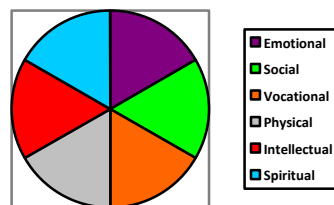


# AUGUST 2017

Our Daily Wellness Path

# SEPTEMBER 2017

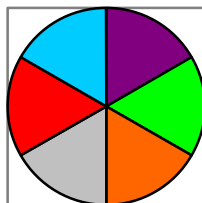
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning 27</b>  <b>Wake Up</b>            Courtyard Stroll &amp; H2O            Daily Devotions &amp; Prayer            Praiseful Singing            Memory Jogging</p> <p><b>Afternoon</b>            Ice Cream Sundae Social            Bible Did you Know</p> <p><b>3:00 Church Service</b></p> <p><b>Evening</b>            Wellness Tea and Reflection</p> <p><b>Aromatherapy &amp; Massage</b></p>	<p><b>Morning 28</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging            Word Searches            Snack &amp; Daily News</p> <p><b>Afternoon</b>            1:00 Wild Wings to visits            Body's in Motion: Horseshoes            Snack and Chat            3:00 Bible Study            Toe Tapping            Independent Projects</p> <p><b>Evening</b>            Shake A Memory Loose            Aromatherapy &amp; Back Massage</p>	<p><b>Morning 29</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Yoga &amp; Refreshments            Memory Jogging            Snack &amp; Daily News</p> <p><b>Afternoon</b>            Oldies and Goodies Jingo            Body's in Motion : Walking Club            Snack and Chat            Sketching &amp; Mediation</p> <p><b>Evening</b>            Classic TV Shows &amp; Popcorn Andy Griffith            Aromatherapy&amp; Reminisce By the Fireplace</p>	<p><b>Morning 30</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Yoga &amp; Refreshments            Memory Jogging            Lemonade &amp; Magazine Social</p> <p><b>Afternoon</b>            Kitchen Creations: Ice Cream Sandwiches            Body's in Motion: Bocce Ball            Snack and Chat            Hand Spa &amp; Mediation</p> <p><b>Evening</b>            Champagne &amp; Lawrence Welks            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 31</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Dancing &amp; Refreshments            Memory Jogging: Snack &amp; Daily News</p> <p><b>Afternoon</b>            Oldies and Goodies            Body's in Motion: Walking Club            Summer Cocktails            Sketching&amp; Mediation</p> <p><b>Evening</b>            Animal Video            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 1</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging: Snack &amp; Daily News</p> <p><b>Afternoon</b>            1:30 Courtyard Fair            Body's in Motion Fair            Games in Courtyard</p> <p><b>Evening</b>            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 2</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Yoga &amp; Refreshments            Memory Jogging            Cluster Groups</p> <p><b>Afternoon</b>            Bingo            Nail Time            Oldies and Goodies sing-a-long            Bacon Ice Cream and Chat            Toe Tapping            Independent Projects</p> <p><b>Evening</b>            6:00 Lawrence Welk (16)            Aromatherapy&amp; Hand Massage</p>



