



# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Buffalo Room – BR</b>  <b>Billiards Room – B</b>  <b>Patio Room – P</b>  <b>The Café – CA</b>  <b>The Salon – S</b>  <b>The Claremont – CL</b>  <b>Tranquility Room – TR</b>  <b>Card Room – CR</b>  <b>History Room – HR</b>  <b>Fitness Center – FC</b>  <b>Library – LB</b>  <b>Lobby – L</b>  <b>Wooden Nickel – WN</b></p>	<p><b>Birthdays this month...</b></p> <p>Alice Ford 6th            Ali Smithson 6th            Betty Powell 9th            Gail Long 16th            Ray Zimmerman 17th            Neil Hart 20th            Evelyn Mattheisen 20th            Vicki McLaughlin 23rd</p> 	<p><b>1</b></p> <p>10:00 Yoga with Ashley (BR)  <b>10:00 Visit from Kid Kare</b>  <i>Kid Kare tots will join us for exercise!</i></p> <p><b>1:00 Writing Group (TR)</b></p> <p>1:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p><b>1:30 Raspberry Cream Pie Social (Wooden Nickel)</b></p> <p>1:30-2:30 Personal Trainer Individualized Sessions (FC)</p> <p><b>2:00 Bridge Group (LB)</b></p> <p><b>6:00 Ukulele Practice (BR)</b></p> <p>Medical Van 8:30-4:00</p>	<p><b>2</b></p> <p>7:00 - 11:00 Toe Nail Clinic (S)            8:00 Morning Devotions with Pastor Larry (LB)  <b>9:00-11:00 Computer Help Sessions (Sign Up)</b></p> <p>10:00 Senior Fitness with Kris (BR)            10:30 <u>Level 2</u> Fitness with Kris (BR)  <b>2:00 August Birthday Party (BR)</b>            3:30 Tai-Chi Class with David (BR)  <b>3:00-4:30 Cribbage (WN)</b></p> <p><b>6:00 Wednesday Night Trivia (BR)</b></p> <p>7:00 Summer Concert Series:  <b>Tropical Montana Marimba Ensemble (Courtyard)</b></p> <p>Shopping Shuttle at 9:45am            Medical Van 8:30-4:00</p>	<p><b>3</b></p> <p>10:00 Yoga with Ashley (BR)  <b>1:30 BINGO (BR)</b>            3:00 Strength, Balance &amp; Fitness with Julie (BR)  <b>3:00 Updates and Questions with Carla (BR)</b>  <b>4:00 Wine and Cheese Social (Wooden Nickel)</b></p> <p>Medical Van 8:30-4:00  <i>Name Tag Day</i></p>	<p><b>4</b></p> <p><b>8:30 Coffee &amp; Donuts (P)</b>            10:00 Fitness with Darcy (BR)  <b>10:30 Brain Games (BR)</b>  <b>1:30 Italian Soda Social (Wooden Nickel)</b>  <b>2:30 Mexican Train Dominoes (Wooden Nickel)</b></p> <p>Shopping Shuttle at 1:00            Medical Van 8:30-4:00</p>	<p><b>5</b></p> <p>9:30 Depart for <b>Kalispell Farmers Market</b>  <i>(Sign up at the Front Desk)</i>            10:00 Senior Yoga DVD (BR)  <b>12:30 Line Dancing Class (BR)</b></p> <p>1:00 Depart for <b>The Cherry Haus</b>  <i>(Lakeside) (Sign Up)</i>  <b>2:30 Skip-Bo (WN)</b></p>
<p><b>6</b></p> <p><b>8:30-12:00 *Church Shuttle*</b>  <i>(Sign up at Front Desk)</i></p> <p><b>1:00 Church Service (BR)</b>  <b>2:30 Buffalo Theater (BR)</b>  <i>Now Playing</i>  <b>"My All American"</b>            2015 Sports/Drama</p>	<p><b>7</b></p> <p>10:00 Fitness with Darcy (BR)  <b>10:30 Bible Study (BR)</b>            10:30-11:30 Open House for <b>Family and Friends Guest Suite</b>  <i>(Across from Salon on 2nd Floor)</i>  <b>12:30 Line Dancing Class (BR)</b>  <b>1:30 Cycling Adventures (BR)</b>  <b>2:00 Skip-Bo (WN)</b>  <b>2:30 Flower Arranging (BR)</b>  <b>3:30 Catholic Communion (CR)</b>  <b>6:30 Glacier Stamp Club (BR)</b>  <i>*Visitors Welcome!</i></p> <p>Shopping Shuttle at 1:00            Medical Van 8:30-4:00</p>	<p><b>8</b></p> <p>10:00 Yoga with Ashley (BR)  <b>10:30 Depart for Trip to Polson Lunch and Shoe Shopping!</b>  <i>Jackie M's is having a going out of business sale!