


June 2025

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>1</div><div><div>Morning</div><div>Wake Up</div><div>Tabletop Sensory June Calendar</div><div>Sensory TV Beautiful Hymns (AC)</div><div>Daily Bulletin</div><div>Bible Study</div><div>Who Am I from the Bible</div><div>10:30 Virtual Canvas</div><div>Church Service & Cookies</div><div>Trivia Puzzles & Crosswords</div></div><div><div>Afternoon</div><div>Flip & Move Gentle</div><div>Stretching</div><div>Chocolate Ice Cream soda</div><div>Hymn singalong</div><div>Bible Story time</div><div>3:00 Church Service & Communion with Pastor Andy</div></div><div><div>6 DIMENSIONS OF WELLNESS</div><div>PHYSICAL</div><div>EMOTIONAL</div><div>INTELLECTUAL</div><div>SOCIAL</div><div>SPIRITUAL</div><div>VOCATIONAL</div></div></div>	<div><div>2</div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV Donut Dollies</div><div>Tabletop Sensory</div><div>Daily Bulletin & Devotions</div><div>Memory Jogging</div><div>Fact Files Brain Awareness</div><div>11:00 Music Therapy with Kristin</div><div>Snack & Hydration</div></div><div><div>Afternoon</div><div>1:30 Reading Club with Lorrie</div><div>Bingo</div><div>Stay Fit with Tammy</div><div>3:30 Independent Interests & Down Time</div></div></div>	<div><div>3</div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV Animals of the World (AC)</div><div>Tabletop Sensory</div><div>Hummingbird feeders</div><div>Daily Bulletin</div><div>Daily Devotion</div><div>10:30 Storytelling</div><div>Memory Jogging Trivia by Card</div><div>11:30 1-1 Catholic Visits</div></div><div><div>Bodies IN Motion</div><div>Parachute Ball</div></div><div><div>Afternoon</div><div>Chair Based Fitness</div><div>Planting Flowers in Courtyard</div><div>Cooking Reminisce</div><div>Relaxing in the courtyard</div></div></div>	<div><div>4</div><div><div>Morning *</div><div>Cheesy Day</div><div>Wake Up</div><div>Sensory TV Joyful Reflections Horses (AC)</div><div>Tabletop Sensory</div><div>Daily Bulletin</div><div>Memory Jogging Cheese Quiz</div><div>Oldies Singalong</div><div>Snack & Hydration Cheese and Crackers</div></div><div><div>Bodies in Motion</div><div>Pool Noodle Challenge</div></div><div><div>Afternoon</div><div>1:45 Fitness with Todd</div><div>2:30 Bible Study with Pastor Andy</div><div>Karaoke Singalong</div><div>Popcorn & Movie</div></div></div>	<div><div>5</div><div><div>Morning *</div><div>Wake Up</div><div>Sensory TV Hot air balloons</div><div>Tabletop Sensory</div><div>10:00 Kid Kare visits</div><div>Making Hot Air Balloon</div><div>Daily Bulletin & Devotion</div><div>Fact File Moonshine</div><div>Memory Jogging</div></div><div><div>Bodies in Motion Catch and Chat</div></div><div><div>Afternoon</div><div>1:30 Nail & Hand Massage</div><div>Gardening Remince & Planting Flowers</div><div>Independent Projects</div></div></div>	<div><div>6</div><div><div>Morning</div><div>National Donut Day</div><div>Wake Up</div><div>Sensory TV Life on the Farm</div><div>Tabletop Sensory Milking a Cow</div><div>Daily Bulletin/ Daily Devotion</div><div>Memory Jogging Dairy Quiz</div><div>Donuts and Hydration</div></div><div><div>Bodies in Motions</div><div>Balloon Volleyball</div></div><div><div>Afternoon</div><div>Friday Yoga</div><div>2:30 Janne's Birthday Celebration</div><div>Donut Bingo</div></div></div>	<div><div>7</div><div><div>Morning</div><div>Wake Up</div><div>Tabletop Sensory Lavender Sachets</div><div>TV Sensory Bears</div><div>Music and Motion</div><div>IN2L Bears</div><div>Snack & Hydration</div><div>Memory Jogging In the Garden Crossword</div></div><div><div>Bodies in Motion Finishing up in Garden</div></div><div><div>Afternoon</div><div>Squirt Gun Duck Racing</div><div>Floria Melodies Singalong</div><div>Movie Matinee & Popcorn</div></div></div>


