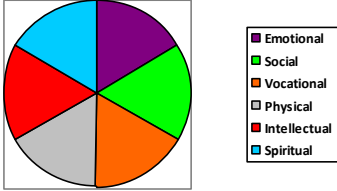


JUNE 2020

JULY 2020

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 28 Wake Up 10:30 Canvas Church TV Service & Lattes Hymn Sing</p> <p>Afternoon Courtyard Flowers Watering & Walks 1:00 Sunday Devotion with David Rommereim Jingo Space</p> <p>Evening Aromatherapy & Massage</p> 	<p>Morning 29 Wake Up Our Daily Bread Devotions Hymn singing What nots & Snack Education Class</p> <p>Afternoon Body's in Motion Lois Ann Birthday Celebration Karaoke Singalong Hand Massage</p> <p>Evening Aromatherapy & Back Massage</p>	<p>Morning 30 Wake Up Hand spa Our Daily Bread Devotions Singalong 10:45 Yoga with Ashley What nots & Snack Memory Jogging: White Board Games</p> <p>Afternoon Courtyard Flowers Watering & Walks Jingo Body's in Motion</p> <p>Evening Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 1 Wake Up Hand spa Our Daily Bread Devotions Singalong Music & Motion What nots & Snack Memory Jogging: 10:00 Individual Window Music with Kiersten</p> <p>Afternoon 1:45 Fitness Class with Todd Artistic Passions Body's in Motion Independent Projects</p> <p>Evening Aromatherapy & Reminisce By the Fireplace</p>	<p>Morning 2 Wake Up Hand spa Our Daily Bread Devotions Hymns singalong Arm Chair Exercise What nots & Snack Memory Jogging with Memory Ball</p> <p>Afternoon Courtyard Flowers Watering & Walks Nail Glamor Body's in Motion</p> <p>Evening Aromatherapy & Hand</p>	<p>Morning 3 Wake Up Hand spa Our Daily Bread Devotions Oldies & Goodies Singalong What nots & Snack Memory Jogging Trivia</p> <p>Afternoon Artistic Passions Fire Cracker License Plate Body's in Motion Independent Projects</p> <p>Evening Aromatherapy & Hand</p>	<p>Morning 4 Wake Up Our Daily Bread Devotions Puzzle & Cluster Groups What nots & Snack Who am I Mystery Person Independence Secret Day Quote</p> <p>12:00 BBQ in the Courtyard</p> <p>Afternoon Courtyard Flowers Watering 2:00 Uncle Sam's Social and Patriotic Singalong Movie Matinee This is America Charlie Brown & 4th of July Popcorn treat</p> <p>Evening Aromatherapy & Reminisce By the Fireplace</p>