# SEPTEMBER 2017

## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> 3</p> <p>Wake Up Daily Devotions &amp; Prayer Praiseful Singing Courtyard Stroll &amp; H2O Memory Jogging</p> <p><b>Afternoon</b></p> <p>Ice Cream Sundae Social Bible Did you Know</p> <p>3:00 Church Service</p> <p><b>Evening</b></p> <p>Wellness Tea and Reflection Aromatherapy &amp; Massage</p>	<p><b>Labor Day</b> 4</p> <p>Morning</p> <p>Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements &amp; Refreshments Memory Jogging Labor Day Pictionary Ice Tea and Magazine Social</p> <p><b>Afternoon</b></p> <p>Flower Arranging Honey Tea &amp; Biscuits Social Occupation Game Body's in Motion: Beach ball Bowling</p> <p><b>Evening</b></p> <p>SHAKE A Memory Loose Aromatherapy &amp; Back Massage</p>	<p><b>Morning</b> 5</p> <p>Wake Up &amp; Current Events Our Daily Bread Devotions Hymn singing Yoga &amp; Refreshments Memory Jogging: Mystery Trivia Lemonade &amp; Daily News</p> <p><b>Afternoon</b></p> <p>Artistic Passions Pompom Mosaics Jingo Body's in Motion Summer Cocktails Apple Martinis</p> <p><b>Evening</b></p> <p>Classic TV Shows &amp; Popcorn: Aromatherapy &amp; Reminisce By the Fireplace</p>	<p><b>Morning</b> 6</p> <p>Wake Up Our Daily Bread Devotions Hymn singing Chair Yoga &amp; Refreshments Memory Jogging Spelling Bee Ice Tea and Magazine Social</p> <p><b>Afternoon</b></p> <p>Kitchen Creations: Homemade Biscuits Body's in Motion Passing the Ball Snack and Chat Hand Spa &amp; Mediation</p> <p><b>Evening</b></p> <p>Aromatherapy &amp; Hand Massage</p>	<p><b>Morning</b> 7</p> <p>Wake Up Our Daily Bread Devotions Hymn singing Chair Dancing &amp; Refreshments Memory Jogging: Puzzles Lemonade &amp; Daily News</p> <p><b>Afternoon Of School Days</b></p> <p>Home Economics class Mathematics English Literature Spelling Resease P.E Class</p> <p><b>Evening</b></p> <p>Animal Video Aromatherapy &amp; Hand Massage</p>	<p><b>Morning</b> 8</p> <p>Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements &amp; Refreshments Memory Jogging: Presidential Secrets Lemonade &amp; Word Searches</p> <p><b>Afternoon</b></p> <p>Sensory Fun Draw what you hear Body's in Motion School Bean Bag Toss Garden Club: Toe Tapping Independent Projects</p> <p><b>Evening</b></p> <p>Aromatherapy &amp; Hand Massage</p>	<p><b>Morning</b> 9</p> <p>Wake Up Our Daily Bread Devotions Hymn singing Walking Club &amp; Refreshments Memory Jogging Cluster Groups</p> <p><b>Afternoon</b></p> <p>Nail Time Truth or Consequences Social Oldies and Goodies singalong Lemonade &amp; Crossword Puzzles</p> <p><b>Evening</b></p> <p>6:00 Lawrence Welk (16) Aromatherapy &amp; Back rubs</p>

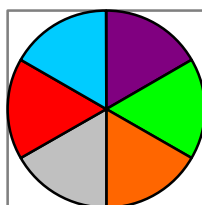


- Emotional
- Social
- Vocational
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- Spiritual

# SEPTEMBER 2017

## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning 10</b>  <b>Wake Up</b>            Courtyard Stroll &amp; H2O            Daily Devotions &amp; Prayer            Praiseful Singing            Memory Jogging</p> <p><b>Afternoon</b>            Ice Cream Sundae Social            Bible Did you Know</p> <p><b>3:00 Church Service</b></p> <p><b>Evening</b>            Wellness Tea and Reflection</p> <p><b>Aromatherapy &amp; Massage</b></p>	<p><b>Morning 11</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging            Spelling Bee            Ice Tea and Magazine Social</p> <p><b>Afternoon</b>  <b>Education Class All About Bees</b>            Body's in Motion: Sensory Fun            3:00 Bible Study</p> <p><b>Evening</b>            SHAKE A Memory Loose</p> <p><b>Aromatherapy &amp; Back Massage</b></p>	<p><b>Morning 12</b>  <b>Wake Up &amp; Current Events</b>            Our Daily Bread Devotions            Hymn singing            Yoga &amp; Refreshments            Memory Jogging: Mystery Trivia            Lemonade &amp; &amp; Daily News</p> <p><b>Afternoon</b>  <b>Artistic Passions No Mess Abstract Art Jingo</b>            Body's in Motion Summer Cocktails Sangria</p> <p><b>Evening</b>  <b>Classic TV Shows &amp; Popcorn:</b>            Aromatherapy&amp; Reminisce By the Fireplace</p>	<p><b>Morning 13</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Yoga &amp; Refreshments            Memory Jogging: Math Quizzes            Ice Tea and Magazine Social</p> <p><b>Afternoon</b>  <b>Kitchen Creations:</b>            Body's in Motion Snack and Chat            Hand Spa &amp; Meditation</p> <p><b>Evening</b>            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 14</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Dancing &amp; Refreshments            Memory Jogging: Puzzles            Lemonade &amp; &amp; Daily News</p> <p><b>Afternoon</b>            1:30 Calamity Singers            Body's in Motion Tennis Ball bounce  <b>Oldies and Goodies</b>            Snack and Chat</p> <p><b>Evening</b>            Animal Video            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 15</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging: The Price is right            Lemonade &amp; Word Searches</p> <p><b>Afternoon</b>            Body's in Motion Sensory Fun Apple taste testing  <b>Garden Club:</b>            Toe Tapping            Independent Projects</p> <p><b>Evening</b>            Aromatherapy&amp; Hand Massage</p>	<p><b>Morning 16</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Yoga &amp; Refreshments            Memory Jogging Cluster Groups</p> <p><b>Afternoon</b>  <b>Chain Snake Craft Variety Bingo</b>            Lemonade &amp; Crossword Puzzles</p> <p><b>Evening</b>  <b>6:00 Lawrence Welk (16)</b>            Aromatherapy &amp; Back rubs</p>