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<div><div>8</div><div><div>Morning</div><div>Wake Up</div><div>Tabletop Sensory Wedding Cake decorating</div><div>Sensory TV Famous Weddings</div><div>Daily Bulletin/Bible Study</div><div>Surfing Quote</div><div>Biblical Characters Match</div><div>10:30 Virtual Canvas</div><div>Church Service & Cookies</div><div>Trivia Puzzles & Crosswords</div></div><div><div>Afternoon</div><div>Hymn singalong</div><div>Bible Story time</div><div>3:00 Church Service with Pastor Andy</div></div><div><div>6 DIMENSIONS OF WELLNESS</div><div>PHYSICAL</div><div>EMOTIONAL</div><div>INTELLECTUAL</div><div>SOCIAL</div><div>SPIRITUAL</div><div>VOCATIONAL</div></div></div>	<div><div>9</div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV Game Replay</div><div>Glacier Range Riders</div><div>Tabletop Sensory</div><div>Daily Bulletin & Devotions</div><div>Baking Club</div><div>Memory Jogging</div><div>11:00 Music Therapy with Kristin</div><div>Snack & Hydration</div></div><div><div>Afternoon</div><div>1:30 Reading Club with Lorrie</div><div>Bingo in courtyard with Italian Sodas</div><div>Stay Fit with Tammy</div><div>3:30 Independent Interests & Down Time</div></div></div>	<div><div>10</div><div><div>Morning *</div><div>Wake Up</div><div>Sensory TV Knowledge Trivia quiz</div><div>Tabletop Sensory Making Iced Tea</div><div>Making your Tie-dye shirts</div><div>11:30 1-1 Catholic Visits</div><div>Bodies IN Motion</div><div>Parachute Ball</div></div><div><div>Afternoon</div><div>2:00 Kitty Visits</div><div>Chair Based Fitness</div><div>Relaxing and Garden walks in the courtyard</div></div></div>	<div><div>11</div><div><div>Morning *</div><div>Wake Up</div><div>Sensory TV Infants and Babies (AC)</div><div>Tabletop Sensory Husking Corn</div><div>Daily Bulletin</div><div>Memory Jogging Spot the Difference</div><div>Corny Jokes</div><div>Oldies Singalong</div><div>Snack & Hydration</div><div>Bodies in Motion</div><div>Pool Noodle Challenge</div></div><div><div>Afternoon</div><div>1:45 Fitness with Todd</div><div>2:30 Bible Study with Pastor Andy</div><div>Garden Walks</div><div>Pondering Prompts</div><div>Reminisce</div></div></div>	<div><div>12</div><div><div>Morning</div><div>Wake Up</div><div>Sensory TV Sacagawea</div><div>Tabletop Sensory</div><div>10:00 Growing Roots visits</div><div>Baking Peanut Butter Cookies</div><div>Daily Bulletin & Devotion</div><div>Memory Jogging Variety Trivia</div><div>Fact File Superman</div><div>Bodies in Motion</div><div>11:00 Picnic Lunch at Rose Crossing</div><div>Afternoon</div><div>2:00 Nail & Hand Massage</div><div>Joyful Reflections Puppies (AC)</div><div>Independent Projects</div></div></div>	<div><div>13</div><div><div>Morning</div><div>Donut Day</div><div>Wake Up</div><div>Sensory TV Canine Companions (AC)</div><div>Tabletop Sensory Hibiscus Tea</div><div>Daily Bulletin/Daily Devotion</div><div>Memory Jogging Urban legends or not</div><div>Donuts and Hydration</div><div>Bodies in Motions</div><div>Balloon Volleyball</div><div></div><div>Afternoon</div><div>1:30 Karaoke with Connie and Friends</div><div>Friday Yoga</div><div>Garden Walks</div></div></div>	<div><div>14</div><div><div>Morning</div><div>Flag Day</div><div>Wake Up</div><div>Tabletop Sensory</div><div>TV Sensory Folding of the Flag/ History of the Flag</div><div>Flag day Vocabulary</div><div>Fact File Flag Day</div><div>Music and Motion</div><div>Father's Day Pocket Corsage</div><div>Snack & Hydration</div><div>Bodies in Motion</div><div>Father's Day Prep</div><div>Afternoon</div><div>2:00 Foot soak and massage with Tammy Carmen and Alysen</div><div>Movie Matinee Father of the Bride & Popcorn</div><div>Garden Walks</div></div></div>


