AUGUST 2017							
Our Daily Wellness Path							
Sunday	Monday	Tuesday	Wednesday	Thursday			
· · · · · · · · · · · · · · · · · · ·	,	, I	Morning30Wake UpOur Daily BreadDevotionsHymn singingChair Yoga &RefreshmentsMemory JoggingLemonade &MagazineSocialAfternoonKitchen Creations:Ice CreamSandwichesBody's in Motion:Bocce BallSnack and ChatHand Spa &Mediation	Morning31Wake UpOur Daily BreadDevotionsHymn singingChair Dancing &RefreshmentsMemory Jogging:	Evening Aroma		
Emotional Social Vocational Physical Intellectual Spiritual	Loose Aromatherapy & Back Massage	Aromatherapy& Reminisce By the Fireplace	Lawrence Welks Aromatherapy& Hand Massage	Massage			

# EPTEMBER 2017

COPPENDENCE IN STREET

### Friday

### Saturday

2

ng Up Daily Bread tions a singing Chair ments treshments bry Jogging: k & Daily News

**Courtyard Fair** s in Motion Fair s in Courtyard

ng natherapy& Massage 1 Morning Wake Up Our Daily Bread Devotions Hymn singing Chair Yoga & Refreshments Memory Jogging Cluster Groups

Afternoon Bingo Nail Time Oldies and Goodies sing-a-long Bacon Ice Cream and Chat Toe Tapping Independent Projects

Evening 6:00 Lawrence Welk (16 Aromatherapy& Hand Massage

## **SEPTEMBER** 2017

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning 3	Labor Day 4	Morning 5	Morning 6	Morning 7	Mornin
Wake Up	Morning	Wake Up & Current	Wake Up	Wake Up	Wake I
Daily Devotions	Wake Up	Events	Our Daily Bread	Our Daily Bread	Our Da
& Prayer	Our Daily Bread	Our Daily Bread	Devotions	Devotions	Devotio
Praiseful Singing	Devotions	Devotions	Hymn singing	Hymn singing	Hymn s
Courtyard Stroll &	Hymn singing	Hymn singing	Chair Yoga &	Chair Dancing &	Arm Ch
H2O	Arm Chair	Yoga & Refreshments	Refreshments	Refreshments	Movem
Memory Jogging	Movements &	Memory Jogging:	Memory Jogging	Memory Jogging:	Refres
	Refreshments	Mystery Trivia	Spelling Bee	Puzzles	Memor
	Memory Jogging	Lemonade & & Daily	Ice Tea and Magazine	Lemonade & & Daily	Preside
	Labor Day Pictionary	News	Social	News	Lemon
Afternoon	Ice Tea and				Search
Ice Cream Sundae	Magazine Social				
Social					
Bible Did you Know		Afternoon		Afternoon Of	
	Afternoon	Artistic Passions	Afternoon	School Days	Afterno
3:00 Church Service	Flower Arranging	Pompom Mosaics	Kitchen Creations:	Home Economics	Sensor
	Honey Tea & Biscuits	Jingo	Homemade Biscuits	class	what yo
Evening	Social	Body's in Motion	Body's in Motion	Mathematics	Body's
Wellness Tea and	Occupation Game	Summer Cocktails	Passing the Ball	English Literature	School
Reflection	Body's in Motion:	Apple Martinis	Snack and Chat	Spelling	Toss
	Beach ball Bowling		Hand Spa &	Resease	Garder
Aromatherapy &			Mediation	P.E Class	Toe Ta
Massage					Indepe
	Evening	Evening			
	SHAKE A Memory	Classic TV Shows &	Evening	Evening	
	Loose	Popcorn:	Aromatherapy& Hand	Animal Video	Evenin
Emotional Social		Aromatherapy&	Massage	Aromatherapy& Hand	Aroma
Vocational Physical	Aromatherapy &	Reminisce By the		Massage	Hand N
Intellectual Spiritual	Back Massage	Fireplace			

