

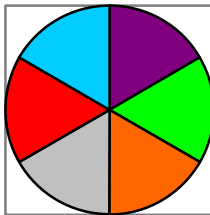
Our Daily Wellness Path.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|--|
| <p>Morning 31 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>  <ul style="list-style-type: none"> ■ Emotional ■ Social ■ Vocational ■ Physical ■ Intellectual ■ Spiritual | <p>Morning 1 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: Afternoon Body's in Motion Fall Craft Fabric Pumpkins Trivia Reminisce 3:00 Bible Study with Pastor Larry Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p> | <p>Morning 2 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Sensory: Afternoon Kitchen Creation: Apple Crisp Picture Craft: Apple Washi Tape Art Body's in Motion: Table Bowling Jingo Evening Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p> | <p>Morning 3 Wake Up Puzzles & Sketching 10:30 Devotions Hymn Singing 11:15 Yoga with Ashley Memory Jogging Afternoon 1:30 Field Trip Fall Drive & Ice Cream 1:30 Popcorn Pass Evening Aromatherapy & Hand Massage</p> | <p>Morning 4 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Mystery Trivia Table ball Afternoon Nail Glamor Reading Club Ghost Stories Magazine Break Independent Projects Evening Jingo Aromatherapy & Hand Massage</p> | <p>Morning 5 Wake Up Our Daily Bread Devotions 10:30 Singalong with Hannah and her Ukulele Arm Chair Movements & What nots & Snack Kick ball Memory Jogging: Afternoon Garden Club Clean up courtyard 2:15 Pine Cone Magnets Body's in Motion Evening Animal Video Aromatherapy & Hand Massage</p> | <p>Morning 6 Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p> |

SEPT

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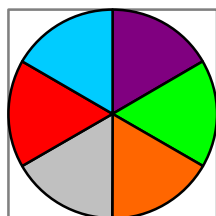
Our Daily Wellness Path.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|---|
| <p>Morning 7 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>  <ul style="list-style-type: none"> Emotional Social Vocational Physical Intellectual Spiritual | <p>Morning 8 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: Afternoon Flower Arranging Body's in Motion Trivia Reminisce 3:00 Bible Study with Pastor Larry Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p> | <p>Morning 9 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Sensory: Hand soaking & Massage Afternoon Kitchen Creation: Pumpkin Cookies Body's in Motion: Table Bowling Jingo Evening Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p> | <p>Morning 10 Wake Up Puzzles & Sketching 10:30 Devotions Hymn Singing 11:15 Yoga with Ashley Memory Jogging Earth Science Afternoon Oldies & Goodies Singalong 1:30 Popcorn Pass Body's in Motion Evening Aromatherapy & Hand Massage</p> | <p>Morning 11 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Baby Animals Table ball Afternoon Nail Glamor Reading Club Independent Projects 1:30 Movie Matinee: & Popcorn Presents Evening Jingo Aromatherapy & Hand Massage</p> | <p>Morning 12 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & What nots & Snack Kick ball Apple Cider Trivia & Artists Impressions Afternoon 1:30 Helena Flats Students to visit Artistic Creation Body's in Motion Evening Animal Video Aromatherapy & Hand Massage</p> | <p>Morning 13 Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p> |

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Our Daily Wellness Path.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|---|
| <p>Morning 14 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage</p> | <p>Morning 15 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: Afternoon Trunk Reminisce Canning Artistic Creation Leaf Wreath 3:00 Bible Study with Pastor Larry Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p> | <p>Morning 16 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Afternoon Cake Decorating Class with Cindy Body's in Motion: Table Bowling Jingo Evening Classic TV Shows & Popcorn: Aromatherapy & Hand Soaks Reminisce By the Fireplace</p> | <p>Morning 17 Wake Up Puzzles & Sketching 10:30 Devotions Hymn Singing 11:15 Yoga with Ashley Memory Jogging Afternoon Education Class Astronomy/ Stars Oldies & Goodies Singalong 1:30 Popcorn Pass Body's in Motion Evening Aromatherapy & Hand Massage</p> | <p>Morning 18 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball Afternoon 1:30 Music & Dancing with Calamity Singers Body's in Motion Dancing Reading Club Magazine Break Independent Projects Evening Jingo Aromatherapy & Hand Massage</p> | <p>Morning 19 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Scrapbooking Halloween card making Doughnut Social Body's in Motion Evening Animal Video Aromatherapy & Hand Massage</p> | <p>Morning 20 Wake Up Hymn singing Arm Chair Movements Refreshments Memory Jogging: Independent Activity Stations Afternoon Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p> |

