

February 2024

Our Daily Wellness Path.

March 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Morning 25
9:30 Canvas Church service & Cookies
Trivia Puzzles & Crosswords
9:30 Channel 3 Feature
Old Timeless Gospel Hymns

Afternoon
3:00 Church Service with Pastor Al

DIMENSIONS OF
WELLNESS
PHYSICAL
EMOTIONAL
INTELLECTUAL
SOCIAL

Morning 26
Wake Up
Sensory TV Guided Meditation, Breathe
Table Top Sensory Puzzles, Paint by Numbers
Memory Jogging Puzzles
11:00 Music therapy with Kristin Cancel
Snack & Hydration

Afternoon
Daily Bulletin
Scarf Motions
Garden Therapy
Planting Paper whites
Barb's Birthday Celebration
Funny Stories

6:30 Channel 3 Feature
The Funniest Pet videos of 2023

Morning 27
Wake Up
Sensory TV Table Top Sensory
Daily Bulletin
Daily Devotion
Memory Jogging
Conversation Ball
11:30 1-1 Catholic Visits

Afternoon
Afternoon Stretching
US Trivia Match
2:30 Mini Strawberry Shortcakes
Winter Bingo

Morning 28
Wake Up
Sensory TV Flowers
Table Top Sensory
Daily Bulletin
Baking Club
Cinnamon Rolls
Bingo
Oldies Singalong
Snack & Hydration
Classis TV Trivia

Bodies in Motion
Pool Noodle Challenge
Afternoon
1:45 Fitness with Todd
2:30 Bible Study with Pastor Al
Popcorn & Fairy Tale Book Club

Leap Day 29
Morning
Wake Up
Sensory TV
Table Top Sensory
Daily Bulletin & Devotion
Reminisce Decades & Music by the Decades
Memory Jogging

Bodies in Motion
Chinese's Table Tennis

Afternoon
1:30 Manicures
Independent Projects
Leap Year Mock tail Party
Movie Matinee+ Leap Year

Peanut Butter Day 1
Pig day
Morning
Donut Day
Wake Up
Sensory TV
Table Top Sensory
Daily Devotion
Memory Jogging
Donuts and Hydration

Bodies in Motions
Balloon Volleyball



Afternoon
Yoga Stretching
Hot Cocoa & This is my Story Ron


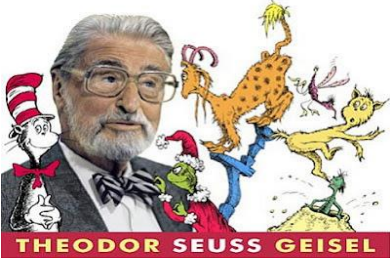

Spring

MARCH

Movie Matinee

March 2024

Our Daily Wellness Path.

Sl	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div> <div> Morning 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords 9:30 Old Timeless Gospel Hymns Chanel 3 </div> <div> Afternoon 3:00 Church Service and Communion with Pastor Al <div> <div>DIMENSIONS OF WELLNESS</div> <div>PHYSICAL</div> <div>EMOTIONAL</div> <div>INTELLECTUAL</div> <div>SOCIAL</div> </div> </div> </div>	<div> <div> Morning Wake Up Sensory TV Wildlife Table Top Sensory Memory Jogging 11:00 Music therapy with Kristin Snack & Hydration Birthday Fruit Pizza </div> <div> Afternoon Daily Bulletin Scarf Motions 2:00 Sandy Birthday Celebration Funny Stories 6:30 Trivia Questions Channel 3 </div> </div>	<div> <div> Morning Wake Up Sensory TV Zoo's Table Top Sensory Animal Pictures Daily Bulletin Daily Devotion Memory Jogging Conversation Ball 11:30 1-1 Catholic Visits Snack & Hydration Cheese Doodles & Fingerprint Doodles </div> <div> Afternoon Afternoon Stretching US Trivia Match Animal Bingo Guess the Animal </div> </div>	<div> <div> Oreo Day Morning Wake Up Sensory TV Monkeys Lawrence Welk Table Top Sensory Daily Bulletin Baking Club Monkey Bead Bingo Oldies Singalong Snack & Hydration Bodies in Motion Pool Noodle Challenge </div> <div> Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Dunking your Oreo class </div> </div>	<div> <div> Morning Wake Up Sensory TV Flowers Table Top Sensory Flowers Daily Bulletin & Devotion 10:00 Fun with Kid Care + Dr Seuss Memory Jogging Animal Quick draw Famous people Doodling Bodies in Motion Kick Ball </div> <div> Afternoon 1:30 Manicures Independent Projects Movie Matinee Darby O'Gill and the Little people </div> </div>	<div> <div> Silly Sock Day Morning Donut Day Wake Up Sensory TV Lawrence Welk Table Top Sensory Pairing Socks Daily Devotion Memory Jogging Guess the 60 theme song Donuts and Hydration Bodies in Motions Balloon Volleyball </div> <div>  </div> <div> Afternoon Yoga Stretching Hot Cocoa & This is my Story Jay </div> </div>	<div> <div>  <p>THEODOR SEUSS GEISEL</p>  </div> <div> 2:30 Tapestry Music Group Movie Matinee </div> </div>

