APRIL 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Easter 1 Morning	Morning 2 Wake Up	Morning 3 Wake Up	Morning 4 Wake Up	Morning 5	Morning Wake L
8:00 Breakfast Puzzles & Sketching Praiseful Singing	Our Daily Bread Devotions Hymn singing Arm Chair Movements	Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack	Puzzles & Sketching Devotions with Bev Hymn singing with Bev 11:15 Yoga with	Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack	Our Da Devotic Hymn s Arm Ch Movem
Independent Pleasures	What nots & Snack Table Ball	Memory Jogging: Table Ball	Ashley Memory Jogging	Memory Jogging: Table ball	What ne Memor
12:00 Lunch	Artistic Pasion Memory Jogging	11:30 Men's Chat			
Afternoon					
1:30 Ice Cream Social	Afternoon Kitchen Creation:	Afternoon 1:30 Afternoon Drive	Afternoon	Afternoon	Afterno
3:00 Easter Sunday Church Service	Deviled Eggs 1:30 Artistic Creation: Tartan Painting	Nail Pampering Jingo Body's in Motion:	Planting Herbs Body's in Motion Kickball	3:00 Ukulele Sing along with Hannah Magazine Break	Bodies Sound Relaxat
4:00 Supper	Body's in Motion: 3:00 Bible Study With			Body's in Motion Horseshoes	
Evening Movie Matinee & Popcorn	Pastor Larry		Evening	Evening	Evening
Aromatherapy& Massage	Evening April Fools Treat SHAKE A Memory Loose Aromatherapy & Back Massage	Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Table Ball Aromatherapy& Hand Massage	Girl Scout Cookie Tasting Aromatherapy& Hand Massage	Night O Animal Aromat Massag



Friday

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noon es in Motion d of Nature ation

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Saturday

6 Morning Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations

Afternoon Bingo Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects

Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs

April 2018

Our Daily Wellness Path

			our Daily Weilness Pa			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	8 Morning S Wake Up	9 Morning 10 Wake Up	Morning 11 Wake Up	Morning 12 Wake Up	Morning 1 Wake Up	3 Morning 14 Wake Up
8:00 Breakfast Puzzles & Sketching	Our Daily Bread Devotions	Our Daily Bread Devotions	Puzzles & Sketching Devotions with Bev	Our Daily Bread Devotions	Our Daily Bread Devotions	Hymn singing Arm Chair
Praiseful Singing	Hymn singing Arm Chair	Hymn sing Bingo Music & Motion	Hymn singing with Bev	Bible Bingo Chair Dancing	Hymn singing Arm Chair	Movements & Refreshments
Independent Pleasures	Movements What nots & Snack Refreshments Table Ball Artistic Pasion	What nots & Snack Memory Jogging: Famous and Commor Duo's Table Ball	11:15 Yoga with Ashley Memory Jogging	What nots & Snack Memory Jogging: Category Ball Table ball	Movements What nots & Snack Movements Memory Jogging:	Memory Jogging: Independent Activity Stations
12:00 Lunch	Memory Jogging	11:30 Men's Chat				
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
1:30 Ice Cream Social	Fruit Smoothies Tasting	1:30 April Birthday Celebration	1:30 Popcorn with Diane	1:00 Living History SGT Ordway	1:30 Helena Flats Students to visit	Bingo Relaxation & Nails
3:00 Church Service	1:30 Artistic Creation: Pine cone roses	Kitchen Creation: Muffin's	Body's in Motion Kickball	Sensory: Licorice Tasting	Bodies in Motion Target Practice	Movie & Popcorn Toe Tapping
4:00 Supper	Body's in Motion: 3:00 Bible Study With	Jingo Bodv's in Motion:		Magazine Break Body's in Motion	Nail Pampering Sound of Nature	Independent Projects
Evening Movie Matinee & Popcorn	Pastor Larry	Table Ping Pong	Evening	Rainbow Parachute	Relaxation	
Aromatherapy& Massag	e Evening Strawberry Daiquiris Hour SHAKE A Memory Loose	Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the	Bowling Bingo Aromatherapy& Hand Massage	Evening Garden Club Garden Markers, planting planning	Evening Rainbow Scavenger Hunt Animal Video	Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs
Spiritual	Aromatherapy & Back Massage	Fireplace		Aromatherapy& Hand Massage	Aromatherapy& Hand Massage	

APRIL 2018 Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 15 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures	Morning 16 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Artistic Pasion Memory Jogging	Morning 17 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Table Ball 11:30 Men's Chat	Morning 13 Wake Up Puzzles & Sketching Devotions with Bev Hymn singing with Bev 11:15 Yoga with Ashley Memory Jogging: Spelling Bee	8 Morning 19 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Name that Herb Table ball	Morning20Wake UpOur Daily BreadDevotionsHymn singingArm ChairMovementsWhat nots & SnackMemory Jogging:	Morning21Wake UpHymn singingArm ChairMovements &RefreshmentsMemory Jogging:Independent ActivityStations
 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn 	Afternoon 1:30 Artistic Creation: Fresh Flower Arranging Body's in Motion: Parachute 3:00 Bible Study With Pastor Larry	Kitchen Creation: Make your own pizza Reminisce: What Comes to mind	Afternoon 1:30 Popcorn with Diane Body's in Motion Kickball	Afternoon 1:30 Calamity Singers Body's in Motion Dancing Popsicle Party Nail Pampering Magazine Break	Afternoon Gardening Club Kitchen Herb planting Sensory: Lavender Bodies in Motion Umbrella Bounce Sound of Nature Relaxation	Movie & Popcorn Toe Tapping Independent Projects
Aromatherapy& Massage	Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Evening Table Ball Aromatherapy& Hand Massage	Evening Springtime Bingo Aromatherapy& Hand Massage	Evening Animal Video Aromatherapy& Hand Massage	Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs



