

JULY 2018

AUGUST 2018

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 29</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening</p> <p>Movie Matinee & Popcorn</p> <p>Aromatherapy & Massage</p>	<p>Morning 30</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon</p> <p>Walking Club</p> <p>Flower Arranging</p> <p>3:00 Bible Study with Pastor Larry</p> <p>Soda Shop Fun</p> <p>Coffee Milkshake</p> <p>Courtyard Gardening</p> <p>Evening</p> <p>SHAKE A Memory Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 31</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging: Kick Ball</p> <p>Sensory: Back Rubs</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Kitchen Creation: S'mores Dip</p> <p>S'mores Dip on the Patio</p> <p>Body's in Motion: Horseshoes</p> <p>Jingo</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 1</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p> <p>7:00 Summer Concert Series</p> <p>Leftover Biscuits (Main Courtyard)</p>	<p>Morning 2</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging: Table ball</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Nail Glamor</p> <p>Magazine Break</p> <p>Body's in Motion</p> <p>Table ball</p> <p>Evening</p> <p>Jingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 3</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & What nots & Snack</p> <p>Kick ball</p> <p>Memory Jogging: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Walking Club</p> <p>Independent Projects</p> <p>Ice Tea Magazine</p> <p>Social</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 4</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual

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Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 5</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 6</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon</p> <p>Walking Club</p> <p>3:00 Bible Study with Pastor Larry</p> <p>Root beer Floats</p> <p>Courtyard Gardening</p> <p>Evening</p> <p>SHAKE A Memory</p> <p>Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 7</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging: Kick Ball</p> <p>Sensory: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Kitchen Creation: Easy Sheet Pan Cookies</p> <p>Body's in Motion: Baseball toss</p> <p>Jingo</p> <p>Evening</p> <p>Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 8</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 9</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging: Table ball</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>1:30 Aug Birthday Party Celebration</p> <p>Magazine Break</p> <p>Body's in Motion</p> <p>Table ball</p> <p>Evening</p> <p>Jingo</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 10</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & What nots & Snack</p> <p>Kick ball</p> <p>Memory Jogging: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Walking Club</p> <p>Nail Glamor</p> <p>Creamsicle Break</p> <p>Independent Projects</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 11</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>

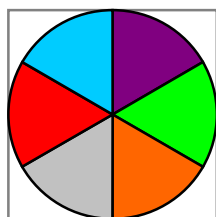


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AUGUST 2018

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 12</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 13</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon</p> <p>Walking Club Flower Arranging 3:00 Bible Study with Pastor Larry Tea Bar Courtyard Gardening</p> <p>Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>Morning 14</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Sensory: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Kitchen Creation: Rice Pudding Body's in Motion: Classic TV Shows I Love Lucy & Trivia Jingo</p> <p>Evening Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 15</p> <p>Wake Up</p> <p>Puzzles & Sketching 10:30 Devotions with Bev Hymn Singing with Bev 11:15 Yoga with Ashley Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass Body's in Motion Kickball</p> <p>Evening Aromatherapy & Hand Massage 7:00 Summer Concert Series Flathead Community Band (Main Courtyard)</p>	<p>Morning 16</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Nail Glamor Magazine Break Body's in Motion Table ball</p> <p>Evening Jingo Aromatherapy & Hand Massage</p>	<p>Morning 17</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements & What nots & Snack Kick ball Memory Jogging: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>1:30 Laughter Social Independent Projects</p> <p>Evening Animal Video Aromatherapy & Hand Massage</p>	<p>Morning 18</p> <p>Wake Up</p> <p>Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p>

