		NUARY 2(Our Daily Wellne			F
Sunday	Monday	Tuesday	Wednesday	Thursday	
27 Morning 8:00 Breakfast Puzzles & Sketching Praiseful Singing Independent Pleasures 12:00 Lunch Afternoon	Morning28Wake UpOur Daily BreadDevotionsHymn singingArm ChairMovementsWhat nots & SnackTable BallMemory Jogging:Junk Drawer	Morning29Wake UpOur Daily BreadDevotionsHymn sing BingoMusic & MotionWhat nots & SnackMemory Jogging: Dotto DotKick BallSensory:	Morning30Wake UpPuzzles & Sketching10:30 DevotionsHymn SingingWhat nots & Snack11:15 Yoga withAshleyMemory Jogging:Guess a spice	Wake Up Our Daily Bread Devotions Bible Bingo Chair Dancing What nots & Snack	Morning Wake U Our Da Devotic Hymn s Arm Ch Movern What n Kick ba Memor Puzzles
<text></text>	Pass Out a Smile Day Afternoon Kitchen Creations: Apple Nachos Body's in Motion Trivia Reminisce 3:00 Bible Study with Pastor Larry Snack & chat Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Afternoon Body's in Motion 2:00 Veggie/Fruit Bingo with Kid Kare Daycare Trivia Reminisce Snack & chat	Afternoon Fun With Science Popcorn & Chat 2:30 Balance Class with Todd Oldies & Goodies Singalong Evening Movie Matinee Aromatherapy& Hand Massage	Afternoon Nail Glamor Independent Projects Movie Matinee & Popcorn: Won't you be My Neighbor (Fred Rogers Evening Aromatherapy& Hand Massage	Body's Curren Coffee Indepe

EBRUARY 2019

Friday

Saturday

ng Up Daily Bread tions singing Chair ments & nots & Snack ball bry Jogging: es

noon ic Creations kly Bath Bombs is in Motion ent Events & e endent Projects

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1 Morning 2 Wake Up Hymn singing Arm Chair Movements &Refreshments Memory Jogging: Independent Activity Stations

Afternoon Movie & Popcorn Toe Tapping Independent Projects

FEBRUARY 2019

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning 3	Morning 4	Morning 5	Morning 6	Morning 7	Mornin
8:00 Breakfast	Wake Up	Wake Up	Wake Up	Wake Up	Wake U
Puzzles & Sketching	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Da
	Devotions	Devotions	Devotions	Devotions	Devotio
Praiseful Singing	Hymn singing	Hymn sing Bingo	Bible Bingo	Bible Bingo	Hymn s
	Arm Chair	Music & Motion	Yoga With Ashley	Chair Dancing	Arm Ch
Independent	Movements	What nots & Snack	What nots & Snack	What nots & Snack	Movem
Pleasures	What nots & Snack	Memory Jogging: Dot	Memory Jogging:	Memory Jogging:	What n
	Table Ball	to Dot	what's wrong with this	what's wrong with this	Kick ba
12:00 Lunch	Memory Jogging:	Kick Ball	picture	picture	Memor
	Junk Drawer	● ● 新年快乐 ◆ ●	Table ball	Table ball	Puzzle
Afternoon		新年快乐 * 新年代东 · · · · · · · · · · · · · · · · · · ·			
1:30 Ice Cream Social		2019 *	Afternoon	Afternoon	
	Afternoon	VoorOfThe Fig 🖉 🥐	Making Valentine's	1:30 February	Afterno
3:00 Church Service	Kitchen Capers	Afternoon	Day Cards	Birthday Celebration	1:30 He
	Groundhog Cookies	Making Chinese	2:30 Balance Class	Nail Glamor	Studen
4:00 Supper	Body's in Motion	Spring Rolls	with Todd	Independent Projects	Body's
		Body's in Motion	Valentines Treats	Movie Matinee &	Chewir
Evening	Ground Hog Day	Chinese's Table		Popcorn: Return of	Bubble
Movie Matinee &	Trivia & Social	Tennis		the American Buffalo	Indepe
Popcorn	3:00 Bible Study with	Chinese New year's	Evening		
Aromatherapy&	Pastor Larry	Year of the Pig	Movie Matinee	Evening	
Massage		Reminisce	Aromatherapy& Hand	Aromatherapy& Hand	Evenin
	Evening		Massage	Massage	Animal
Emotional	Movie Matinee	Evening			Aromat
Social	Groundhog Day	Fun with Abby			Massag
Physical Intellectual	Aromatherapy &	Chinese New Year			
Intellectual Spiritual	Back Massage	Bingo			
	Ŭ	ынуо			

Friday

ing Up Daily Bread tions n singing Chair ements & nots & Snack ball ory Jogging: les

noon Helena Flats ents 's in Motion ving Gum Social le Fun bendent Projects Evening

ing al Video atherapy& Hand age

8 Morning Wake Up Hymn singing

9

Hymn singing Arm Chair Movements &Refreshments Memory Jogging: Independent Activity Stations

