

March

April 2024

Our Daily Wellness Path

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Easter Sunday 31
Morning
9:30 Canvas Church service & Cookies
Trivia Puzzles & Crosswords

All day Scavenger Hunt

Afternoon
3:00 Easter Church Service & Communion with Pastor Al

DIMENSIONS OF WELLNESS
PHYSICAL
EMOTIONAL
INTELLECTUAL
SOCIAL

April Fool's Day 1
Wear Foolish Fashion Morning
Wacky Hair Salon
Sensory TV Lucile Ball
Table Top Sensory Bubble Wrap Fun
Daily Bulletin & Wacky Weather Report
11:00 Music therapy with Kristin
Mystery Box Challenge
Snack & Hydration

Afternoon
Afternoon Stretching
Memory Jogging Gardening Secret Quote
Craft Circle Donut Seed Prank

PB and J Day 2
Morning
Wake Up
Sensory TV Audio Books
Table Top Sensory Daily Bulletin
Daily Devotion
10:30 Storytelling with Karen
Snack & Hydration
Peanut & Butter Smoothies
Memory Jogging PB & J word search
11:30 1-1 Catholic Visits

Afternoon
Afternoon Stretching
Bingo Memory Jogging Children Book trivia
PB and J Sandwiches

Morning 3
Wake Up
Sensory TV walking tour in the woods
Table Top Sensory Daily Bulletin
Baking Club Deviled Eggs
Bingo
Oldies Singalong
Snack & Hydration

Bodies in Motion
Pool Noodle Challenge
Afternoon
1:45 Fitness with Todd
2:30 Bible Study with Pastor Al
Popcorn
Walking Club in the Courtyard

Morning 4
Wake Up
Sensory TV Bird Cam
Table Top Sensory Daily Bulletin & Devotion
10:00 Kid Care
Easter Egg Hunt
Memory Jogging Burrito Crossword Burrito Facts and Trivia
Bodies in Motion
Hit the Target
12:30 Pizza Lunch
Afternoon
1:30 Manicures
Movie Matinee
Tammy And the Bachelor
Burrito Treat

6:30 Channel 3 Gunfighter Ballads and Trail songs

Peep Day 5
Morning
Donut Day
Wake Up
Sensory TV Baking shows
Table Top Sensory Peep
Coloring/Games
Daily Devotion
Memory Jogging Category Trivia
Donuts and Hydration
Bodies in Motions
Balloon Volleyball



Afternoon
Yoga Stretching
Rabbit Silhouette Craft
Peeps popcorn Treat
6:30 Channel 3
Hee Haw


