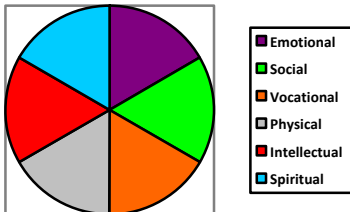
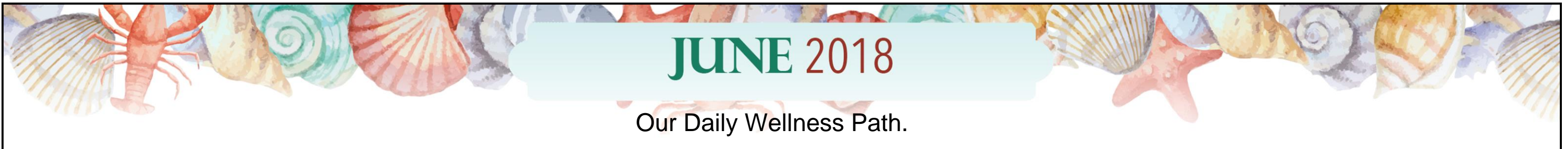


MAY 2018

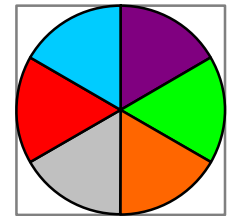
Our Daily Wellness Path

JUNE 2018

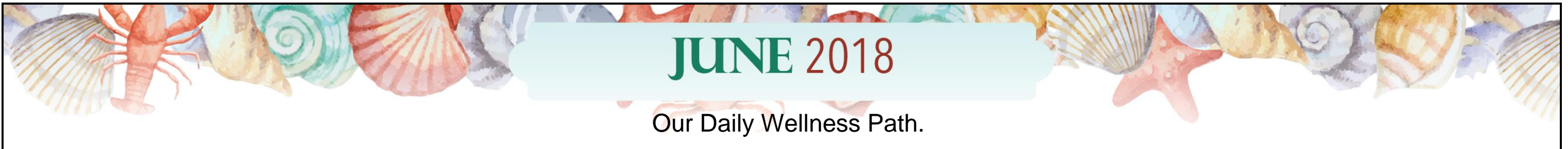
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 27</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p> 	<p>Memorial Day 28</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Refreshments</p> <p>Table Ball</p> <p>Memory Jogging: Together words</p> <p>11:30 Men's Chat</p> <p>12:00 Memorial Day Picnic in courtyard</p> <p>Afternoon</p> <p>1:30 Artistic Creation: Garden Art</p> <p>Patriotic Singalong</p> <p>Evening</p> <p>Popsicle Monday</p> <p>SHAKE A Memory Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 29</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging: Find the secret word</p> <p>Kick Ball</p> <p>Afternoon</p> <p>Kitchen Creation: Chocolate Chip cookies</p> <p>Reminisce: Fishing Jingo</p> <p>Body's in Motion: Horseshoes</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 30</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Basketball shoot</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 31</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging: Horse Categories'</p> <p>Table ball</p> <p>Afternoon</p> <p>1:30 Music with Betty</p> <p>Magazine Break</p> <p>Nail Pampering</p> <p>Body's in Motion</p> <p>Table ball</p> <p>Evening</p> <p>Jingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Donut Day 1</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread</p> <p>Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Memory Jogging: Garden Art 3Ddl</p> <p>Afternoon</p> <p>1:30 Making Donuts</p> <p>Reminisce Donuts</p> <p>Courtyard Gardening</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 2</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



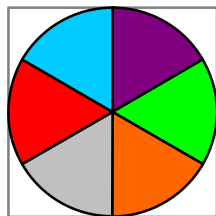
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage	Morning Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Refreshments Table Ball Memory Jogging: 11:30 Men's Chat Afternoon 1:00 Kazzekee's 3:00 Bible Study with Pastor Peter Courtyard Gardening Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Morning Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Courtyard Gardening Sensory: Butterfly Garden Afternoon Kitchen Creation: Fried Pickles Reminisce: Audubon Trunk Hummingbirds Jingo Body's in Motion: Horseshoes Evening Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Morning Wake Up Puzzles & Sketching 10:30 Devotions with Bev Hymn Singing with Bev 11:15 Yoga with Ashley Memory Jogging Afternoon 1:30 Popcorn Pass Body's in Motion Kickball Evening Aromatherapy& Hand Massage	Morning Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball Courtyard Gardening Afternoon 2:00 Education Class Owls, Hawks and Falcons Magazine Break Body's in Motion Table ball Evening Jingo Aromatherapy& Hand Massage	Morning Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Who am I Afternoon Courtyard Gardening Nail Pampering Bodies in Motion Courtyard Games Evening Animal Video Aromatherapy& Hand Massage	Morning Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Bingo Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16 Aromatherapy & Back rub



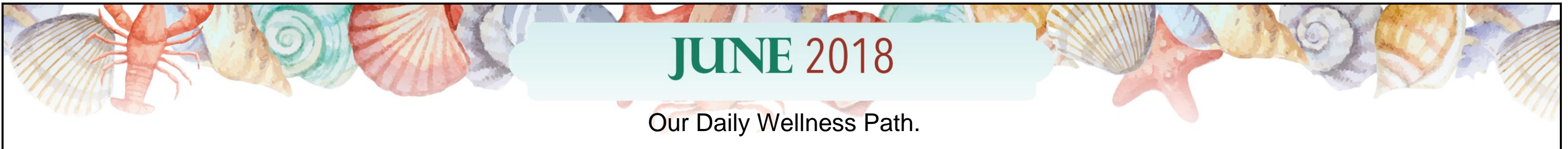
- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual