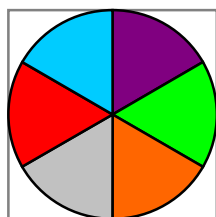


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Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 19</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon 1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 20</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon Walking Club 1:30 Music with the Kazookee's Body's in Motion: Dancing 3:00 Bible Study with Pastor Larry Courtyard Gardening</p> <p>Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p>	<p>Morning 21</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Sensory: Watering Veggies & Flowers in courtyard</p> <p>Afternoon Kitchen Creation: Sunflower treats Reminisce Sunflowers Body's in Motion: Balloon Bopping</p> <p>Evening Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 22</p> <p>Wake Up</p> <p>Puzzles & Sketching 10:30 Devotions with Bev Hymn Singing with Bev 11:15 Yoga with Ashley Memory Jogging</p> <p>Afternoon 1:30 Popcorn Pass Body's in Motion Kickball</p> <p>Evening Aromatherapy & Hand Massage</p>	<p>Morning 23</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball Watering Veggies & Flowers in courtyard</p> <p>Afternoon Nail Glamor Magazine Break Body's in Motion Punch Ball</p> <p>Evening Jingo Aromatherapy & Hand Massage</p>	<p>Morning 24</p> <p>Wake Up</p> <p>Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments What nots & Snack Kick ball Memory Jogging: Watering Veggies & Flowers in courtyard</p> <p>11:00 Field trip Lone Pine Park Picnic</p> <p>Afternoon Popsicle Craft & Treat Walking Club Independent Projects</p> <p>Evening 5:30 Nighttime Bowling Party Aromatherapy & Hand Massage</p>	<p>Morning 25</p> <p>Wake Up</p> <p>Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations</p> <p>Afternoon Movie & Popcorn Toe Tapping Independent Projects</p> <p>Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p>



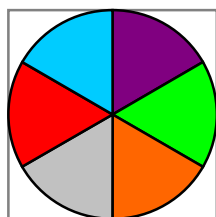
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AUGUST 2018

Our Daily Wellness Path.

SEPT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 26</p> <p>8:00 Breakfast Puzzles & Sketching</p> <p>Praiseful Singing</p> <p>Independent Pleasures</p> <p>Watering Veggies & Flowers in courtyard</p> <p>12:00 Lunch</p> <p>Afternoon</p> <p>1:30 Ice Cream Social</p> <p>3:00 Church Service</p> <p>4:00 Supper</p> <p>Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>	<p>Morning 27</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements</p> <p>What nots & Snack</p> <p>Table Ball</p> <p>Memory Jogging: 11:30 Men's Chat</p> <p>Afternoon</p> <p>Walking Club</p> <p>Flower Arranging</p> <p>3:00 Bible Study with Pastor Larry</p> <p>Courtyard Gardening</p> <p>Evening</p> <p>SHAKE A Memory Loose</p> <p>Aromatherapy & Back Massage</p>	<p>Morning 28</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn sing Bingo</p> <p>Music & Motion</p> <p>What nots & Snack</p> <p>Memory Jogging: Kick Ball</p> <p>Sensory: Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Kitchen Creation: Mellon Pizza</p> <p>Body's in Motion: Table Bowling</p> <p>Jingo</p> <p>Evening</p> <p>Classic TV Shows & Popcorn:</p> <p>Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 29</p> <p>Wake Up</p> <p>Puzzles & Sketching</p> <p>10:30 Devotions with Bev</p> <p>Hymn Singing with Bev</p> <p>11:15 Yoga with Ashley</p> <p>Memory Jogging</p> <p>Afternoon</p> <p>1:30 Popcorn Pass</p> <p>Body's in Motion</p> <p>Kickball</p> <p>Evening</p> <p>Aromatherapy & Hand Massage</p> <p>7:00 Summer Concert Series</p> <p>Tropical Marimba (Immanuel Skilled Care Center)</p>	<p>Morning 30</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Bible Bingo</p> <p>Chair Dancing</p> <p>What nots & Snack</p> <p>Memory Jogging: Table ball</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Nail Glamor</p> <p>Magazine Break</p> <p>Body's in Motion</p> <p>Table ball</p> <p>Evening</p> <p>6:00 Luau Evening</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 31</p> <p>Wake Up</p> <p>Our Daily Bread Devotions</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Watering Veggies & Flowers in courtyard</p> <p>Afternoon</p> <p>Reminisce The Bee's Knees</p> <p>Walking Club</p> <p>Independent Projects</p> <p>Evening</p> <p>Animal Video</p> <p>Aromatherapy & Hand Massage</p>	<p>Morning 1</p> <p>Wake Up</p> <p>Hymn singing</p> <p>Arm Chair</p> <p>Movements & Refreshments</p> <p>Memory Jogging: Independent Activity Stations</p> <p>Afternoon</p> <p>Movie & Popcorn</p> <p>Toe Tapping</p> <p>Independent Projects</p> <p>Evening</p> <p>6:00 Lawrence Welk (16)</p> <p>Aromatherapy & Back rubs</p>



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