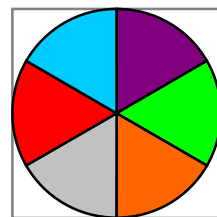


APRIL 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Easter Morning</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Easter Sunday Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>1 Morning Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Artistic Pasion Memory Jogging</p> <p>Afternoon Kitchen Creation: Deviled Eggs 1:30 Artistic Creation: Tartan Painting Body's in Motion: 3:00 Bible Study With Pastor Larry</p> <p>Evening April Fools Treat SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>2 Morning Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Table Ball 11:30 Men's Chat</p> <p>Afternoon 1:30 Afternoon Drive Nail Pampering Jingo Body's in Motion:</p> <p>Evening Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>3 Morning Wake Up Puzzles & Sketching Devotions with Bev Hymn singing with Bev 11:15 Yoga with Ashley Memory Jogging</p> <p>Afternoon Planting Herbs Body's in Motion Kickball</p> <p>Evening Table Ball Aromatherapy & Hand Massage</p>	<p>4 Morning Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball</p> <p>Afternoon 3:00 Ukulele Sing along with Hannah Magazine Break Body's in Motion Horseshoes</p> <p>Evening Girl Scout Cookie Tasting Aromatherapy & Hand Massage</p>	<p>5 Morning Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Memory Jogging:</p> <p>Afternoon Bodies in Motion Sound of Nature Relaxation</p> <p>Evening Night Owl Bingo Animal Video Aromatherapy & Hand Massage</p>	<p>6 Morning Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations</p> <p>Afternoon Bingo Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p>

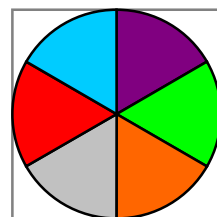


- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual

April 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 8</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 9</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Refreshments</p> <p>Table Ball</p> <p>Artistic Pasion</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>Fruit Smoothies Tasting</p> <p>1:30 Artistic Creation: Pine cone roses</p> <p>Body's in Motion:</p> <p>3:00 Bible Study With Pastor Larry</p> <p>Evening</p> <p>Strawberry Daiquiris Hour</p> <p>SHAKE A Memory Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 10</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging: Famous and Common Duo's</p> <p>Table Ball</p> <p>11:30 Men's Chat</p> <p>Afternoon</p> <p>1:30 April Birthday Celebration</p> <p>Kitchen Creation: Muffin's Jingo</p> <p>Body's in Motion: Table Ping Pong</p> <p>Evening</p> <p>Classic TV Shows & Popcorn:</p> <p>Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 11</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>Devotions with Bev</p> <p>Hymn singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn with Diane</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Bowling Bingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 12</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging: Category Ball</p> <p>Table ball</p> <p>Afternoon</p> <p>1:00 Living History SGT Ordway</p> <p>Sensory: Licorice Tasting</p> <p>Magazine Break</p> <p>Body's in Motion</p> <p>Rainbow Parachute</p> <p>Evening</p> <p>Garden Club Garden Markers, planting planning</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 13</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Movements</p> <p>Memory Jogging:</p> <p>Afternoon</p> <p>1:30 Helena Flats Students to visit</p> <p>Bodies in Motion</p> <p>Target Practice</p> <p>Nail Pampering</p> <p>Sound of Nature</p> <p>Relaxation</p> <p>Evening</p> <p>Rainbow Scavenger Hunt</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 14</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>

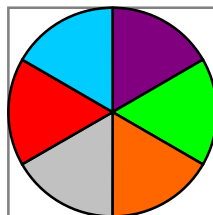


- Emotional
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- Spiritual

APRIL 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 15</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening</p> <p>Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 16</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Artistic Pasion Memory Jogging</p> <p>Afternoon</p> <p>1:30 Artistic Creation: Fresh Flower Arranging Body's in Motion: Parachute 3:00 Bible Study With Pastor Larry</p> <p>Evening</p> <p>SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>Morning 17</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Table Ball 11:30 Men's Chat</p> <p>Afternoon</p> <p>Kitchen Creation: Make your own pizza Reminisce: What Comes to mind Jingo Body's in Motion: Hockey Pokey</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 18</p> <p>Wake Up</p> <p>Puzzles & Sketching Devotions with Bev Hymn singing with Bev 11:15 Yoga with Ashley Memory Jogging: Spelling Bee</p> <p>Afternoon</p> <p>1:30 Popcorn with Diane Body's in Motion Kickball</p> <p>Evening</p> <p>Table Ball Aromatherapy & Hand Massage</p>	<p>Morning 19</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Name that Herb Table ball</p> <p>Afternoon</p> <p>1:30 Calamity Singers Body's in Motion Dancing Popsicle Party Nail Pampering Magazine Break</p> <p>Evening</p> <p>Springtime Bingo Aromatherapy & Hand Massage</p>	<p>Morning 20</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Memory Jogging:</p> <p>Afternoon</p> <p>Gardening Club Kitchen Herb planting Sensory: Lavender Bodies in Motion Umbrella Bounce Sound of Nature Relaxation</p> <p>Evening</p> <p>Animal Video Aromatherapy & Hand Massage</p>	<p>Morning 21</p> <p>Wake Up</p> <p>Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p>