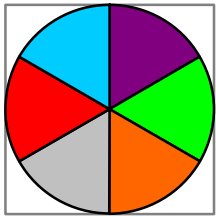
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 10</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 11</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements</p> <p>What nots & Snack Refreshments</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon</p> <p>1:30 Cecelia's Creations Wreaths for your Door</p> <p>Body's in Motion Dancing</p> <p>3:00 Bible Study with Pastor Peter</p> <p>Evening</p> <p>Ice Cream Sodas on the Patio</p> <p>SHAKE A Memory Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 12</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack Memory Jogging: Kick Ball</p> <p>10:30 Wine Making & Making grape wine</p> <p>Afternoon</p> <p>1:30 Field Trip Tour Of Kalispell with Gail</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 13</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass Body's in Motion Kickball</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 14</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack Memory Jogging: Table ball</p> <p>Spray bottle Art</p> <p>Afternoon</p> <p>1:30 June Birthday Celebration</p> <p>Flag Day Discussion & Trivia</p> <p>Who Am I</p> <p>Magazine Break</p> <p>Evening</p> <p>Summer Berry party in courtyard</p> <p>Jingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 15</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements & Refreshments</p> <p>What nots & Snack Kick ball</p> <p>Memory Jogging: what am I</p> <p>Sensory: Rhubarb</p> <p>Afternoon</p> <p>1:30 Music with the Friends Band</p> <p>Bodies in Motion Dancing</p> <p>Wine and Cheese sampling</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 16</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>12:00 Father's Day BBQ</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16</p> <p>Aromatherapy & Back rubs</p>



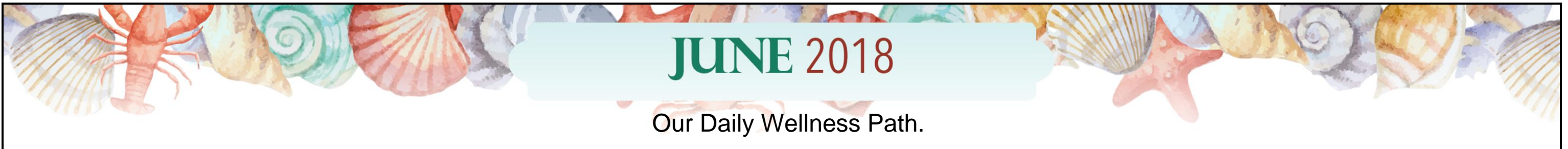
- Emotional
- Social
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- Physical
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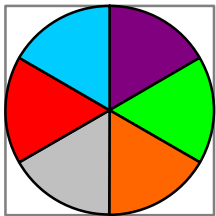
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Father's Day 17</p> <p>Morning</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>10:30 Muffins For Dads</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening</p> <p>Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>18</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements</p> <p>What nots & Snack Refreshments</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Body's in Motion: Independent Projects</p> <p>3:00 Bible Study with Pastor Peter</p> <p>Evening</p> <p>SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>19</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack Memory Jogging: Kick Ball</p> <p>Afternoon</p> <p>1:30 Ice Cream Social with Fresh Life Church</p> <p>Body's in Motion: Horseshoes Independent Projects</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>20</p> <p>Morning</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion Kickball</p> <p>Independent Projects</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>21</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack Memory Jogging: Table ball</p> <p>Afternoon</p> <p>1:30 Calamity Singers Magazine Break</p> <p>Body's in Motion Dancing I</p> <p>Evening</p> <p>Jingo Aromatherapy & Hand Massage</p>	<p>22</p> <p>Morning</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements & Refreshments</p> <p>What nots & Snack Kick ball Memory Jogging:</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Nail Pampering</p> <p>Bodies in Motion Independent Projects</p> <p>Evening</p> <p>Animal Video Aromatherapy & Hand Massage</p>	<p>23</p> <p>Morning</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>2:00 Music Performance Swan Chapel Choir Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p>



- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 24</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 25</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements</p> <p>What nots & Snack Refreshments</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Bodies in Motion Independent Projects</p> <p>3:00 Bible Study with Pastor Peter</p> <p>Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>Morning 26</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack Memory Jogging: Kick Ball</p> <p>Afternoon</p> <p>Jingo</p> <p>Body's in Motion: Horseshoes Independent Projects</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 27</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion Kickball Independent Projects</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 28</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack Memory Jogging: Table ball</p> <p>Afternoon</p> <p>Nail Pampering Magazine Break</p> <p>Body's in Motion Table ball Independent Projects</p> <p>Evening</p> <p>Jingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 29</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair Movements & Refreshments</p> <p>What nots & Snack Kick ball Memory Jogging:</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Courtyard Gardening</p> <p>Bodies in Motion Independent Projects</p> <p>Evening</p> <p>Animal Video Aromatherapy & Hand Massage</p>	<p>Sucker Saturday 30</p> <p>Morning</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Bingo</p> <p>Relaxation & Nails Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual