





# June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Buffalo Room – BR Billiards Room – B Patio Room – P The Café – CA The Salon – S The Claremont – CL Tranquility Room – TR Card Room – CR History Room – HR Fitness Center – FC Library – LB Lobby – L</p>	<p><b>Happy Birthday</b></p> <p>Edna Hedges 5th Fay Pemble 6th Milly Storie 11th Carol Stewart 13th Peg Hart 16th Marcy Yates 17th Janice Hart 18th Betty Greaves 22nd SG MacLachlan 24th Lillian Fenster 25th</p>	<p>Lorraine Ondov 25th John Olson 26th Marion Daue 27th Lois Ann Thon 29th Jim Johnson 30th Mary Lou McAlpin 30th</p> 	<p>Curio Cabinet Theme: <b>gone FISHIN'</b></p> <p>We'd love you to share photos, knick-knacks, anything fishing related! Drop items off at the Front Desk or the Recreation Office.</p> 	<p>1 10:00 Yoga with Ashley (BR) 1:30 <b>BINGO</b> (BR) 3:00 Strength, Balance &amp; Fitness with Julie (BR) 3:00 Updates &amp; Questions with Carla (BR) 3:00 <b>Photo Slide Show</b> Resident Trip to Spokane &amp; other May events! (BR)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p>2 8:30 <b>Coffee &amp; Donuts</b> (P) 9:00 <b>Farewell Celebration for Mary Jane Waldahl</b> (P) 10:00 Fitness with Darcy (BR) 10:30 <b>Brain Games</b> (BR) 3:30 <b>Summer Sangria</b> Cocktail Hour (P &amp; L) *Non-Alcoholic options available 6:30 <b>Pinochle</b> group (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p>3 10:00 Senior Yoga DVD (BR) 10:30 Depart for <b>Kalispell Farmers Market</b> (Sign up at the Front Desk) 12:30 <b>Line Dancing Class</b> (BR)</p>
<p>4 8:30-12:00 <b>*Church Shuttle*</b> (Sign up at Front Desk) 1:00 <b>Church Service</b> (BR) 2:30 <b>Buffalo Theater</b> (BR) Now Playing <b>Big Jake</b> 1971 Western/Drama</p>	<p>5 10:00 Fitness with Darcy (BR) 10:30 <b>Bible Study</b> (BR) 12:30 <b>Line Dancing Class</b> (BR) 1:30 <b>Cycling Adventures</b> (BR) (Pedal at your own pace!) 2:30 <b>Flower Arranging</b> (BR) 3:30 <b>Catholic Communion</b> (CR) 6:30 <b>Glacier Stamp Club</b> (BR) *Visitors Welcome!</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p>6 10:00 Yoga with Ashley (BR) 10:00 <b>Visit from Kid Kare</b> Kid Kare tots will join us for exercise! 1:00 <b>Writing Group</b> (TR) 1:00 Strength, Balance &amp; Fitness with Julie (BR) 1:30-2:30 Personal Trainer Individualized Sessions (FC) 2:00 <b>Bridge Group</b> (LB) 2:30 <b>BINGO</b> (BR)</p> <p>Medical Van 8:30-4:00</p>	<p>7 8:00 <b>Morning Devotions</b> with Pastor Larry (LB) 9:00-11:00 <b>Computer Help Sessions</b> (Sign Up) 10:00 Senior Fitness with Kris (BR) 2:00 <b>June Birthday Celebration</b> (BR) 3:30 <b>Tai Chi Class</b> with David (BR) 3:00-4:30 <b>Cribbage</b> (B) 6:00 <b>Wednesday Night Trivia</b> (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-12:00</p>	<p>8 10:00 Yoga with Ashley (BR) 1:30 <b>BINGO</b> (BR) 3:00 Strength, Balance &amp; Fitness with Julie (BR) 4:30 <b>Out to Dinner at Jagz Restaurant</b> (Sign up at the Front Desk!)