## AUGUST 2020

## **SEPTEMBER 2020**

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning <b>30</b>	Morning <b>31</b>	Morning 1	Morning <b>2</b>	Morning <b>3</b>	Morning
10:00 Channel 3 Feature	Wake Up	Wake Up	Wake Up	Back to School	Wake Up
Popular Hymns Playlist	Our Daily Bread	Hand spa	Hand spa	Wake Up	Hand spa
Wake Up	Devotions	Our Daily Bread	Our Daily Bread	Hand spa	Our Dai
10:30 Canvas Church	Hymn singing	Devotions	Devotions	Our Daily Bread	Devotion
TV Service & Lattes	What nots & Snack	Singalong	Singalong	Devotions	Oldies &
Hymn Sing		10:45 Yoga with Ashley	Music & Motion	Hymns singalong	Singalon
		What nots & Snack	What nots & Snack	Arm Chair Exercise	What no
		Memory Jogging: White	Memory Jogging:	What nots & Snack	Memory
		Board Games	10:00 Individual	Memory Jogging	Trivia
Afternoon			Window Music with	Reading Writing &	
1:00 & 6:30 Channel 3		12:00 Courtyard BBQ	Kiersten	Arithmetic	Aftornoo
Sunday Devotion	Afternoon	Afternoon	Afternoon	Afternoon	Afternool Courtyar
3:00 Church Service	2:00 Our Art Opening	End of Sumer Beach	1:45 Fitness Class with	Nail Glamor	Watering
with Pastor Al	Social & Wine and	Party	Todd	Apple Cider &	Body's i
Singalong with Mary	Cheese	Summer Time Bingo	2:30 Bible Study With	Reminiscing Back to	Archery
Sue		Courtyard Flowers	Pastor Al	School	Independ
<b>Bible Stories Puzzles</b>		Watering & Walks	Kitchen Creation Bundt		macpent
& Sketching		Body's in Motion Beach	Cake	Horseshoe Toss	
-		ball toss & Trivia	Body's in Motion		
			Independent Projects		
Evening					
Aromatherapy&	Evening	Evening		Evening	Evening
Massage	Aromatherapy & Back	Aromatherapy&		Aromatherapy& Hand	Aromat
	Massage	Reminisce By the	Evening		
Emotional		Fireplace	Aromatherapy&		
Social Vocational			Reminisce By the		
Physical     Intellectual     Galacticute			Fireplace		
Spiritual			*		
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## Friday

### ng Up spa Daily Bread ions & Goodies ong nots & Snack ory Jogging

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### Saturday

4 Morning Wake Up
Our Daily Bread
Devotions
Puzzle & Cluster
Groups
What nots & Snack

> Afternoon Wii Bowling Courtyard Flowers Watering & Walks Book Club By Fireplace Independent Projects

