

A Ministry of Immanuel Lutheran Communities

# **Resident Life History Questionnaire**

# Name of person filling out form: Cathy Smith Relationship to resident: Daughter In-Law

This form tells us about your loved one's history, family, likes and dislikes, opinions, habits, etc. This information is important for us to know because people with dementia are often not living in present-day reality the way most of us understand it. The details you provide will help us better understand your loved one and assist us in figuring out what kind of individualized care and recreation opportunities to offer them.

Please provide as much information as you can. Take as much space as you need; we anticipate that you will use extra paper. We look forward to getting to know this new resident!

# Part One: Current Information

- 1. Name: Elizabeth Smith
- 2. Prefer to be called: Betty
- 3. Birthplace: Chester, MT in the Sweet Grass Hills area for 25 years.

- 4. Maiden Name or Other Prior Name(s): Jones
- 5. Birthdate (including year): September 25<sup>th</sup>, 1932
- 6. Prior Living Situation: Living at home.
- 7. What age do you think your loved one is living in their mind? 60s
  - Do they ask for their spouse but not recognize them? No, but will ask if they have died.
  - Do they look for their children but not recognize them? Recognizes faces but doesn't know names. Thought that her son Doug was her husband.
  - Do they look for their Mom or Dad? No
  - Do they perceive themselves as younger? If yes, describe. Thinks she is in her 60s, living at the farm house.
- 8. Describe "home" as they remember it (ranch, farm, city, suburb, etc.). Big farm, big garden, sewing room, big kitchen, horses to ride, lots of animals.
- 9. Describe your loved ones personality prior to memory loss or disease. Very productive. No moment was lost. Capable, independent, not needy, satisfied with what life brought her way. Were they outgoing or introverted? Moderately outgoing, quiet until she got to know you. What were their most noticeable traits? Always busy with family, very instructive, good listener.

- 10.Does your loved one have any "lifetime habits" (naptime, exercising, smoking, housework)? Lots of walking, always made a huge breakfast, up early, stayed up late always until 10:00pm.
- 11.Does your loved one have a specific morning and/or evening routine? If so, please describe it in detail. Woke up early, got to work, made a big breakfast. Accomplished everything on the list before going to bed.
- 12. What is their bathing routine like? Liked to shower every other day, rarely took baths.
- 13. What might they get "cleaned up" for (church, family or friends coming over, etc.)? Church, grange, grocery shopping.
- 14. What makes your loved one feel valued? What are/were they proud of? Cake decorating (Worked at Buttery's Bakery decorating cakes.) Made quilts for all 33 of her grandchildren, her paintings. (she likes to see them on the wall.)

15.Has there been any life trauma? (death of a child or sibling, abuse) What might trigger those upsetting memories?Her granddaughter died in a car accident, neice passed away. Death of her husband Mark was the hardest, learning to be alone was difficult for her.

16. List any significant hobbies.

Age 8-20

Age 20-40

Rode horses, ("Duchess" and "Blinker") spent a lot of time with her parents and grandparents in the Sweet Grass Hills.

Kids! She married her first husband, Mark. He was sent to the Korean War, they had one daughter at this time. When Mark came back from the war they had had 3 more children. She was pregnant with child number 4 when she snuck the children out of school and left Mark, divorcing him and moving to Fairfield.

Betty and parents eventually moved to Kalispell, when she met her second husband, Bill.

17.Any current hobbies?

Likes gardening and flowers, talking walks.

18. Any hobbies that they would like to do, but can't anymore? Used to sew, made all of her own clothes. Painting, lots of art work. Quilting and gardening, too.

#### Part Two: Genealogy

- Describe the person's cultural history and background and what role it plays in their identity. Norwegian. Lots of baking. Things like Lefse. Family focused.
- 2. Names of parents and grandparents: Annette and Martin.
- 3. Siblings: Jack and George.
- List the names and wedding anniversaries (if known) for all marriages.
   N/A
- 5. Children: Emma and Lawrence.
- 6. Consider attaching a family tree if you have one available. N/A

# Part Three: Religion and Spirituality

1. Religious background? Church affiliation:

Religion:

#### Bethlehem Lutheran Church

#### Lutheran

- 2. List current church information and, if possible, attach a current bulletin or newsletter.
- 3. What prayers did the person use with his or her children? Does/did he or she have specific prayer routines (mealtime, bedtime, etc.)? Always said "Come Lord Jesus"
- 4. Any favorite hymns, songs or Bible verses? Not sure.
- 5. In general, what and how large of a role did/does religion or spirituality in this person's life? Large role, always went to church on Sunday. Brought up children that way. Was very important. Attended Bible Study, as well.

