


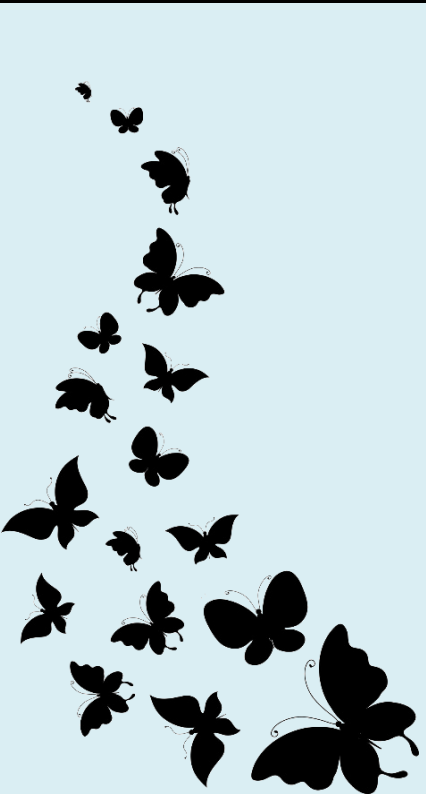




June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>June Birthdays: Edna Hedges 5th Fay Pemble 6th Milly Storie 11th Carol Stewart 13th Hans Polte 15th Marcy Yates 17th Janice Hart 18th SG MacLachlan 24th Lorriane Ondov 25th Bev Larson 28th Mary Lou McAlpin 30th</p> 	<p>Curio Cabinet: "Bugs and Butterflies"</p> <p>We're looking for pictures, knick-knacks, collectables, anything related to our "Bugs & Butterflies" theme.</p> <p>Drop items off with a Recreation team member. Thank you!</p> 	<p>Activity Space Key: Buffalo Room - BR Billiards Room - B Patio Room - P The Café - CA The Salon - S The Claremont - CL Wooden Nickel - WN History Room - HR Fitness Center - FC Library - LB Lobby - L Tranquility Room - TR Conference Room - CR</p>	 <div style="border: 2px solid red; border-radius: 15px; padding: 10px; text-align: center;"> <ul style="list-style-type: none"> •Physical •Social •Emotional •Spiritual •Intellectual •Vocational </div> <p>"Whole Person Wellness" Color Key</p> <p>Match the activity or programming to the dimension of wellness!</p>		<p>1</p> <p>8:30 Coffee & Donuts (P) 10:00 Fitness with Kris (BR) 10:30 Brain Games (BR) 1:00 Travel Documentary: "The White Pass Journey" <i>Footage and narration that captures the historic railway journey from Skagway, Alaska to Carcross, Yukon. (BR)</i> 1:00-3:30 Living Life Well Health & Wellness Workshop (B) 6:00 Pinochle Group (LB)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>2</p> <p>9:30 Depart for Kalispell Farmers Market (Sign up) 10:00 Senior Yoga DVD (BR) 1:30 Banana Split Social (Patio Room and Courtyard) 2:30 Skip-Bo (P)</p>
<p>3</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR) 2:30 Buffalo Theater (BR) Now Playing "March of the Penguins" 2005 Family/Documentary</p>	<p>4</p> <p>10:00 Fitness with Amy (BR) 10:30 Bible Study (BR) 1:30 Cycling Adventures (BR) 2:00 Skip-Bo (P) 3:00 Arts & Crafts Class (BR) <i>Stop by the Recreation office to see a sample!</i> 3:30 Catholic Communion (CR) 6:00 Evening BINGO (BR) 6:30 Glacier Stamp Club (B) <i>Visitors welcome!</i></p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>5</p> <p>10:00 Yoga with Ashley (BR) 10:00 Visit from Kid Kare Daycare (BR) <i>*Kid Kare will join us for yoga!</i> 1:00 Writing Group (TR) 1:00 Strength, Balance & Fitness with Julie (BR) 1:45 Depart for Scenic Drive (Sign up) 2:00 Bridge Group (LB)</p> <p>Medical Van 8:30-4:00</p>	<p>6</p> <p>8:00 Morning Devotions (LB) 9:00-11:00 Computer Help (Sign up) 10:00 Senior Fitness with Kris (BR) 10:30 Level 2 Fitness with Kris (BR) 2:30 June Birthday Celebration! (BR) 3:00-4:30 Cribbage (P) 6:00 Wednesday Night Trivia (BR)</p>  <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>7</p> <p>10:00 Yoga with Ashley (BR) 10:00 Hand and Foot (P) 1:30 BINGO (BR) 3:00 Strength, Balance & Fitness with Julie (BR) 3:00 Updates & Questions with Carla (BR)</p> <p>Medical Van 8:30-4:00 Name Tag Day</p>	<p>8</p> <p>8:30 Coffee & Donuts (P) 10:00 Fitness with Kris (BR) 10:30 Brain Games (BR) 1:00 Beginning Acrylic Art Class with Jennifer Li (BR) 1:00-3:30 Living Life Well Health & Wellness Workshop (B)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>9</p> <p>10:00 Senior Yoga DVD (BR) 1:00 MS Support Group (B) 1:15 Depart for the Shrine Circus (Sign up at the Recreation office)</p>  <p>2:30 Skip-Bo (P)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing "All Saints" 2017 Drama/Inspirational</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>11</p> <p>10:00 Fitness with Amy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR)</p> <p>2:00 Skip-Bo (P)</p> <p>3:30 Catholic Communion (CR)</p> <p>4:30 Dinner outing: "Nickel Charlie's" (Sign up at the Recreation office)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>12</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:45 Card Making (BR) <i>Fathers Day Cards!