</i></p> <p><b>1:00 Writing Group (TR)</b></p> <p>1:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>1:30-2:30 Personal Trainer Individualized Sessions (FC)</p> <p><b>2:00 Bridge Group (LB)</b></p> <p>Medical Van 8:30-4:00</p>	<p><b>9</b></p> <p>8:00 Morning Devotions with Pastor Larry (LB)            10:00 Senior Fitness with Kris (BR)            10:30 <u>Level 2</u> Fitness with Kris (BR)  <b>1:30 Watercolor Art Class (B)</b>  <b>2:00 Tri-ominoes (Wooden Nickel)</b>            3:30 Tai-Chi Class with David (BR)  <b>3:00-4:30 Cribbage (B)</b></p> <p><b>6:00 Wednesday Night Trivia (BR)</b></p> <p>Shopping Shuttle at 9:45am            Medical Van 8:30-4:00</p>	<p><b>10</b></p> <p>10:00 Yoga with Ashley (BR)  <b>1:30 BINGO (BR)</b>            3:00 Strength, Balance &amp; Fitness with Julie (BR)  <b>4:30 Out to Dinner at "Applebees"</b>  <i>(Sign Up)</i></p> <p>Medical Van 8:30-4:00  <i>Name Tag Day</i></p>	<p><b>11</b></p> <p><b>8:30 Coffee &amp; Donuts (P)</b>            10:00 Fitness with Darcy (BR)  <b>10:30 Brain Games (BR)</b>  <b>1:00 Arts and Crafts Class (BR)</b>  <i>Foil Leaf Mosaics</i>  <b>2:30 JINGO (BR)</b>  <i>A Bingo style game... with Trivia!</i>  <b>6:30 Pinochle group (B)</b></p> <p>Shopping Shuttle at 1:00            Medical Van 8:30-4:00</p>	<p><b>12</b></p> <p>10:00 Senior Yoga DVD (BR)  <b>12:00 MS Support Group (B)</b>  <b>12:30 Line Dancing Class (BR)</b>  <b>1:30 Sno-Cone Social (P)</b>  <b>2:30 Skip-Bo (WN)</b></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing</p> <p><b>A Brilliant Young Mind</b> 2015 Drama</p>	<p>14</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>10:30-11:30 Open House for <b>Family and Friends Guest Suite</b> (Across from Salon on 2nd Floor)</p> <p>12:30 Line Dancing Class (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>2:30 Card Making Class (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>15</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:30 Out to Lunch: (Sign Up) <b>"Burgertown"</b> (Bigfork)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>1:30-2:30 Personal Trainer Individualized Sessions (FC)</p> <p>2:00 Bridge Group (LB)</p> <p>6:00 Ukulele Practice (BR)</p> <p>Medical Van 8:30-4:00</p>	<p>16</p> <p>7:00 - 11:00 Toe Nail Clinic (S)</p> <p>8:00 Morning Devotions with Pastor Larry (LB)</p> <p>9:00-11:00 Computer Help Sessions (Sign Up)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 Level 2 Fitness with Kris (BR)</p> <p>3:30 Tai Chi Class with David (BR)</p> <p>3:00-4:30 Cribbage (B)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>7:00 Summer Concert Series: <b>Boggs Brua Duo</b> (Courtyard)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>17</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>5:00 Depart for the <b>Northwest Montana Fair</b> (Sign Up)</p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>18</p> <p>8:30 Coffee &amp; Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:00 Skip-Bo Card Game (Wooden Nickel)</p> <p>2:00 ILC Lecture Series: <b>"Healthy Aging"</b> (BR)</p> <p>6:45 Depart for Rodeo (Sign Up)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>19</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>12:30 Line Dancing Class (BR)</p> <p>1:30 Tropical Luau Party (Patio Room and Courtyard)</p> <p>2:30 Skip-Bo (WN)</p> <p>6:00 Men's Game Night (B) Dice Night! Snacks and drinks will be provided.</p> 