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<div>Father's Day 15</div> <div>Morning Father's Day Prep Wake Up Tabletop Sensory Sensory TV Glacier Symphony Soundscape Daily Bulletin Bible Study 10:30 Virtual Canvas Church Service & Cookies Trivia Puzzles & Crosswords</div> <div>12:00 Father's Day Buffet Claremont time 10:00-5</div> <div>Afternoon 1:00 Bringing History alive with Music from Terry and Judy Fosbery Strawberry Ice Cream Soda 3:00 Church Service with Pastor Andy</div> <div>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</div>	<div>Morning* 16</div> <div>Wake Up Sensory TV veggie gardening Tabletop Sensory Daily Bulletin & Devotions Baking Club Veggie Dip Memory Jogging Phrases and Origins 11:00 Music Therapy with Kristin Snack & Hydration</div> <div>12:00 Veggie Stir Fry Lunch</div> <div>Afternoon 1:30 Reading Club with Lorrie 2:15 Photography Reminisce Veggie Bingo Stay Fit 3:30 Independent Interests & Down Time</div>	<div>Morning * 17</div> <div>Wake Up Sensory TV Making Root Beer Dorothy Molter Tabletop Sensory Daily Bulletin Daily Devotion 10:30 Storytelling Memory Jogging Fact File Root Beer Lady 11:30 1-1 Catholic Visits</div> <div>Bodies IN Motion Parachute Ball</div> <div>Afternoon Chair Based Fitness 2:00 Rosie's Birthday Celebration with Root Beer Tasting & Floats Relaxing in the courtyard</div>	<div>Morning 18</div> <div>Wake Up Sensory TV Fishing Tabletop Sensory Daily Bulletin Memory Jogging Price is Right/Picnic Oldies Singalong Snack & Hydration</div> <div>Bodies in Motion Fishing for Treasures</div> <div>Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Andy Fishing Bingo</div>	<div>Morning 19</div> <div>Juneteenth Wake Up Sensory TV Niagara Falls Tabletop Sensory Daily Bulletin & Devotion Fact File Juneteenth Highway to History Juneteenth Juneteenth A celebration of Freedom Snack & Hydration</div> <div>Bodies in Motion</div> <div>Afternoon 1:30 Creston Crooners 2:30 Nail & Hand Massage Independent Projects</div>	<div>Morning 20</div> <div>First Day of Summer Donut Day Wake Up Sensory TV Summer Gardening (AC) Tabletop Sensory Daily Devotion Memory Jogging Picture Crossword Donuts and Hydration</div> <div>12:00 BBQ Lunch with Ice cream Sundae Bar</div> <div>Bodies in Motions Summer Bean Bag Toss</div> <div></div> <div>Afternoon Summer Drive Outing</div>	<div>Morning 21</div> <div>Wake Up Tabletop Sensory Taking Selfies TV Sensory Kruger National Park Music and Motion Snack & Hydration</div> <div>Come create and enjoy your own lemonade at the Lemonade Bar</div> <div>Bodies in Motion</div> <div>Afternoon Stretch and Flex Chair Exercise (NJB) Selfie Craft Garden Walks & Lemon Pie Movie Matinee & Popcorn</div>

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<div><div>Morning *22</div><div>Wake Up Tabletop Sensory Sensory TV Public Library Daily Bulletin Bible Study 10:30 Virtual Canvas Church Service & Cookies Trivia Puzzles & Crosswords</div><div>Afternoon</div><div>Hymn singalong Bible Story time 3:00 Church Service with Pastor Andy</div><div>6 DIMENSIONS OF WELLNESS</div><div>PHYSICAL</div><div>EMOTIONAL</div><div>INTELLECTUAL</div><div>SOCIAL</div><div>SPIRITUAL</div><div>VOCATIONAL</div></div>	<div><div>Morning*23</div><div>National Hydration Day Wake Up Sensory TV Butterfly Migration Tabletop Sensory Butterflies Habitat Daily Bulletin & Devotions Baking Club Memory