### Friday

Saturday

9

ng Daily Bread tions singing Chair ments & shments ory Jogging: dential Secrets nade & Word ches

noon ory Fun Draw you hear s in Motion ol Bean Bag

en Club: apping endent Projects

ng natherapy& Massage 8 Morning Wake Up Our Daily Bread Devotions Hymn singing Walking Club & Refreshments Memory Jogging Cluster Groups

> Afternoon Nail Time Truth or Consequences Social Oldies and Goodies singalong Lemonade & Crossword Puzzles

> Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs

### SEPTEMBER 2017 STERNING SPEC

SEPTEMBER 2017 Our Daily Wellness Path						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning10Wake Up Courtyard Stroll &H2O Daily Devotions & Prayer 	Morning Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments Memory Jogging Spelling Bee Ice Tea and Magazine Social	11 Morning 12 Wake Up & Current Events Our Daily Bread Devotions Hymn singing Yoga & Refreshments Memory Jogging: Mystery Trivia Lemonade & & Daily News	Wake Up Our Daily Bread Devotions Hymn singing Chair Yoga &	Wake Up Our Daily Bread Devotions Hymn singing Chair Dancing & Refreshments Memory Jogging: Puzzles	Morning 15 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments Memory Jogging: The Price is right Lemonade & Word Searches	Morning 16 Wake Up Our Daily Bread Devotions Hymn singing Yoga & Refreshments Memory Jogging Cluster Groups
Bible Did you Know 3:00 Church Service Evening Wellness Tea and Reflection Aromatherapy & Massage	Afternoon Education Class All About Bees Body's in Motion: Sensory Fun 3:00 Bible Study Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Afternoon Artistic Passions No Mess Abstract Art Jingo Body's in Motion Summer Cocktails Sangria Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Afternoon Kitchen Creations: Body's in Motion Snack and Chat Hand Spa & Mediation Evening Aromatherapy& Hand Massage	Afternoon 1:30 Calamity Singers Body's in Motion Tennis Ball bunce Oldies and Goodies Snack and Chat Evening Animal Video Aromatherapy& Hand Massage	Body's in Motion Sensory Fun Apple taste testing Garden Club: Toe Tapping Independent Projects Evening	Afternoon Chain Snake Craft Variety Bingo Lemonade & Crossword Puzzles Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs

## **SEPTEMBER** 2017

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning 17	/ Morning 1	8 Morning 19	Morning 20	Morning 21	Mornin
Wake Up	Wake Up	Wake Up & Current	Wake Up	Wake Up	Wake L
Courtyard Stroll &	Our Daily Bread	Events	Our Daily Bread	Our Daily Bread	Our Da
H2O	Devotions	Our Daily Bread	Devotions	Devotions	Devotio
Daily Devotions	Hymn singing	Devotions	Hymn singing	Hymn singing	Hymn s
& Prayer	Arm Chair	Hymn singing	Chair Yoga &	Chair Dancing &	Arm Ch
Praiseful Singing	Movements &	Yoga & Refreshments	Refreshments	Refreshments	Movem
Memory Jogging	Refreshments	Memory Jogging:	Memory Jogging	Memory Jogging:	Refresh
	Memory Jogging	Mystery Trivia	Ice Tea and Magazine	Puzzles	Memor
	Spelling Bee	Lemonade & & Daily	Social	Lemonade & & Daily	Lemona
Afternoon	Ice Tea and	News		News	Search
Ice Cream Sundae	Magazine Social				
Social					
Bible Did you Know	Afternoon	Afternoon	Afternoon	Afternoon	Afterno
	Educational Class	Artistic Passions	Kitchen Creations:	Men's Club: Root	Sensor
3:00 Church Service	Eating Healthy	Pokka Dot Art	Body's in Motion	Beer on tap &	Lavend
	Body's in Motion:	Wilderness Survival	Chocolate Milkshakes	popcorn Games	Body's
Evening	Back Yard Games	test	and Chat	Body's in Motion	Apple T
Wellness Tea and	Rhythm and Music	Jingo	Hand Spa &	Oldies and Goodies	Garden
Reflection	3:00 Bible Study	Body's in Motion	Mediation	Snack and Chat	Toe Ta
					Indeper
Aromatherapy &					
Massage	Evening	Evening		Evening	
	SHAKE A Memory	Classic TV Shows &	Evening	Animal Video	
	Loose	Popcorn:	Aromatherapy& Hand	Aromatherapy& Hand	Evening
		Aromatherapy&	Massage	Massage	Aroma
Emotional Social	Aromatherapy &	Reminisce By the			Hand M
Vocational Physical	Back Massage	Fireplace			
Intellectual Spiritual					