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p>9 8:30 <b>Coffee &amp; Donuts</b> (P) 10:00 Fitness with Darcy (BR) 10:30 <b>Brain Games</b> (BR) 1:30 <b>Arts and Crafts Class</b> (BR) Painted Mini Cactus Pots 3:30 <b>Fresh Lemonade Social</b> (P) 6:30 <b>Pinochle</b> group (Billiards)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p>10 10:00 Senior Yoga DVD (BR) 12:00 <b>MS Support Group</b> (B) 12:30 <b>Line Dancing Class</b> (BR) 1:15 Depart for <b>The Shrine Circus</b> (Sign up at the Front Desk)</p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>11</b></p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR) 2:30 Buffalo Theater (BR) Now Playing <b>Raiders of the Lost Ark</b> 1981 Fantasy/Action</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>12</b></p> <p>10:00 Fitness with Darcy (BR) 10:30 Bible Study (BR) 12:30 Line Dancing Class (BR)</p> <p>1:30 <b>Cycling Adventures</b> (BR) (Pedal at your own pace!)</p> <p>2:30 <b>Card Making Class</b> (BR) 3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>13</b></p> <p>10:00 Yoga with Ashley (BR) 11:00 Out to Lunch Bunch: <b>Wild Jo's Frozen Treats and Hot Dogs</b> (Columbia Falls) Sign up!</p> <p>1:00 Writing Group (TR) 1:00 Strength, Balance &amp; Fitness with Julie (BR) 1:30-2:30 Personal Trainer Individualized Sessions (FC) 2:00 Bridge Group (LB)</p> <p>Medical Van 8:30-4:00</p>	<p><b>14</b> Flag Day</p> <p>7:00 -11:00 Toe Nail Clinic (S) 8:00 <b>Morning Devotions</b> with Pastor Larry (LB) 10:00 Senior Fitness with Kris (BR) 1:00 Depart for outing to <b>Genesis Kitchen</b> (Whitefish) 1:30 <b>Watercolor Art Class</b> (B) 3:30 Tai Chi Class with David (BR) 3:00-4:30 Cribbage (B) 6:00 <b>Wednesday Night Trivia</b> (BR)</p> <p>Stop by the Recreation Office for a FREE flag!</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-12:00</p>	<p><b>15</b></p> <p>10:00 Yoga with Ashley (BR) 1:30 <b>BINGO</b> (BR) 3:00 Strength, Balance &amp; Fitness with Julie (BR) 4:30 <b>Dinner and a Movie</b> Featuring: <b>Hidden Figures</b> 2016 Drama/History (BR) (Sign up at the Front Desk)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p><b>16</b></p> <p>8:30 <b>Coffee &amp; Donuts</b> (P) 10:00 Fitness with Darcy (BR) 10:30 <b>Brain Games</b> (BR) 11:00 Depart for <b>Older Americans Picnic</b> (Sign up at the Front Desk) 2:00 <b>ILC Lecture Series: "Healthy Skin"</b> (Sign up at the Front Desk) (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>17</b></p> <p>10:00 Senior Yoga DVD (BR) 12:00 <b>Line Dancing Class</b> (BR) 1:00-3:00 <b>Jam Sessions</b> with Fiddling Friends (BR) 6:00 Men's Game Night (B) <b>Dominoes &amp; Poker</b></p>
<p><b>18</b> Father's Day</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR) 2:30 Buffalo Theater (BR) Now Playing <b>Father of the Bride</b> 1991 Comedy/Romance</p> <p><b>Father's Day Brunch</b> 9:30am - 2:00pm (Sign up at Front Desk)</p>	<p><b>19</b></p> <p>10:00 Fitness with Darcy (BR) 10:30 Bible Study (BR) 12:30 Line Dancing Class (BR)</p> <p>1:30 <b>Cycling Adventures</b> (BR) (Pedal at your own pace!)</p> <p>2:30 <b>JINGO</b> (BR) A Bingo style game... with trivia!