Jogging Fact Files Butterfly's 11:00 Music Therapy with Kristin Snack & Hydration</div><div>Afternoon</div><div>1:30 Reading Club with Lorrie Hydration sampling Bingo Stay Fit 3:30 Independent Interests & Down Time</div></div>	<div><div>Morning Teslyn 8-1224</div><div>Wake Up Sensory TV Honeybee's Tabletop Sensory Guess what is in The Bag Daily Bulletin Daily Devotion Storytelling Memory Jogging Fact Files Honeybee's 11:30 1-1 Catholic Visits</div><div>Bodies IN Motion Parachute Ball</div><div>Afternoon Andy Chair Based Fitness Flower arranging Relaxing in the courtyard</div></div>	<div><div>Morning Teslyn25</div><div>Wake Up Sensory TV Fascinating World of Insects (AC) Tabletop Sensory Hulling Strawberries Daily Bulletin Memory Jogging Fact Files Ladybug Oldies Singalong Snack & Hydration</div><div>Bodies in Motion Pool Noodle Challenge</div><div>Afternoon</div><div>1:45 Fitness with Todd 2:30 Bible Study with Pastor Andy Making Strawberry Parfaits</div></div>	<div><div>Morning26</div><div>Wake Up Sensory TV Lewis & Clark Tabletop Sensory Daily Bulletin & Devotion Memory Jogging Fact Files Firefly</div><div>Bodies in Motion</div><div>Afternoon</div><div>1:30 Nail & Hand Massage Joyful Reflection Babies (AC) Independent Projects</div></div>	<div><div>Morning Teslyn27</div><div>Donut Day Wake Up Sensory TV Whales are Smarter than you think Tabletop Sensory Daily Devotion Round Up Paul Bunyan Fact Files Grasshopper Storytelling Paul Bunyan</div><div>Donuts and Hydration</div><div>Bodies in Motions Balloon Volleyball</div><div></div><div>Afternoon</div><div>Friday Yoga Jokes & Cokes Seashell Craft</div></div>	<div><div>Morning *28</div><div>Wake Up Tabletop Sensory TV Sensory The Adirondacks Daily Bulletin & Devotion Snack & Hydration Fact File Dragenfliy</div><div>Bodies in Motion Table Ball</div><div>Afternoon</div><div>Stretch and Flex Bug Bingo Movie Matinee & Popcorn</div></div>

June 2025		<div>  <div>July 2025</div> <div>Our Daily Wellness Path.</div> </div>				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning * 29 Wake Up Tabletop Sensory Sensory TV Daily Bulletin Bible Study 10:30 Virtual Canvas Church Service & Cookies Trivia Puzzles & Crosswords Afternoon Hymn singalong Bible Story time Garden Walks 3:00 Church Service with Pastor Andy 6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL	Morning 30 Wake Up Sensory TV The Lawerance Welk show Tabletop Sensory Daily Bulletin & Devotions Baking Club Memory Jogging What's in a bag Fact Files Ant 11:00 Music Therapy with Kristin Snack & Hydration Afternoon 1:30 Reading Club with Lorrie Bingo Stay Fit 3:30 Independent Interests & Down Time	Morning 1 Wake Up Sensory TV Tabletop Sensory Daily Bulletin Daily Devotion 10:30 Storytelling Memory Jogging 11:30 1-1 Catholic Visits Bodies IN Motion Parachute Ball Afternoon Bubble Party In the Courtyard Relaxing in the courtyard	Morning 2 Wake Up Sensory TV Tabletop Sensory Daily Bulletin Memory Jogging Oldies Singalong Snack & Hydration Bodies in Motion Pool Noodle Challenge Afternoon 1:45 Fitness with Todd 2:30 Bible Study with Pastor Andy	Morning 3 Wake Up Sensory TV Tabletop Sensory 10:00 Growing Roots visits Daily Bulletin & Devotion Memory Jogging Bodies in Motion Afternoon 1:30 Nail & Hand Massage Independent Projects	Morning * 4 Donut Day Wake Up Sensory TV Tabletop Sensory Daily Devotion Memory Jogging Donuts and Hydration 12:00 4 th of July BBQ Lunch Bodies in Motions Balloon Volleyball  Afternoon Friday Yoga	Morning* 5 Wake Up Tabletop Sensory TV Sensory Music and Motion Snack & Hydration Bodies in Motion Afternoon Stretch and Flex Movie Matinee & Popcorn