</i></p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 BINGO (BR)</p> <p>Medical Van 8:30-4:00</p>	<p>13</p> <p>8:00 Morning Devotions (LB)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>1:00 Mystery Drive (Sign up at the Recreation office)</p> <p>3:00-4:30 Cribbage (P)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>14</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:00 Hand and Foot (P)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>7:00 Depart for Bigfork Summer Playhouse Featuring: "Singin' in the Rain" (See Hannah or Angela to sign up and purchase tickets)</p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>15</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Kris (BR)</p> <p>10:30 Brain Games (BR)</p> <p>11:30 Depart for "40th Annual Older Americans' Picnic" (Sign up at the Recreation office)</p> <p>1:00-3:30 Living Life Well Health & Wellness Workshop (B)</p> <p>6:00 Pinochle Group (LB)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>16</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00 Depart for Kalispell Creamery Annual Open House (Sign up at the Recreation office)</p> <p>1:00-3:00 Jam Sessions— with Fiddling Friends (BR)</p> <p>2:30 Skip-Bo (P)</p> <p>*Jam Sessions will resume this September! The group is taking a summer break.</p>
<p>17</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing "To Kill a Mockingbird" 1963 Drama</p> <p>Fathers Day Brunch 10:30am - 1:00pm (Make reservations at the Front Desk)</p>	<p>18</p> <p>10:00 Fitness with Amy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>11:00 Lunch outing: "Taco Bell" (Sign up)</p> <p>1:30 Cycling Adventures (BR)</p> <p>2:00 Skip-Bo (P)</p> <p>3:00 Alzheimer's Support (B)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>19</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 BINGO (BR)</p> <p>Medical Van 8:30-4:00</p>	<p>20</p> <p>8:00 Morning Devotions (LB)</p> <p>9:00-11:00 Computer Help (Sign up)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>2:00 ILC Lecture Series (BR) "Explore Glacier Park"</p> <p>3:00-4:30 Cribbage (P)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>21</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:00 Hand and Foot (P)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>4:30 Dinner and a Movie Featuring: "The Post" PG-13 • 2017 • Drama • 1hr 57min (Sign up at the Recreation office)</p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>22</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Kris (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:00 Beginning Acrylic Art Class with Jennifer Li (BR)</p> <p>1:00-3:30 Living Life Well Health & Wellness Workshop (B)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>23</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>1:00 Musical Performance: Swan Chapel Choir (BR)</p> <p>2:30 Skip-Bo (P)</p>
<p>24</p> <p>8:30-12:00 *Church Shuttle* (Sign up at Recreation office)</p> <p>1:00 Church Service (BR)</p> <p>2:30 Buffalo Theater (BR) Now Playing "Don't Talk to Irene" 2017 Comedy</p>	<p>25</p> <p>10:00 Fitness with Amy (BR)</p> <p>10:30 Bible Study (BR)</p> <p>1:30 Cycling Adventures (BR)</p> <p>2:00 Skip-Bo (P)</p> <p>3:00 Flower Arranging (BR)</p> <p>3:30 Catholic Communion (CR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>26</p> <p>10:00 Yoga with Ashley (BR)</p> <p>1:00 Writing Group (TR)</p> <p>1:00 Strength, Balance & Fitness with Julie (BR)</p> <p>1:30 Hearing Aid Clinic (B)</p> <p>2:00 Bridge Group (LB)</p> <p>2:30 BINGO (BR)</p> <p>Medical Van 8:30-4:00</p>	<p>27</p> <p>8:00 Morning Devotions (LB)</p> <p>10:00 Senior Fitness with Kris (BR)</p> <p>10:30 <u>Level 2</u> Fitness with Kris (BR)</p> <p>1:00 Musical Performance Featuring: Brent Jameson <i>A range of acoustic covers and toe tapping tunes!</i> (BR)</p> <p>3:00-4:30 Cribbage (P)</p> <p>6:00 Wednesday Night Trivia (BR)</p> <p>Shopping Shuttle at 9:45am Medical Van 8:30-4:00</p>	<p>28</p> <p>9:30 Depart for tour of Purple Mountain Lavender Farm in Lakeside (Sign up at the Recreation office)</p> <p>10:00 Yoga with Ashley (BR)</p> <p>10:00 Hand and Foot (P)</p> <p>1:30 BINGO (BR)</p> <p>3:00 Strength, Balance & Fitness with Julie (BR)</p> <p>Medical Van 8:30-4:00 <i>Name Tag Day</i></p>	<p>29</p> <p>8:30 Coffee & Donuts (P)</p> <p>10:00 Fitness with Kris (BR)</p> <p>10:30 Brain Games (BR)</p> <p>1:00 Root Beer Floats and The Beverly Hillbillies (BR)</p> <p>2:30 Book Club (BR)</p> <p>Shopping Shuttle at 1:00 Medical Van 8:30-4:00</p>	<p>30</p> <p>10:00 Senior Yoga DVD (BR)</p> <p>2:00 <u>Musical Performance</u> Gospel Classics with Steve and Coleen (BR)</p> <p>2:30 Skip-Bo (P)</p>