APRIL 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 22	J	Ŭ	_	J	Ŭ	Morning 28
8:00 Breakfast Puzzles & Sketching	Wake Up Our Daily Bread Devotions	Wake Up Our Daily Bread Devotions	Wake Up Puzzles & Sketching Devotions with Bev	Wake Up Our Daily Bread Devotions	Wake Up Our Daily Bread Devotions	Wake Up Hymn singing Arm Chair
Praiseful Singing	Hymn singing Arm Chair	Hymn sing Bingo Music & Motion	Hymn singing with Bev	Bible Bingo Chair Dancing &	Hymn singing Arm Chair	Movements & Refreshments
Independent Pleasures	Movements What nots & Snack Refreshments Table Ball Artistic Pasion	What nots & Snack Memory Jogging: Table Ball 11:30 Men's Chat	11:15 Yoga with Ashley Memory Jogging	What nots & Snack Memory Jogging: Table ball	Movements What nots & Snack Memory Jogging:	Memory Jogging: Independent Activity Stations
12:00 Lunch	Memory Jogging					
Afternoon	Afternoon 1:00 Music with	Afternoon	Afternoon	Afternoon Pizza & Bowling	Afternoon Craft Class Clothes	Afternoon
1:30 Ice Cream Social	Kazukees Artistic Passions	Kitchen Creation: Boston Cream Pie	1:30 Popcorn with Diane	Magazine Break Reminisce: History of	pin spring Décor Soft Pretzels and Dip	Bingo Relaxation & Nails
3:00 Church Service4:00 Supper	Spring Painting Body's in Motion: Dancing	Reminisce: Paul Revere Jingo	Body's in Motion Kickball	the American Farm Nail Pampering	tasting Courtyard Gardening Bodies in Motion	Movie & Popcorn Toe Tapping Independent Projects
Evening Movie Matinee & Popcorn	3:00 Bible Study With Pastor Larry	U			Sound of Nature Relaxation	
Aromatherapy& Massage	Evening Shirley Temple Cocktails SHAKE A Memory Loose Aromatherapy & Back Massage	Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Evening Parachute Fun I Aromatherapy& Hand Massage	Evening Nature Bingo Aromatherapy& Hand Massage	Evening Animal Video Aromatherapy& Hand Massage	Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rubs



APRIL 2018

PT ACK **MAY** 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	29 Morning 30	Morning 1	Morning	2 Morning 3	Morning 4
	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
8:00 Breakfast	Our Daily Bread	Our Daily Bread	Puzzles & Sketching	Our Daily Bread	Our Daily Bread
Puzzles & Sketching	Devotions	Devotions	Devotions with Bev	Devotions	Devotions
Praiseful Singing	Hymn singing	Hymn sing Bingo	Hymn singing with	Bible Bingo	Hymn singing
	Arm Chair	Music & Motion	Bev	Chair Dancing	Arm Chair
Independent Pleasures	Movements	What nots & Snack	11:15 Yoga with	What nots & Snack	Movements &
	What nots & Snack	Memory Jogging:	Ashley	Memory Jogging:	What nots & Snack
	Refreshments	Kick Ball	Memory Jogging	Spelling bee	Kick ball
	Table Ball	11:30 Men's Chat		Table ball	Memory Jogging:
	Memory Jogging				12:00 Spring Picnic in
12:00 Lunch	Penguins				Courtyard
Afternoon	Afternoon				Afternoon
	1:30 Artistic Creation:	Afternoon	Afternoon	Afternoon	Courtyard Gardening
1:30 Ice Cream Social	Scrub Brush	Kitchen Creation:	Body's in Motion	Magazine Break	Bodies in Motion
	Dandelion	Coffee Cake	Kickball	Body's in Motion	Sound of Nature
3:00 Church Service	Education Class	Reminisce: Hobbies		Water Balloon Fun in	Relaxation
4:00 Suppor	Dandelions Benefits	Jingo		courtyard	
4:00 Supper	3:00 Bible Study With	Body's in Motion: Ping	3	Nail Pampering	
Evening	Pastor Larry	Pong			
Movie Matinee &	Movie Matinee March				
Popcorn	Of The Penguins				
Aromatherapy& Massa	•	Evening	Evening	Evening	Evening
	Evening	Classic TV Shows &	Bowling Bingo	Aromatherapy& Hand	
Emotional Social	Sorbet Tasting	Popcorn:	Aromatherapy& Hand	Massage	Aromatherapy& Hand
□ Vocational	SHAKE A Memory	Aromatherapy&	Massage		Massage
Physical Intellectua		Reminisce By the			
Spiritual	Aromatherapy &	Fireplace			
	Back Massage				
	Back Massage	Гперіасе			

Friday	Saturday

4 Morning Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations

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Afternoon Bingo Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects

Evening 6:00 Lawrence Welk d (16 Aromatherapy & Back rubs