<div>  <div>March 2024</div> <div>Our Daily Wellness Path.</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Daylight Savings 10</div> <div> Morning 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords </div> <div> Afternoon 3:00 Church Service with Pastor Al </div> <div> <div>DIMENSIONS OF WELLNESS</div> <div>PHYSICAL</div> <div>EMOTIONAL</div> <div>INTELLECTUAL</div> <div>SOCIAL</div> </div>	<div>11</div> <div> Morning Wake Up Sensory TV Restful Music Baking Club Irish Tea cake Table Top Sensory Casey Jones Memory Jogging St Patrick's day Secret Quote 11:00 Music therapy with Kristin Snack & Hydration </div> <div> Afternoon Daily Bulletin Scarf Motions Garden Therapy Potted Clover & Shamrocks Arm Chair Travel Ireland </div>	<div>12</div> <div> Morning Wake Up Sensory TV Solar System Table Top Sensory Solar System Puzzle Daily Bulletin Daily Devotion Memory Jogging Conversation Ball 11:30 1-1 Catholic Visits Snack and Hydration Mars Bars Bodies in motion Horseshoes </div> <div> Afternoon Baking Club Solar System Treats Afternoon Stretching Mars Documentary Planet Bingo </div>	<div>13</div> <div> Luau Attire Day Morning Wake Up Sensory TV Hawaii Table Top Sensory Pineapple Cutting Daily Bulletin Memory Jogging Green Trivia Oldies Singalong Snack & Hydration </div> <div> Bodies in Motion Pool Noodle Challenge </div> <div> Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Arm Chair Travel Hawaii </div>	<div>14</div> <div> Morning Wake Up Sensory TV The Irish Pub Table Top Sensory Daily Bulletin & Devotion 10:00 Fun with Growing Roots + Easter Fun Snack & Hydration Lucky Floats </div> <div> Bodies in Motion Pot Of Gold Toss </div> <div> Afternoon 1:30 Leprechaun Bouquets Irish Pub Party and Pub Quiz Movie Matinee + The Luck of the Irish 4:00 Irish Supper </div>	<div>15</div> <div> Morning Donut Day Wake Up Sensory TV Irish Dancing Table Top Sensory Irish Soda Bread Daily Devotion Memory Jogging Irish Trivia Donuts and Hydration Bodies in Motions Balloon Volleyball </div> <div>  </div> <div> Afternoon Yoga Stretching 2:30 Kris Birthday Celebration & This is my Life Shamrock Art </div>	<div>16</div> <div>  </div> <div>  </div> <div>  </div> <div> Buddie's Birthday </div> <div> Movie Matinee 6:30 St Patrick the Legend Channel 3 </div>

