




October



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|---|
| <p>1</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing "Forrest Gump" 1994 Drama</p> | <p>2</p> <p>10:00 Fitness with Darcy (BR) 10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>2:30 Beverly Hillbillies and Banana Splits (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>6:30 Glacier Stamp Club (BR) *Visitors Welcome!</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>3</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:00 Visit from Kid Kare Kid Kare tots will join us for exercise!</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>1:30 Outing to Dress Barn (Sign up at the Recreation office)</p> <p>2:00 Bridge Group (LB)</p> <p>Medical Van 8:30-4:00</p> | <p>4</p> <p>7:00 - 11:00 Toenail Clinic (S)</p> <p>8:00 Morning Devotions with Pastor Larry (LB)</p> <p>9:00-11:00 Computer Help Sessions (Sign up)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>2:00 October Birthday Celebration (BR)</p> <p>3:00-4:30 Cribbage (WN)</p> <p>3:30 Tai-Chi Class with David (BR)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p> | <p>5</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>3:30 Fall Drink Social (WN) Join us for a variety of Autumn beverages! Alcoholic and Non-Alcoholic options available.</p> <p>Medical Van 8:30-4:00 Name Tag Day</p> | <p>6</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR) A Bingo style game... with Trivia!</p> <p>1:00 JINGO (BR)</p> <p>1:30 Book Club (B)</p> <p>3:00 Updates and Questions with Carla (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>7</p> <p>9:30 Depart for Kalispell Farmers Market (Sign up at the Recreation office)</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00 Frappé Tasting Social (WN) A Frappé is a cold blended drink made with coffee and a flavor of your choice!</p> <p>2:30 Skip-Bo (WN)</p>  <p>Happy National Frappe Day!</p> |
| <p>8</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing "How to Steal a Million" 1966 Classic/Comedy</p> | <p>9</p> <p>10:00 Fitness with Darcy (BR) 10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>3:00 Flower Arranging (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>10</p> <p>10:00 Yoga with Ashley (BR)</p> <p>11:00 Out to lunch at: "Norm's News" (Sign up at the Recreation office)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 BINGO (BR)</p> <p>Medical Van 8:30-4:00</p> | <p>11</p> <p>8:00 Morning Devotions</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>1:00 Depart for outing to Sweet Pickin's Pumpkin Patch (Sign up)</p> <p>1:30 Watercolor Art Class (B)</p> <p>3:00-4:30 Cribbage (WN)</p> <p>3:30 Tai-Chi Class with David (BR)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p> | <p>12</p> <p>10:00 Yoga with Ashley (Café)</p> <p>1:30 BINGO (Café)</p> <p>3:00 Strength, Balance & Fitness with Julie (Café)</p> <p>4:30 Out to Dinner at: "Moroldo's" (Sign up at the Recreation office)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p> | <p>13</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:30 "Lewis & Clark" Documentary: Part 1 Popcorn and Soda will be served!</p> <p>6:30 Pinochle group (LB)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>14</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00 MS Support Group (B)</p> <p>1:30 D-I-Y Project Soap Making (BR)</p> <p>2:30 Skip-Bo (WN)</p> <p>5:15 Depart for FVCC's free screening of "C.M. Russell and the American West" A MT PBS film exploring the life, work and times of Charles M. Russell, Montana's "Cowboy Artist". (Sign up at the Recreation office)</p> |