# Part Four: Childhood

- 1. Describe your loved one's relationships with parents, siblings, etc. Good Relationships with family. Parents and youngest brother have passes away. Jack and his wife Mary visit sometimes.
- 2. Description of childhood home and bedroom (if possible): Wonderful memories, farm house. Lots of places to roam, animals, gardens.

- 3. Friends and clubs? How long did these interests and friendships last? Was involved in 4-H and Grange.
- 4. Summer vacations? Family usually visited them. Grandkids from Texas came to the farm.
- 5. First kiss? First boyfriend/girlfriend? Mark was her first boyfriend.

#### **Part Five: Education**

- 1. Grade completed, degrees, etc. For post-secondary education, include major: Went through HS in Chester/Shelby area. Lived in town with relatives during HS.
- 2. Favorite subject: Home economics, reading, art.
- 3. Any extracurricular activities (sports, drama, class president, etc.)? No.

# Part Six: Key Life Events

1. Describe any "big life events" such as a wedding, purchase of a first home, graduation, etc. Please be as detailed as possible, especially about events your loved one revisits frequently.

Her first date with second husband, Mark, was to the Fair. Probably was a marriage of convenience at first, but they grew to love each other.

2. Please describe your loved one's major accomplishments. Many ribbons won at the Fair. Seeing her two children go to college and graduate.

#### Part Seven: Work History

- What was your loved one's first job? How many jobs did he or she work? Not sure of 1<sup>st</sup> job but she worked at the B&B in Kalispell and as a cake decorator. She ironed clothes to bring in money at one point.
- 2. Main profession/occupation/career: Homemaker.
- 3. Spouse's profession or occupation: Farmer
- 4. If your loved one didn't work for pay during the day, how they spend their time (volunteering, raising children, homemaking, etc.)? Taking care of family, homemaking.
- 5. Did your loved one or their spouse undergo any significant periods of unemployment (if regularly employed)? Describe them and effects they had. No.
- 6. Retirement information (including company and job at time of retirement): Lived in her own home and retired when she moved to Buffalo Hill Terrace.

# Part Eight: Military History

- 1. Describe any military history of the resident or their family members. 1<sup>st</sup> husband, Mark, served in the Korean War.
- 2. Memories of war? Memories of peace? N/A
- 3. Where was the resident on key days (Pearl Harbor, VJ Day, September 11, 2001, etc.)? Are these memories something they revisit regularly? N/A

# Part Nine: Politics

- 1. How interested was your loved one in politics? Did they ever participate actively in a campaign (for a candidate, issue, etc.)? Not an interest.
- 2. Favorite president or other politician? None.
- 3. Most disliked president or other politician? Why? None.
- 4. Are there any particular issues that were/are especially important to your loved one? None.

#### Part Ten: Hobbies, Interests, etc.:

1. What type of music do/did they like? Hymns, Frank Sinatra, Petula Clark, Andy Williams.

- 2. Musical ability? No.
- 3. Reading preferences? Daily Newspaper?
  Glanced at the paper, listened to radio for news.
  Milford series. Read over and over.

  4. How much tolovision did/do they watch? What are their favorite shows.
- How much television did/do they watch? What are their favorite shows and/or movies? Not much TV.
- 5. Relationships with pets? Had a cat that lived with her at the Terrace. Also had a Pomeranian for years.
- 6. Places traveled/visited? Favorite place to travel? Drove her motorhome to Texas, Member of Good Sam's Club had shares on Flathead Lake, went there in September.
- 7. Describe one of your favorite memories with your loved one.
- 8. Any favorite foods? Any foods they particularly dislike? Cookies, cupcakes, cucumbers with sour cream and vinegar. Not picky.
- 9. Did your loved one drive a car? What kind?
- 10. Did your loved one volunteer or otherwise support any charitable causes? If so, what did they do and/or how did they support that cause?

11. What possessions are most important to your loved ones? Are there things that were once important that he or she doesn't have any more? What are they and, if you know, what happened to them?

# Part Eleven: Holidays

- 1. What is/was your loved one's favorite holiday? Christmas
- 2. Special traditions surrounding this or any holiday? Lots of baking, Lefse and Norwegian cookies.
- 3. Types of decorations? Traditional Christmas décor, tree.
- 4. Special holiday treats/foods? Norwegian desserts.

# Part Twelve: One Hundred Facts

Please list 100 interesting facts about this person to really help us get to know them! They can be big or small (likes Huckleberry Pie, was a cheerleader, hiked the Appalachian Trail, etc.).