March 2024

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>St Patrick's Day 17</div><div><div>Morning</div><div>9:30 Canvas Church service & Cookies</div><div>Trivia Puzzles & Crosswords</div><div></div><div>afternoon</div><div>2:00 Irish Cream Coffee and Cookies</div><div>3:00 Church Service with Pastor Al</div><div>DIMENSIONS OF WELLNESS</div><div>PHYSICAL</div><div>EMOTIONAL</div><div>INTELLECTUAL</div><div>SOCIAL</div></div></div>	<div><div>Morning 18</div><div><div>Wake Up</div><div>Sensory TV Piano Music</div><div>Table Top Sensory</div><div>Chester Greenwood</div><div>Memory Jogging</div><div>11:00 Music therapy with Kristin</div><div>Snack & Hydration</div></div><div><div>Afternoon</div><div>Daily Bulletin</div><div>Scarf Motions</div><div>Garden Therapy</div><div>Fresh Flower Arranging</div><div>6:30 Folk Rock Country Music with Lyrics</div><div>Channel 3</div></div></div>	<div><div>Morning 19</div><div><div>Wake Up</div><div>Sensory TV Birds</div><div>Table Top Sensory</div><div>Spring Centerpieces</div><div>Daily Bulletin</div><div>Daily Devotion</div><div>Memory Jogging</div><div>Springtime Secret message</div><div>Making Easter Cads</div><div>11:30 1-1 Catholic Visits</div><div>Making Fruit Pizza</div></div><div><div>Afternoon</div><div>Afternoon Stretching</div><div>Spring Trivia</div><div>Build your Dream</div><div>Spring Tree or</div><div>Easter Chicks</div><div>Spring Bingo</div><div>6:30 Mysterious Ghost ships</div><div>Channel 3</div></div></div>	<div><div>Morning 20</div><div><div>Wake Up Neil</div><div>Sedaka</div><div>Sensory TV</div><div>Table Top Sensory</div><div>Daily Bulletin</div><div>Baking Club 1896</div><div>Pound Cake</div><div>Bingo</div><div>Oldies Singalong</div><div>Snack & Hydration</div><div>Bodies in Motion</div><div>Pool Noodle Challenge</div></div><div><div>Afternoon</div><div>1:45 Fitness with Todd</div><div>2:30 Bible Study with Pastor Al</div><div>Popcorn & Detective who did it</div></div></div>	<div><div>Morning 21</div><div><div>Wake Up</div><div>Sensory TV 1920</div><div>French Music</div><div>Table Top Sensory</div><div>Cookbooks</div><div>Daily Bulletin & Devotion</div><div>11:15 Hymn Singing with Pastor</div><div>Baking Club French</div><div>Bread and dip</div><div>Memory Jogging</div><div>Handbag Guess</div><div>Bodies in Motion</div><div>IN the Hoop Bounce</div><div>Afternoon</div><div>1:30 Creston</div><div>Crooners</div><div>2:30 Manicures</div><div>Independent</div><div>Projects</div><div>Movie Matinee</div><div>Wonka</div></div></div>	<div><div>Morning 22</div><div><div>Donut Day</div><div>Wake Up</div><div>Sensory TV Working Dogs</div><div>Table Top Sensory</div><div>Daily Devotion</div><div>Memory Jogging</div><div>Charades Games</div><div>Donuts and Hydration</div><div>Bodies in Motions</div><div>Balloon Volleyball</div><div></div><div>Afternoon</div><div>Yoga Stretching</div><div>K-9 Dogs Corp</div><div>Slideshow</div><div>Hot Cocoa & This is my Story Bobbie</div></div></div>	<div><div>23</div><div><div>Movie Matinee</div></div></div>

March 2024

Our Daily Wellness Path.

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March		April 2024					Our Daily Wellness Path.	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<div><div><div>Easter Sunday</div><div>Morning</div><div>9:30 Canvas Church service & Cookies</div><div>Trivia Puzzles & Crosswords</div><div>All day Scavenger Hunt</div><div>Afternoon</div><div>3:00 Easter Church Service & Communion with Pastor Al</div><div>DIMENSIONS OF WELLNESS</div><div>PHYSICAL</div><div>EMOTIONAL</div><div>INTELLECTUAL</div><div>SOCIAL</div></div><div>31</div></div>	<div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV</div><div>Table Top Sensory</div><div>Memory Jogging</div><div>Gardening Secret Quote</div><div>11:00 Music therapy with Kristin</div><div>Snack & Hydration</div><div>Afternoon</div><div>Daily Bulletin</div><div>Scarf Motions</div><div>Garden Therapy</div><div>Courtyard Clean up</div></div><div>1</div></div>	<div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV T</div><div>Table Top Sensory</div><div>Daily Bulletin</div><div>Daily Devotion</div><div>Memory Jogging</div><div>C States & Capital Trivia</div><div>11:30 1-1 Catholic Visits</div><div>Afternoon</div><div>Afternoon Stretching</div><div>Bingo</div><div>Chip & Dip Day</div></div><div>2</div></div>	<div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV</div><div>Table Top Sensory</div><div>Daily Bulletin</div><div>Baking Club</div><div>Bingo</div><div>Oldies Singalong</div><div>Snack & Hydration</div><div>Bodies in Motion</div><div>Pool Noodle Challenge</div><div>Afternoon</div><div>1:45 Fitness with Todd</div><div>2:30 Bible Study with Pastor Al</div><div>Popcorn</div></div><div>3</div></div>	<div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV Bird Cam</div><div>Table Top Sensory</div><div>Daily Bulletin & Devotion</div><div>10:00 Kid Care Pine cone bird feeders</div><div>Memory Jogging</div><div>Bodies in Motion</div><div>Afternoon</div><div>1:30 Manicures</div><div>Independent Projects</div><div>Movie Matinee</div><div>Tammy And the Bachelor</div></div><div>4</div></div>	<div><div><div>Morning</div><div>Donut Day</div><div>Wake Up</div><div>Sensory TV</div><div>Table Top Sensory</div><div>Daily Devotion</div><div>Memory Jogging</div><div>Category Trivia</div><div>Donuts and Hydration</div><div>Bodies in Motions</div><div>Balloon Volleyball</div><div>Afternoon</div><div>Yoga Stretching</div><div>Hot Cocoa & This is my Story Bernie</div></div><div>5</div></div>	<div><div><div>April</div><div></div><div>Movie Matinee</div></div><div>6</div></div>		