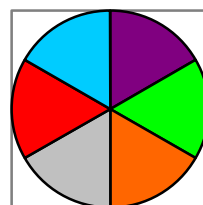


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# SEPTEMBER 2017

## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning 17</b>  <b>Wake Up</b>            Courtyard Stroll &amp; H2O            Daily Devotions &amp; Prayer            Praiseful Singing            Memory Jogging</p> <p><b>Afternoon</b>            Ice Cream Sundae Social            Bible Did you Know</p> <p><b>3:00 Church Service</b></p> <p><b>Evening</b>            Wellness Tea and Reflection</p> <p><b>Aromatherapy &amp; Massage</b></p>	<p><b>Morning 18</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging            Spelling Bee            Ice Tea and Magazine Social</p> <p><b>Afternoon</b>            Educational Class            Eating Healthy            Body's in Motion: Back Yard Games            Rhythm and Music            3:00 Bible Study</p> <p><b>Evening</b>            SHAKE A Memory Loose            Aromatherapy &amp; Back Massage</p>	<p><b>Morning 19</b>  <b>Wake Up &amp; Current Events</b>            Our Daily Bread Devotions            Hymn singing            Yoga &amp; Refreshments            Memory Jogging: Mystery Trivia            Lemonade &amp; Daily News</p> <p><b>Afternoon</b>            Artistic Passions            Pokka Dot Art            Wilderness Survival test            Jingo            Body's in Motion</p> <p><b>Evening</b>            Classic TV Shows &amp; Popcorn:            Aromatherapy &amp; Reminisce By the Fireplace</p>	<p><b>Morning 20</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Yoga &amp; Refreshments            Memory Jogging            Ice Tea and Magazine Social</p> <p><b>Afternoon</b>            Kitchen Creations:            Body's in Motion            Chocolate Milkshakes and Chat            Hand Spa &amp; Meditation</p> <p><b>Evening</b>            Aromatherapy &amp; Hand Massage</p>	<p><b>Morning 21</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Dancing &amp; Refreshments            Memory Jogging: Puzzles            Lemonade &amp; Daily News</p> <p><b>Afternoon</b>            Men's Club: Root Beer on tap &amp; popcorn Games            Body's in Motion            Oldies and Goodies            Snack and Chat</p> <p><b>Evening</b>            Animal Video            Aromatherapy &amp; Hand Massage</p>	<p><b>Morning 22</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments            Memory Jogging: Lemonade &amp; Word Searches</p> <p><b>Afternoon</b>            Sensory Fun            Lavender Dough            Body's in Motion            Apple Toss Game            Garden Club: Toe Tapping            Independent Projects</p> <p><b>Evening</b>            Aromatherapy &amp; Hand Massage</p>	<p><b>Morning 23</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Walking Club &amp; Refreshments            Memory Jogging            Cluster Groups</p> <p><b>Afternoon</b>            Nail Time            Oldies and Goodies singalong            Mystery's at the Museum Documentary            Lemonade &amp; Crossword Puzzles</p> <p><b>Evening</b>            6:00 Lawrence Welk (16)            Aromatherapy &amp; Back rubs</p>