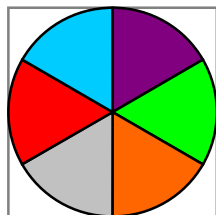


- Emotional
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APRIL 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 22</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 23</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Refreshments</p> <p>Table Ball</p> <p>Artistic Pasion</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:00 Music with Kazukees</p> <p>Artistic Passions</p> <p>Spring Painting</p> <p>Body's in Motion: Dancing</p> <p>3:00 Bible Study With Pastor Larry</p> <p>Evening</p> <p>Shirley Temple Cocktails</p> <p>SHAKE A Memory</p> <p>Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 24</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging:</p> <p>Table Ball</p> <p>11:30 Men's Chat</p> <p>Afternoon</p> <p>Kitchen Creation: Boston Cream Pie</p> <p>Reminisce: Paul Revere</p> <p>Jingo</p> <p>Body's in Motion:</p> <p>Evening</p> <p>Classic TV Shows & Popcorn:</p> <p>Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 25</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>Devotions with Bev</p> <p>Hymn singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn with Diane</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Parachute Fun I</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 26</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing & What nots & Snack</p> <p>Memory Jogging:</p> <p>Table ball</p> <p>Afternoon</p> <p>Pizza & Bowling</p> <p>Magazine Break</p> <p>Reminisce: History of the American Farm</p> <p>Nail Pampering</p> <p>Evening</p> <p>Nature Bingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 27</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Memory Jogging:</p> <p>Afternoon</p> <p>Craft Class Clothes pin spring Décor</p> <p>Soft Pretzels and Dip tasting</p> <p>Courtyard Gardening</p> <p>Bodies in Motion</p> <p>Sound of Nature</p> <p>Relaxation</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 28</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



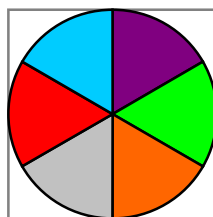
- Emotional
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APRIL 2018

MAY 2018

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 29</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening</p> <p>Movie Matinee & Popcorn</p> <p>Aromatherapy & Massage</p>	<p>Morning 30</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Refreshments</p> <p>Table Ball</p> <p>Memory Jogging</p> <p>Penguins</p> <p>Afternoon</p> <p>1:30 Artistic Creation:</p> <p>Scrub Brush</p> <p>Dandelion</p> <p>Education Class</p> <p>Dandelions Benefits</p> <p>3:00 Bible Study With Pastor Larry</p> <p>Movie Matinee March Of The Penguins</p> <p>Evening</p> <p>Sorbet Tasting</p> <p>SHAKE A Memory</p> <p>Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 1</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging:</p> <p>Kick Ball</p> <p>11:30 Men's Chat</p> <p>Afternoon</p> <p>Kitchen Creation:</p> <p>Coffee Cake</p> <p>Reminisce: Hobbies</p> <p>Jingo</p> <p>Body's in Motion: Ping Pong</p> <p>Evening</p> <p>Classic TV Shows & Popcorn:</p> <p>Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 2</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>Devotions with Bev</p> <p>Hymn singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Bowling Bingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 3</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging:</p> <p>Spelling bee</p> <p>Table ball</p> <p>Afternoon</p> <p>Magazine Break</p> <p>Body's in Motion</p> <p>Water Balloon Fun in courtyard</p> <p>Nail Pampering</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 4</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>What nots & Snack</p> <p>Kick ball</p> <p>Memory Jogging:</p> <p>12:00 Spring Picnic in Courtyard</p> <p>Afternoon</p> <p>Courtyard Gardening</p> <p>Bodies in Motion</p> <p>Sound of Nature</p> <p>Relaxation</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 5</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging:</p> <p>Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



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