</p> <p>3:00 Alzheimer's Support Group (B) *Visitors Welcome 3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>20</b></p> <p>10:00 Yoga with Ashley (BR) 1:00 Writing Group (TR) 1:00 Strength, Balance &amp; Fitness with Julie (BR) 1:30 <b>Mystery Drive!</b> (Sign up at the Front Desk) 1:30-2:30 Personal Trainer Individualized Sessions (FC) 2:00 Bridge Group (LB)</p> <p>Medical Van 8:30-4:00</p>	<p><b>21</b></p> <p>8:00 <b>Morning Devotions</b> (LB) 9:00-11:00 <b>Computer Help Sessions</b> (Sign Up) 10:00 Senior Fitness with Kris (BR) Special Presentation: 1:00 Hearing Health (BR) (Free hearing loss screening after) 3:30 Tai Chi Class with David (BR) 3:00-4:30 Cribbage (B) 6:00 <b>Wednesday Night Trivia</b> (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-12:00</p>	<p><b>22</b></p> <p>10:00 Yoga with Ashley (BR) 1:30 <b>BINGO</b> (BR) 3:00 Strength, Balance &amp; Fitness with Julie (BR) 4:00 <b>Wine and Cheese Social</b> (P)</p>  <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p><b>23</b></p> <p>8:30 <b>Coffee &amp; Donuts</b> (P) 10:00 Fitness with Darcy (BR) 10:30 <b>Brain Games</b> (BR) 1:30 <b>Walking Club</b> Rails to Trails Path (Sign Up) 3:30 <b>Resident "Sneak Peek"</b> Grand Opening of the Lodge, Wooden Nickel &amp; Claremont! *Details to be announced</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>24</b></p> <p>10:00 Senior Yoga DVD (BR) 11:00 Depart for <b>Picnic Lunch</b> at Lawrence Park (Sign up at the Front Desk) 12:30 <b>Line Dancing Class</b> (BR)</p>
<p><b>25</b></p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR) 2:30 Buffalo Theater (BR) Now Playing <b>Union Station</b> 1950 Classic/Suspense</p>	<p><b>26</b></p> <p>10:00 Fitness with Darcy (BR) 10:30 Bible Study (BR) 12:30 Line Dancing Class (BR)</p> <p>1:00 <b>Root Beer Float Social</b> (P) 1:30 <b>Cycling Adventures</b> (BR) (Pedal at your own pace!)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p><b>27</b></p> <p>10:00 Yoga with Ashley (BR) 1:00 Writing Group (TR) 1:00 Strength, Balance &amp; Fitness with Julie (BR) 1:30-2:30 Personal Trainer Individualized Sessions (FC) 2:00 Bridge Group (LB) 3:30 <b>Terrace Expansion Celebration &amp; Ribbon Cutting</b> (Community Open House)</p> <p>Medical Van 8:30-4:00</p>	<p><b>28</b></p> <p>7:00 -11:00 Toe Nail Clinic (S) 8:00 <del>Morning Devotions</del> with Pastor Larry (LB) 10:00 Senior Fitness with Kris (BR) 1:30 <b>Watercolor Art Class</b> (B) 3:30 Tai Chi Class with David (BR) 3:00-4:30 Cribbage (B) 6:00 <b>Wednesday Night Trivia</b> (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-12:00</p>	<p><b>29</b></p> <p>10:00 Yoga with Ashley (BR) 1:30 <b>BINGO</b> (BR) 3:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p><b>30</b></p> <p>8:30 <b>Coffee &amp; Donuts</b> (P) 10:00 Fitness with Darcy (BR) 10:30 <b>Brain Games</b> (BR) 1:30 <b>"I Love Lucy" &amp; Homemade Milkshakes</b> (BR) 2:30 <b>Book Club</b> (B) 6:30 <b>Pinochle</b> group (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-12:00</p>	<p>Enjoy the little things.</p>