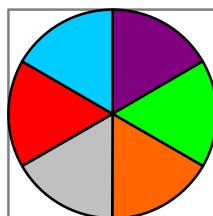


- Emotional
- Social
- Vocational
- Physical
- Intellectual
- Spiritual

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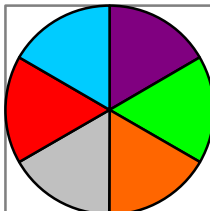
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|--|
| <p>Morning 21 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage</p> | <p>Morning 22 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: Afternoon Body's in Motion Trivia Reminisce Appreciation Social 3:00 Bible Study with Pastor Larry Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p> | <p>Morning 23 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Afternoon Polka Party Social Body's in Motion: Dancing Evening Apple Cider Floats Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p> | <p>Morning 24 Wake Up Puzzles & Sketching 10:30 Devotions Hymn Singing 11:15 Yoga with Ashley Memory Jogging Everyday Mysteries Afternoon Education Class Dental Hygiene Jingo 1:30 Popcorn Pass Body's in Motion Pumpkin Bowling Evening Men's Club German Beer tasting & German Heritage Aromatherapy & Hand Massage</p> | <p>Morning 25 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Table ball Afternoon 1:30 Education Class Billings Zoo Presentation By Hannah 2:15 Nail Glamor Reading Club Magazine Break Independent Projects 1:30 Movie Matinee: & Popcorn Evening Jingo Aromatherapy & Hand Massage</p> | <p>Morning 26 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Teddy Bear Social Treats and Children's stories Movie Matinee Paddington Bear Body's in Motion Marble Bowling Evening Animal Video Aromatherapy & Hand Massage</p> | <p>Morning 27 Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p> |



- Emotional
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- Spiritual

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| <p>Morning 28 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon 1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy & Massage</p>  <ul style="list-style-type: none"> ■ Emotional ■ Social ■ Vocational ■ Physical ■ Intellectual ■ Spiritual | <p>Morning 29 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements What nots & Snack Table Ball Memory Jogging: Afternoon Artistic Creation Pumpkin art Body's in Motion Trivia Reminisce 3:00 Bible Study with Pastor Larry Evening SHAKE A Memory Loose Aromatherapy & Back Massage</p> | <p>Morning 30 Wake Up Our Daily Bread Devotions Hymn sing Bingo Music & Motion What nots & Snack Memory Jogging: Kick Ball Sensory: Pumpkin Pie Playdough Afternoon Kitchen Creation: Carrot Cake Body's in Motion: Pumpkin Bocce ball Jingo Evening Building a Squirrel feeder Classic TV Shows & Popcorn: Aromatherapy & Reminisce By the Fireplace</p> | <p>Morning 31 Wake Up Puzzles & Sketching 10:30 Devotions Hymn Singing 11:15 Yoga with Ashley Memory Jogging: Pumpkin Challenge Halloween candy tasting and Reminisce Afternoon Monster Mash Celebration Body's in Motion: Penny Pumpkin Evening Mummies & Mimosas Aromatherapy & Hand Massage</p> | <p>Morning 1 Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack Memory Jogging: Table ball Afternoon Nail Glamor Reading Club Magazine Break Independent Projects 1:30 Movie Matinee: & Popcorn Presents Evening Jingo Aromatherapy & Hand Massage</p> | <p>Morning 2 Wake Up Our Daily Bread Devotions Hymn singing Arm Chair Movements & Refreshments What nots & Snack Kick ball Memory Jogging: Artist Impressions Afternoon M&M Baking Cookies Current Events & Coffee Book Club Body's in Motion Evening Animal Video Aromatherapy & Hand Massage</p> | <p>Morning 3 Wake Up Hymn singing Arm Chair Movements & Refreshments Memory Jogging: Independent Activity Stations Afternoon Movie & Popcorn Toe Tapping Independent Projects Evening 6:00 Lawrence Welk (16) Aromatherapy & Back rubs</p> |



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