Afternoon Movie & Popcorn Toe Tapping Independent Projects

FEBRUARY 2019

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning108:00 BreakfastPuzzles & Sketching	Wake Up Our Daily Bread	Wake Up Our Daily Bread	Morning 13 Wake Up Our Daily Bread	Happy Halenting Day	Mornir Wake Our D
Praiseful Singing	Devotions Hymn singing Arm Chair Movements	Devotions Hymn sing Bingo Music & Motion What nots & Snack	Devotions Bible Bingo 11:15 Yoga With Ashley	Morning Wake Up	Devoti Hymn Arm C Mover
Pleasures 12:00 Lunch	What nots & Snack Table Ball Memory Jogging: Junk Drawer	Memory Jogging: Dot to Dot Kick Ball	Memory Jogging: what's wrong with this picture	Our Daily Bread Devotions Bible Bingo Chair Dancing	What I Kick b Memo Puzzle
Afternoon 1:30 Ice Cream Social			Table ball Strawberry Fudge	What nots & Snack Memory Jogging: what's wrong with this	
3:00 Church Service	Afternoon Fresh Flower Arranging	Afternoon Body's in Motion Valentines Jingo	Afternoon Artistic Passions Heart Rocks	picture Table ball	Afterne Nail G Body's
4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy&	Body's in Motion Trivia Reminisce 3:00 Bible Study with Pastor Larry Snack & chat	Evening Fun with Abby	2:30 Balance Class with Todd Hollywood Couple Did you know Chocolate Tasting Social	Afternoon 1:30 Valentine's Day Social Hollywood Couple Reminisce	Movie Europe beauti Currer Cream Indepe
Massage	Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Decorating Valentine Cupcakes Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Evening Movie Matinee Aromatherapy& Hand Massage	Evening Aromatherapy& Hand Massage	Evenir Anima Aroma Massa

Friday ing 1 e Up Daily Bread btions n singing Chair ements & t nots & Snack ball ory Jogging: cles

noon Glamor v's in Motion e Matinee: pe's most tiful landscapes ent Events & Ice m Cones pendent Projects

iing ial Video natherapy& Hand sage

Saturday

15Morning16Wake UpHymn singingArm ChairMovementsMovements& Refreshments& RefreshmentsMemory Jogging:Independent ActivityStations

Afternoon Movie & Popcorn Toe Tapping Independent Projects

FEBRUARY 2019

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
e e	5	-	0	•	6	Morning 23
8:00 Breakfast	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
Puzzles & Sketching	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Daily Bread	Hymn singing
	Devotions	Devotions	Devotions	Devotions	Devotions	Arm Chair
Praiseful Singing	Hymn singing	Hymn sing Bingo	Bible Bingo	Bible Bingo	Hymn singing	Movements
	Arm Chair	Music & Motion	Kitchen Cappers	Chair Dancing	Arm Chair	&Refreshments
Independent	Movements	What nots & Snack	Cinnamon Bread	What nots & Snack	Movements &	Memory Jogging:
Pleasures	What nots & Snack	Memory Jogging: Dot	Demo	Memory Jogging:	What nots & Snack	Independent Activity
	Table Ball	to Dot	11:15 Yoga With	what's wrong with this		Stations
12:00 Lunch	Memory Jogging:	Kick Ball	Ashley	picture	Memory Jogging:	
	Junk Drawer			Table ball	Puzzles	
Afternoon						
1:30 Ice Cream Social						
	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
3:00 Church Service	Kitchen Capers Eagle	Artistic Passions	Body's in Motion	1:30 Calamity Singers	1.30 WINTER	Movie & Popcorn
	Cookies	Polar bear collage	Presidential Toss	Body's in Motion		Toe Tapping
4:00 Supper	Body's in Motion	Body's in Motion	Presidential song	Dancing	DRIVE & TREAT	Independent Projects
	Trivia Reminisce	Presidential Jingo	Trivia	Nail Glamor	Independent Projects	
Evening	3:00 Bible Study with	Snack & Chat	2:30 Balance Class	Education Series		
Movie Matinee &	Pastor Larry		with Todd	Movie Matinee: Egypt		Evening
Popcorn	Snack & chat	Evening			Evening	6:00 Lawrence Welk
Aromatherapy&		Fun with Abby			Animal Video	(16
Massage	Evening	Building Presidential	Evening	Evening	Aromatherapy& Hand	Aromatherapy & Back
	SHAKE A Memory	Cabins	Movie Matinee		Massage	rubs
Emotional	Loose	Classic TV Shows &	Aromatherapy& Hand	Aromatherapy& Hand		
Social Vocational	Aromatherapy &	Popcorn:	Massage	Massage		
Physical Intellectual	Back Massage	Aromatherapy&				
Spiritual		Reminisce By the				
		Fireplace				

FEBRUARY 2019 Our Daily Wellness Path							
Sunday Monday Tuesday Wednesday Thursday							
	,	<u> </u>	Morning 27 Wake Up Our Daily Bread Devotions Bible Bingo 11:15 Yoga With Ashley	Morning28Wake UpOur Daily BreadOur Daily BreadDevotionsHymn singingArm ChairMovements &What nots & SnackKick ball	Morning Wake U Our Da Devotic Hymn s Arm Ch Movem What n Kick ba Memor Puzzles		
1:30 Ice Cream Social 3:00 Church Service 4:00 Supper Evening Movie Matinee & Popcorn Aromatherapy& Massage Image: Comparison of the service o	Afternoon Body's in Motion Wedding Photos Social Trivia Reminisce Evening SHAKE A Memory Loose Aromatherapy & Back Massage	Afternoon Artistic Passions No Sew Rainbow Scarf Jingo Body's in Motion Evening Fun with Abby Classic TV Shows & Popcorn: Aromatherapy& Reminisce By the Fireplace	Afternoon Kitchen Capers Cinnamon rolls Oldies & Goodies Singalong 2:30 Balance Class with Todd Evening Movie Matinee Aromatherapy& Hand Massage	Evening Animal Video Aromatherapy& Hand	Movie I Building Hoover Current Coffee Indeper		

MARCH 2019

Friday

Saturday

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ng al Video atherapy& Hand age

1 Morning 2 Wake Up Hymn singing Arm Chair Movements &Refreshments Memory Jogging: Independent Activity Stations

Afternoon Movie & Popcorn Toe Tapping Independent Projects