Evening Aromatherapy& Reminisce By the Fireplace 5

## **SEPTEMBER 2020**

### Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning <b>6</b>	Labor Day <b>7</b>	Morning 8	Morning 9	Morning 10	Morning
10:00 Channel 3 Feature	Morning	Wake Up	Wake Up	Wake Up	Wake U
Popular Hymns Playlist	Wake Up	Hand spa	Hand spa	Hand spa	Hand spa
Wake Up	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Daily Bread	Our Dai
10:30 Canvas Church	Devotions	Devotions	Devotions	Devotions	Devotion
TV Service & Lattes	Hymn singing	Singalong	Singalong	Hymns singalong	Oldies &
Hymn Sing	What nots & Snack	10:45 Yoga with	Music & Motion	Arm Chair Exercise	Singalon
	11:00 Speaker Series	Ashley	What nots & Snack	What nots & Snack	What no
	Working Staff	What nots & Snack	Memory Jogging:	Memory Jogging with	Memory
		Memory Jogging: White	10:00 Individual	Memory Ball	Trivia
Afternoon		Board Games	Window Music with		
Cherry Turnovers &			Kiersten		
Coffee Chatting			Kitchen Creation Apple		Afternoo
3:00 Church Service	Afternoon	Afternoon	Crisp	Afternoon	Body's i
with Pastor Al	Body's in Motion Golf	Courtyard Flowers		Courtyard Flowers	Wii Golf
Singalong with Mary	Ball Toss	Watering & Walks	Afternoon	Watering & Walks	Artistic I
Sue	Karaoke Singalong	Jingo	1:45 Fitness Class with	Body's in Motion	Creative
<b>Bible Stories Puzzles</b>	Hand Massage	Body's in Motion Table	Todd	Nail Glamor	Postcard
& Sketching		Bowling	2:30 Bible Study With		Independ
1:00 & 6:30		Independent Projects	Pastor Al		macpen
Channel 3			Body's in Motion		
Sunday Devotion	Evening		Tennis Bounce		
Evening		Evening	Independent Projects		
Aromatherapy&	Massage	Aromatherapy&		Evening	
Massage		Reminisce By the		Aromatherapy& Hand	Evening
		Fireplace	Evening		Aromat
Emotional			Aromatherapy&		
Social Vocational			Reminisce By the		
Physical     Intellectual     Spiritual			Fireplace		
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## Friday

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ng natherapy& Hand

### Saturday

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**11**Morning<br/>Wake UpOur Daily BreadDevotionsPuzzle & ClusterGroupsWhat nots & Snack

Afternoon Courtyard Flowers Watering & Walks Honey & Tea Break Book Club Fairy Tales By Fireplace Independent Projects Movie Matinee: The Bee Movie

Evening Aromatherapy& Hand

		SEP'	TEMBER	2020		
		0	ur Daily Wellness Pa	ith.		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Grandparents Day <b>13</b> Morning 10:00 Channel 3 Feature Popular Hymns Playlist Wake Up 10:30 Canvas Church TV Service & Lattes Hymn Sing 12:00 Grandparents Day Brunch Afternoon Singalong with Mary Sue 3:00 Church Service with Pastor Al Bible Stories Puzzles & Sketching 1:00 & 6:30 Channel 3 Sunday Devotion Evening Aromatherapy& Massage	Morning 14 Wake Up Our Daily Bread Devotions Hymn singing	Morning15Wake UpHand spaOur Daily BreadDevotionsSingalong10:45 Yoga with AshleyWhat nots & SnackMemory Jogging: WhiteBoard Games12:00 Burger KingWhoppersAfternoonCourtyard FlowersWatering & Walks	Morning16Wake UpHand spaOur Daily BreadDevotionsSingalongMusic & MotionWhat nots & Snack	Morning17Wake UpHand spaOur Daily BreadDevotionsHymns singalongArm Chair ExerciseWhat nots & SnackMemory Jogging withMemory BallAfternoonCourtyard FlowersWatering & WalksLine DancingBody's in Motion DartToos	<u> </u>	Morning19Wake UpOur Daily BreadDevotionsPuzzle & ClusterGroupsWhat nots & SnackAfternoonCourtyard FlowersWatering & WalksBook Club Bible StoriesBy FireplaceIndependent ProjectsEveningAromatherapy&Reminisce By theFireplaceFireplaceFireplace