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|---|---|---|---|--|--|---|
| <p>15</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR)</p> <p>Now Playing "Baby's Day Out" 1994 Family Comedy</p> <p>2:30 Depart for Glacier Symphony "Beethoven's Symphony No. 9" (Sign up at the Recreation office)</p> | <p>16</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>3:00 Card Making Class (BR)</p> <p>3:00 Alzheimer's Support Group (B) *Visitors Welcome!</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>17</p> <p>10:00 Yoga with Ashley (BR)</p> <p>11:00 Out to Lunch at McDonald's (Sign up)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>2:00 Bridge Group (LB)</p> <p>6:30 Magic Show Featuring Dan Jimmerson (BR)</p> <p>Terrace Travel Club ←</p> <p>Medical Van 8:30-4:00</p> | <p>18</p> <p>8:00 Morning Devotions with Pastor Larry (LB)</p> <p>9:00-11:00 Computer Help Sessions (Sign up)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>1:00 Mystery Drive (Sign up at the Recreation office)</p> <p>3:00-4:30 Cribbage (WN)</p> <p>3:30 Tai-Chi-Class with David (BR)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p> | <p>19</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:45 Walking Club *Walking at the Summit (Meet at the Main Entrance)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p> | <p>20</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:00 Tri-ominoes (WN)</p> <p>2:00 ILC Lecture Series: "Winter Ready" (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>21</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00-3:00 Jam Sessions with Fiddling Friends (BR)</p> <p>1:00 Depart for Glacier Stamp Club 33rd Annual Show (Sign up at the Recreation office)</p> <p>2:30 Skip-Bo (WN)</p> <p>6:00 Men's Game Night (B)</p> <p>Terrace Travel Club →</p> |
| <p>22</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR)</p> <p>Now Playing "October Sky" 1999 Drama/Biography</p> | <p>23</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>3:00 Arts and Crafts Class (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>24</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:00 Resident and Employee Chili Cook-Off (Patio Room) (Sign Up)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>1:30 Hearing Aid Clinic (B)</p> <p>2:00 Bridge Group (LB)</p> <p>4:30 Adventurous Eaters Club (Sign up at the Recreation office)</p> <p>Medical Van 8:30-4:00</p> | <p>25</p> <p>8:00 Morning Devotions (LB)</p> <p>9:00-11:00 Computer Help (Sign Up)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>1:00 Trip to the Kalispell Imaginelf Library (Sign up)</p> <p>1:30 Watercolor Art Class (B)</p> <p>3:00-4:30 Cribbage (WN)</p> <p>3:30 Tai-Chi-Class with David (BR)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p> | <p>26</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>4:30 Dinner and a Movie Featuring: "Stand and Deliver" (Sign up at the Recreation office)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p> | <p>27</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:00 Special Presentation (BR) Honey Bees & Beekeeping Presented by Scott Kelly</p> <p>2:30 Book Club (B)</p> <p>6:30 Pinochle group (LB)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>28</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00 Depart for outing to Fritz Corn Maze (Sign up at the Recreation office)</p> <p>2:30 Skip-Bo (WN)</p> |
| <p>29</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR)</p> <p>Now Playing "The Prize Winner of Defiance, Ohio" 2005 Comedy/Drama</p> | <p>30</p> <p>10:00 Fitness with Darcy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR) (Pedal at your own pace!)</p> <p>2:00 Skip-Bo (WN)</p> <p>3:30 Catholic Communion (CR)</p> <p>6:00 Evening BINGO (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p> | <p>31 Happy Halloween!</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 Halloween Party Family & friends are invited! (BR)</p> <p>Costume prizes will be awarded!</p> <p>Medical Van 8:30-4:00</p> | <p>Birthdays this month!</p> <p>Virginia Doerschlag 3rd Ruth Horn 9th David Maurer 10th Vern Stewart 11th Lillian Baller 12th Carlene Brooner 12th Wanda Hulburd 12th Bruce McIntyre 13th Lucille Ritter 15th Jean Tyser 24th Gladys Sorrells 27th</p> | <p>Curio Cabinet This month's theme is "Collections" Coins, stamps, tea cups and more! We'd love for you to share a favorite piece of your collection. Drop items off with a Recreation team member!</p> | <p>Room Key:</p> <p>Buffalo Room – BR Billiards Room – B Patio Room – P The Café – CA The Salon – S The Claremont – CL Library – LB Lobby – L Wooden Nickel – WN</p> | <p>Don't miss our annual Oktoberfest Celebration!</p> <p>Beer, cider, snacks and live music by the Bavarian Echoes Polka Band!</p> <p>Date and time to be announced.</p> |