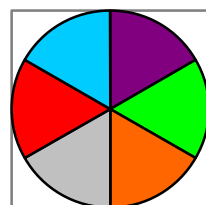


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# SEPTEMBER 2017

## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning 24</b>  <b>Wake Up</b>            Courtyard Stroll &amp; H2O            Daily Devotions &amp; Prayer            Praiseful Singing  <b>Memory Jogging</b></p> <p><b>Afternoon</b>            Ice Cream Sundae Social            Bible Did you Know</p> <p><b>3:00 Church Service</b></p> <p><b>Evening</b>            Wellness Tea and Reflection</p> <p><b>Aromatherapy &amp; Massage</b></p>	<p><b>Morning 25</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments  <b>Memory Jogging</b>  <b>Spelling Bee</b>            Ice Tea and Magazine Social</p> <p><b>Afternoon</b>            Body's in Motion: Musical Pumpkin  <b>Summer Cocktails</b>  <b>Rhythm and Music</b></p> <p><b>3:00 Bible Study</b></p> <p><b>Evening</b>  <b>SHAKE A Memory Loose</b></p> <p><b>Aromatherapy &amp; Back Massage</b></p>	<p><b>Morning 26</b>  <b>Wake Up &amp; Current Events</b>            Our Daily Bread Devotions            Hymn singing            Yoga &amp; Refreshments  <b>Memory Jogging: Mystery Trivia</b>  <b>Lemonade &amp; Daily News</b></p> <p><b>Afternoon</b>  <b>Educational Class: American Sign Language</b>  <b>Artistic Passions</b>  <b>Painting Gourds</b>  <b>Jingo</b>            Body's in Motion</p> <p><b>Evening</b>  <b>Classic TV Shows &amp; Popcorn:</b>  <b>Aromatherapy &amp; Reminisce By the Fireplace</b></p>	<p><b>Morning 27</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Chair Yoga &amp; Refreshments  <b>Memory Jogging</b>  <b>Ice Tea and Magazine Social</b></p> <p><b>Afternoon</b>  <b>Kitchen Creations: Apple Betty</b>            Body's in Motion            Bingo Bowling  <b>Snack and Chat</b>  <b>Hand Spa &amp; Meditation</b></p> <p><b>Evening</b>  <b>Aromatherapy &amp; Hand Massage</b></p>	<p><b>Morning 28</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing  <b>Chair Dancing &amp; Refreshments</b>  <b>Memory Jogging: Puzzles</b>  <b>Lemonade &amp; Daily News</b></p> <p><b>Afternoon</b>  <b>Reminiscing Autumn &amp; Cider Tasting</b>            Body's in Motion Beer            Bottle Toss  <b>Oldies and Goodies</b>  <b>Snack and Chat</b>  <b>Summer Cocktails</b></p> <p><b>Evening</b>  <b>Animal Video</b>  <b>Aromatherapy &amp; Hand Massage</b></p>	<p><b>Morning 29</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments  <b>Memory Jogging: Lemonade &amp; Word Searches</b></p> <p><b>Afternoon</b>  <b>Sensory Fun Hand Reflexology</b>            Body's in Motion  <b>Garden Club: Toe Tapping</b>  <b>Independent Projects</b></p> <p><b>Evening</b>  <b>6:00 Singing Cowboy Social</b></p>	<p><b>Morning 30</b>  <b>Wake Up</b>            Our Daily Bread Devotions            Hymn singing            Arm Chair Movements &amp; Refreshments  <b>Button Snail Craft</b></p> <p><b>Afternoon</b>  <b>Nail Time</b>  <b>Variety Bingo</b>  <b>Lemonade &amp; Crossword Puzzles</b></p> <p><b>Evening</b>  <b>6:00 Lawrence Welk (16)</b>  <b>Aromatherapy &amp; Back rubs</b></p>



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