			TEMBER			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Channel 3 Feature Popular Hymns Playlist Wake Up 10:30 Canvas Church TV Service & Lattes Hymn Sing	Wake Up Our Daily Bread Devotions	Morning22Wake UpHand spaOur Daily BreadDevotionsSingalongY10:45 Yoga withAshleyWhat nots & SnackMemory Jogging: WhiteBoard Games	Wake Up Hand spa Our Daily Bread Devotions Singalong Music & Motion What nots & Snack Memory Jogging: 10:00 Individual Window Music with	<ul> <li>Morning 24</li> <li>Wake Up</li> <li>Hand spa</li> <li>Our Daily Bread</li> <li>Devotions</li> <li>Hymns singalong</li> <li>Arm Chair Exercise</li> <li>What nots &amp; Snack</li> <li>Memory Jogging with</li> <li>Memory Ball</li> </ul>	Wake Up Hand spa Our Daily Bread Devotions Oldies & Goodies Singalong What nots & Snack	Morning Wake Up Our Daily Bread Devotions Puzzle & Cluster Groups What nots & Snack
1:00 & 6:30 Channel 3 Sunday Devotion Singalong with Mary Sue 3:00 Church Service with Pastor Al Bible Stories Puzzles & Sketching	Afternoon Kitchen Creation Root beer float cookies Body's in Motion Baseball Toss & Catch Karaoke Singalong Hand Massage	Afternoon Courtyard Flowers Watering & Walks Jingo Body's in Motion Tin Can Shoot Independent Projects	Kiersten Afternoon 1:45 Fitness Class with Todd 2:30 Bible Study With Pastor Al Artistic Passions Flower Arranging Body's in Motion Pumpkin Ring Toss	Afternoon Courtyard Flowers Watering & Walks Body's in Motion Nail Glamor Bingo & Apple Martini Social	Afternoon Autumn Afternoon Social Artistic Passions: Apple Prints Body's in Motion Apple Toss & Corn Shucking Contest Apple Cider & Apple Dessert Independent Projects	Afternoon Courtyard Flowers Watering & Walks Book Club Poetry By Fireplace Independent Projects
Evening Aromatherapy& Massage	Evening Aromatherapy & Back Massage	Evening Aromatherapy& Reminisce By the Fireplace	Independent Projects Evening Aromatherapy& Reminisce By the Fireplace	Evening Aromatherapy& Hand	Evening Aromatherapy& Hand	Evening 5:30 Outdoor Courtyard Movie Matinee Night

## **SEPTEMBER 2020**

	Our Daily V	Vellness Path.		TALE VISIAN	
Sunday	Monday	Tuesday	Wednesday	Thursday	
Morning2710:00 Channel 3 FeaturePopular Hymns PlaylistWake Up10:30 Canvas ChurchTV Service & LattesHymn Sing	Wake Up Our Daily Bread Devotions	Morning29Wake UpHand spaOur Daily BreadDevotionsSingalong10:45 Yoga with AshleyWhat nots & SnackMemory Jogging: WhiteBoard Games	Wake Up Hand spa Our Daily Bread Devotions Singalong Music & Motion What nots & Snack	Morning1Wake UpHand spaOur Daily BreadDevotionsHymns singalongArm Chair ExerciseWhat nots & SnackMemory Jogging withMemory Ball	Morning Wake U Hand sp Our Da Devotio Oldies & Singalon What no Memor Trivia
1:00 & 6:30 Channel 3 Sunday Devotion Singalong with Mary Sue 3:00 Church Service with Pastor Al Bible Stories Puzzles & Sketching	Afternoon Artistic Passions Jungle Prints Body's in Motion Baseball toss and Catch Karaoke Singalong Hand Massage	Afternoon Courtyard Flowers Watering & Walks Honey & Biscuits Social Jingo Body's in Motion Independent Projects	Kiersten Afternoon 1:45 Fitness Class with	Afternoon Courtyard Flowers Watering & Walks Body's in Motion Nail Glamor	Afternoo Artistic Ants on Nut Tas Body's i Indepen
Evening Aromatherapy& Massage	Evening Aromatherapy & Back Massage	Evening Aromatherapy& Reminisce By the Fireplace	Evening Aromatherapy& Reminisce By the Fireplace	Evening Aromatherapy& Hand	Evening Aroma

# **OCTOBER** 2020

## Friday

### Saturday

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**2** Morning Wake Up Our Daily Bread Devotions Puzzle & Cluster Groups What nots & Snack

> Afternoon **Courtyard Flowers** Watering & Walks Book Club Reader Digest By Fireplace Independent Projects

Evening Aromatherapy& Reminisce By the Fireplace