picnic at the Fairgrounds*<br>**1:00** Pinochle Group (1D)<br>**1:00-2:00** Fitness Training Individualized Sessions *<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:00** Speaker Presentation "The Indian Way" General Neil Van Sickle<br>**3:00** Central Bible Church Bible Study (Day Room 2C) | **9**<br>**1:00** MS Support Group (Buffalo Room)<br>**1:30** Ice Cream Social (courtyard patio)<br>**2:00** Wii Bowling (Buffalo Room)<br>**4:30** depart for Annual Kalispell Hula Show "Ho ike" 2012 |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| **10**<br>**8:30-12:00** *Church Bus*<br>**1:00** Christian Worship Service<br>**2:30** Buffalo Theater<br>Now Playing<br>*Magnificent Seven* | **11**<br>**9:30** Monday Morning Fitness with Sue (Buffalo Room)<br>**10:30** Bible Study<br>**11:00** Book Club (Billiards rm)<br>**1:30** Strength, Balance & Exercise Class (Buffalo Room)<br>**2:30** Music & Memories Sing A Long (Buffalo Room)<br>**3:30** Catholic Communion (Day Room 1d)<br>**7:00** Prayer Shawl Ministry (Buffalo Room) | **12**<br>**10:00** Senior Yoga<br>**1:00** Writing Group (Day Room 2C)<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:15** Arts & Crafts Class needle & thread art (Buffalo Room)<br>**4:30** depart for Lakers Baseball Game* (eating at ballpark) | **13**<br>**9:30** Arthritis Foundation Fitness & Exercise (BuffaloRm)<br>**12:00** Lunch & Lecture the Art & Science of Acupuncture (Buffalo Room)<br>**3:00** Cribbage (Billiards Room)<br>**3:30** Tai Chi Class (Buffalo Room) | **14**<br>**9:30** Arthritis Foundation Fitness & Exercise (BuffaloRm)<br>**11:00** depart, out to Lunch Buffalo Hill Golf Course*<br>**1:30** BINGO (Buffalo Room)<br>**3:00** Flag Day Ceremony (Buffalo Room)<br>Name Tag Day | **15**<br>**10:00** Dance Montana Senior Fitness Class (Buffalo Room)<br>**10:45** Woodland Park Walking<br>**1:00** Pinochle Group (1D)<br>**1:00-2:00** Fitness Training Individualized Sessions *<br>**2:00** Father's Day Gathering (front of building for car display)<br>**3:00** Central Bible Church Bible Study (Day Room 2C)<br>**6:00** Showing of Part 2 LIFE (Buffalo Room) | **16**<br>**1:00-5:00** Music Jam Session with Dorothy & Hank bring your instrument or come to listen (Buffalo Room)<br>**2:00** Wii Bowling (Billiards Room)<br>**6:00** Campfire & Smores (courtyard) |
| **17**<br>**8:30-12:00** *Church Bus*<br>**1:00** Christian Worship Service<br>**2:30** Buffalo Theater<br>Now Playing<br>*Father of the Bride*<br>**11:00-1:00 Father's Day Brunch, guests please RSVP by 6/14 to 752-9624** | **18**<br>**9:30** Monday Morning Fitness with Sue (Buffalo Room)<br>**10:30** Bible Study<br>**11:00** Book Club (Billiards rm)<br>**1:30** Strength, Balance & Exercise Class (Buffalo Room)<br>**2:30** Yahtzee (card room)<br>**3:30** Catholic Communion(1D)<br>**7:00** Prayer Shawl Ministry (Buffalo Room) | **19**<br>**9:00-11:00** Individualized Computer Lessons (sign up)<br>**10:00** Senior Yoga<br>**1:00** Writing Group (Day Room 2C)<br>**2:00** Wii Bowling (Buffalo Room)<br>**6:30** Tuesday Evening Lecture The Love of Sailing (Buffalo Room) | **20**<br>**9:30** Arthritis Foundation Fitness & Exercise (BuffaloRm)<br>**11:00** depart for Music in the Park* (folk music, we will bring a lunch)<br>**1:00** Buffalo Bulls Meet (billiards room)<br>**2:00** Fresh Floral Arranging (Buffalo Room)<br>**3:00** Cribbage (Billiards Room)<br>**3:30** Tai Chi Class (Buffalo Room) | **21**<br>**9:30** Arthritis Foundation Fitness & Exercise (BuffaloRm)<br>**1:30** BINGO (Buffalo Room)<br>**3:00** Curio Cabinet Display Americana (red, white & blue) display<br>**3:00** Coffee Hour with Carla for 3D& 3E residents (meet in the History Room)<br>Name Tag Day | **22**<br>**10:00** Dance Montana Senior Fitness Class (Buffalo Room)<br>**10:45** Woodland Park Walking<br>**1:00** Pinochle Group (1D)<br>**1:00-2:00** Fitness Training Individualized Sessions *<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:00** Arts & Crafts Class Mosaic tile coasters<br>**3:00** Central Bible Church (2c) | **23**<br>**2:00** Wii Bowling (Buffalo Room)<br>**7:00** depart for Damn Yankees at Big Fork Playhouse* |
| **24**<br>**8:30-12:00** *Church Bus*<br>**1:00** Christian Worship Service<br>**2:30** Buffalo Theater<br>Now Playing<br>*Big Miracle* | **25**<br>**9:30** Monday Morning Fitness with Sue (Buffalo Room)<br>**10:30** Bible Study<br>**11:00** Book Club (Billiards rm)<br>**1:00-3:00 or 3:00-5:00** University of Montana Education Session Assistive Technology<br>**3:30** Catholic Communion(1D)<br>**7:00** Prayer Shawl Ministry (Buffalo Room) | **26**<br>**10:00** Senior Yoga<br>**11:00** Stepping On Class for registered participants (Buffalo Room)<br>**1:00** Writing Group (Day Room 2C)<br>**2:00** Wii Bowling (Buffalo Room)<br>**4:00** depart for dinner at the Docks Restaurant on Flathead Lake* | **27**<br>**10:00** Intergenerational Activity Program with Kid Kare<br>**3:00** Resident Association Mtng (Buffalo Room)<br>**4:00** Cribbage (Billiards Room)<br>**6:00** Creative Cards Stamping Up Class | **28**<br>**10:00** depart for Eastside Downtown Historical Tour<br>**1:30** BINGO (Buffalo Room)<br>**2:30** New Resident Social (Patio Room)<br>Name Tag Day | **29**<br>**10:00** Dance Montana Senior Fitness Class (Buffalo Room)<br>**10:45** Woodland Park Walking<br>**1:00** Pinochle Group (1D)<br>**1:00-2:00** Fitness Training Individualized Sessions *<br>**2:00** Wii Bowling (Buffalo Room)<br>**3:00** Armchair Travel- Kenya (Buffalo Room)<br>**3:00** Central Bible Church (2c) | **30**<br>**9:30-10:30** Coffee & Donut Social (Patio Room)<br>**1:00** Scrabble (Card Room)<br>**2:00** Wii Bowling (Buffalo Room) |