#### Friday

#### Saturday

23

ng Up Daily Bread tions singing Chair ments & shments ory Jogging: nade & Word ches

noon ory Fun nder Dough 's in Motion e Toss Game en Club: Tapping pendent Projects

ng natherapy& Massage 22 Morning Wake Up Our Daily Bread Devotions Hymn singing Walking Club & Refreshments Memory Jogging Cluster Groups

> Afternoon Nail Time Oldies and Goodies singalong Mystery's at the MuseumDocumentary Lemonade & Crossword Puzzles

> Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs

### **SEPTEMBER** 2017

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning 24	Morning 25	Morning 26	Morning 27	Morning 28	Morning
Wake Up	Wake Up	Wake Up & Current	Wake Up	Wake Up	Wake L
Courtyard Stroll &	Our Daily Bread	Events	Our Daily Bread	Our Daily Bread	Our Da
H2O	Devotions	Our Daily Bread	Devotions	Devotions	Devotio
Daily Devotions	Hymn singing	Devotions	Hymn singing	Hymn singing	Hymn s
& Prayer	Arm Chair	Hymn singing	Chair Yoga &	Chair Dancing &	Arm Ch
Praiseful Singing	Movements &	Yoga & Refreshments	Refreshments	Refreshments	Movem
Memory Jogging	Refreshments	Memory Jogging:	Memory Jogging	Memory Jogging:	Refresh
	Memory Jogging	Mystery Trivia	Ice Tea and Magazine	Puzzles	Memory
	Spelling Bee	Lemonade & & Daily	Social	Lemonade & & Daily	Lemona
Afternoon	Ice Tea and	News		News	Search
Ice Cream Sundae	Magazine Social				
Social					
Bible Did you Know	Afternoon	Afternoon	Afternoon	Afternoon	Afterno
	Body's in Motion:	Educational Class:	Kitchen Creations:	Reminiscing Autumn	Sensor
3:00 Church Service	Musical Pumpkin	American Sign	Apple Betty	& Cider Tasting	Reflexo
	Summer Cocktails	Language	Body's in Motion	Body's in Motion Beer	Body's
Evening	Rhythm and Music	Artistic Passions	Bingo Bowling	Bottle Toss	Garden
Wellness Tea and		Painting Gourds	Snack and Chat	Oldies and Goodies	Toe Ta
Reflection	3:00 Bible Study	Jingo	Hand Spa &	Snack and Chat	Indeper
		Body's in Motion	Mediation	Summer Cocktails	
Aromatherapy &					
Massage	Evening				
	SHAKE A Memory	Evening	Evening	Evening	Evening
	Loose	Classic TV Shows &	Aromatherapy& Hand		6:00 Si
Emotional		Popcorn:	Massage	Aromatherapy& Hand	Social
	Aromatherapy &	Aromatherapy&		Massage	
Vocational Physical	Back Massage	Reminisce By the			
Intellectual Spiritual		Fireplace			
					L

#### Friday Saturday 29 Morning 30 ng Wake Up Up Our Daily Bread Daily Bread Devotions tions Hymn singing singing Chair Arm Chair ments & Movements & Refreshments shments **Button Snail Craft** ory Jogging: nade & Word hes Afternoon noon ory Fun Hand Nail Time Variety Bingo xology Lemonade & s in Motion en Club: **Crossword Puzzles** apping endent Projects Evening ng Singing Cowboy 6:00 Lawrence Welk (16 Aromatherapy & Back rubs