Twinkie Tasting

Movie Matinee

6:30 Channel 3 Old Timeless Gospel Hymns


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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 7 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service with Pastor Al 6:30 Channel 3 Lawrence Welk Tribune to Frank Sinatra</p> <p>DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL</p>	<p>Solar Eclipse 8 Morning Wake Up Sensory TV Famous paintings & Bob Ross Table Top Sensory Daily Bulletin Memory Jogging 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Lunar Eclipse Viewing Party Eclipse Fun</p> <p>Afternoon Scarf Motions 1:30 Music and Dance The Kaz-Uke Eeez Science Experiments Pablo Picasso Time Line</p>	<p>Morning 9 Wake Up Sensory TV Farm animals Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Memory Jogging Year or Nay Game 11:30 1-1 Catholic Visits Bodies in Motion Ladder Ball</p> <p>Afternoon Afternoon Stretching Farm Animal Bingo Traveling Tuesday</p> <p>This is my Story</p>	<p>Morning 10 Wake Up Sensory TV Folk Dancing Table Top Sensory Daily Bulletin Baking Club Pineapple Cake Bingo Oldies Singalong Snack & Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Popcorn</p>	<p>Morning 11 Wake Up Sensory TV Yanni Live Table Top Sensory Daily Bulletin & Devotion 10:00 Growing Roots Daycare Memory Jogging Animal Sounds</p> <p>Bodies in Motion Word Toss</p> <p>Afternoon 1:30 Manicures Herbal Bouquets Movie Matinee The Rat Pack Live and Swinging on stage1963</p>	<p>Licorice Day 12 Morning Wake Up Sensory TV Hobbies Table Top Sensory Daily Devotion Memory Jogging Licorice Fun Facts Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p> <p></p> <p>Afternoon 2:15 Yoga Stretching 2:00 Kitty Visits Licorice Taste Testing Licorice Dice Game</p>	<p>13 Staff Directed Root Beer Floats</p> <p>Movie Matinee</p> <p>6:30 Channel 3 Adventures of Tom Sawyer</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 14 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service with Pastor Al</p> <p>DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL</p>	<p>Morning 15 Wake Up Sensory TV Baseball Table Top Sensory Sorting Coins Memory Jogging State Nicknames 11:00 Music therapy with Kristin Snack & Hydration</p> <p>Afternoon Daily Bulletin 2:00 Kitty visits Coin Collecting Reminisce Scarf Motions Titanic Reminisce</p>	<p>Morning 16 Wake Up Sensory TV Flowers orchids Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Jokes & Cokes Memory Jogging Finish Book Titles 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p>Afternoon Afternoon Stretching Traveling Tuesday Bug Bingo Tell A Story 6:30 Channel 3 Remember the 80's music Video's</p>	<p>Morning 17 Wake Up Sensory TV Ellis island Table Top Sensory Daily Bulletin Baking Club Fruit Salad Bingo Oldies Singalong Snack & Hydration Banana Smoothies</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Banana Split Social This is my Story</p>	<p>Morning 18 Wake Up Sensory TV Gardening with Martha Table Top Sensory Daily Bulletin & Devotion Memory Jogging Guess the Occupation Hymn Sing with Pastor Al Bodies in Motion Hatchet Throwing 1:30 Dr Latter our Podiatrist to visit Afternoon 1:30 Creston Crooners 2:30 Manicures Movie Matinee Born Yesterday</p> <p>6:30 Channel 3 Mushroom Wonderland Documentary</p>	<p>Morning 19 Donut Day Wake Up Sensory TV Swing Time Table Top Sensory Daily Devotion Memory Jogging Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p>Afternoon Yoga Stretching April Showers Umbrella craft Pina Coladas and Trivia in courtyard</p>	<p>20</p> <p>12:30 Channel 3 Chair Exercise with music from the 50's 60's 70's</p> <p>Movie Matinee</p> <p>6:30 Channel 3 Best Country Love Songs 80's 90's</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 21 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>12:45 Jay Birthday Celebration</p> <p>Afternoon 3:00 Church Service with Pastor Al</p> <p>DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL</p>	<p>Earth Day Wear 22 Green and Blue</p> <p>Morning Wake Up Sensory TV Children Table Top Sensory Daily Bulletin & Devotions Memory Jogging Earth Day Facts 11:00 Music therapy with Kristin Snack & Hydration</p> <p>Afternoon Daily Bulletin Scarf Motions Bird House Painting Earth Day Scavenger Hunt in Courtyard Earth Day Bingo</p>	<p>Morning 23 Wake Up Sensory TV Shirley Temple Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Snack & Hydration Shirley Temple Drinks Memory Jogging Fill in the Blank Metaphors 11:30 1-1 Catholic Visits</p> <p>Afternoon Paper plate seated Stretching Traveling Tuesday Lawn Bocce Ball Bingo</p>	<p>Morning Off 24 Wake up Sensory TV Rainforest Table Top Sensory Daily Bulletin Memory Jogging Pig Quiz Oldies Singalong 10:30 Susan Birthday Celebration Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Pigs in A Blanket Treat</p> <p>In Auditorium @ 4:00 Meet and Greet with Theodore Roosevelt</p>	<p>Morning 25 Wake Up Sensory TV Englebert Humperdinck Table Top Sensory Daily Bulletin & Devotion Memory Jogging Storm facts</p> <p>Bodies in Motion Golf</p> <p>Afternoon 1:30 Manicures Independent Projects Movie Matinee 20,000 thousand leagues under the sea</p>	<p>Morning 26 Donut Friday 10:30 Balloon Volleyball with Karen and Jeanette and Doughnuts</p>  <p>Afternoon 1:30 Denim and Lace Movie Matinee</p>	<p>Morning 27</p> <p>Afternoon Movie Matinee 6:30 Channel 3 Wild & Wide Awake Spring in Europe</p>

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May 2024

Our Daily Wellness Path .

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 28 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>9:30 Channel 3 Old Time Gospel Hymns</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al</p> <p>DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL</p>	<p>Morning 29 11:00 Music therapy with Kristin Snack & Hydration</p> <p>Afternoon Walking in Courtyard</p> <p>6:30 Channel 3 Wind in the Willows</p>	<p>Morning 30 10:30 Storytelling with Karen 11:30 1-1 Catholic Visits</p> <p>Afternoon Walking in Courtyard</p> <p>6:30 Channel 3 Backroad of Montana</p>	<p>Morning 1 Balloon Volleyball with Karen and Jeanette</p> <p>Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Walking in Courtyard</p>	<p>Morning 2 Singalong with Suzie IN2L</p> <p>Afternoon 1:30 Manicures Independent Projects Movie Matinee Walking in Courtyard</p>	<p>Morning 3 Donut Day</p> <p>10:30 Balloon Volleyball with Karen and Jeanette and Doughnuts</p> <p>Donuts and Hydration</p>  <p>Afternoon Walking in Courtyard</p>	<p>4 Movie Matinee</p>