<p>20</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing</p> <p><b>Coat of Many Colors</b> 2015 Biography/Drama</p>	<p>21</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>12:30 Line Dancing Class (BR)</p> <p>1:30 Cycling Adventures (BR)</p> <p>2:00 Skip-Bo (WN)</p> <p>2:30 The "Carol Burnett Show" and Hot Fudge Sundaes (BR)</p> <p>3:00 Alzheimer's Support Group (B) *Visitors Welcome</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>22</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>1:30-2:30 Personal Trainer Individualized Sessions (FC)</p> <p>1:30 Hearing Aid Clinic (B)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 Hymn Sing-A-Long (BR) <i>with Ladiene Thompson</i></p> <p>Medical Van 8:30-4:00</p>	<p>23</p> <p>8:00 Morning Devotions (LB)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 Level 2 Fitness with Kris (BR)</p> <p>1:30 Watercolor Art Class (B)</p> <p>3:30 Tai Chi Class with David (BR)</p> <p>3:00-4:30 Cribbage (B)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>7:00 Summer Concert Series: <b>Saxophon</b> (Courtyard)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>24</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>4:30 Dinner and a Movie Featuring: "The Finest Hours" 2016 Drama/True Story</p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>25</p> <p>8:30 Coffee &amp; Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:30 Arts and Crafts Class (BR) <i>Intricate Paper Quilling</i> (Estimated class time: 1 hour)</p> <p>2:30 Book Club (B)</p> <p>6:30 Pinochle group (B)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>26</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>12:30 Line Dancing Class (BR)</p> <p>2:00 Tea Around the World: <b>Japanese Tea</b> (BR)</p> <p>2:30 Skip-Bo (WN)</p>
<p>27</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Front Desk)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing</p> <p><b>Big</b> 1988 Romantic Comedy</p>	<p>28</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>12:30 Line Dancing Class (BR)</p> <p>1:30 Cycling Adventures (BR)</p> <p>2:30 Montana Wild Wings <i>Wildlife Rehab Presentation</i> (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>6:30 Concert Performance: <b>The Kaz-Uke-ees</b> (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>29</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:30 Depart for Picnic Lunch at Lake Mary Ronan (Sign Up)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>1:30-2:30 Personal Trainer Individualized Sessions (FC)</p> <p>2:00 Bridge Group (LB)</p> <p>Medical Van 8:30-4:00</p>	<p>30</p> <p>8:00 Morning Devotions with Pastor Larry (LB)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 Level 2 Fitness with Kris (BR)</p> <p>1:30 Mystery Drive (Sign Up)</p> <p>3:30 Tai Chi Class with David (BR)</p> <p>3:00-4:30 Cribbage (B)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>31</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance &amp; Fitness with Julie (BR)</p> <p>5:30 Evening Movie and Popcorn (BR) <b>"Lion"</b> 2016 Drama/Biography <i>*Back by popular demand, was shown last month.</i></p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>Curio Cabinet Theme:</p> <p><b>"Pets"</b></p> <p>We'd love for you to share your photos and memories! Drop items off with a Recreation team member.</p>	<p>Notes:</p> <p>Due to resident request, we are now offering <u>two</u> Arts and Crafts classes per month. The additional class will require more time and has a higher level of detail.</p>