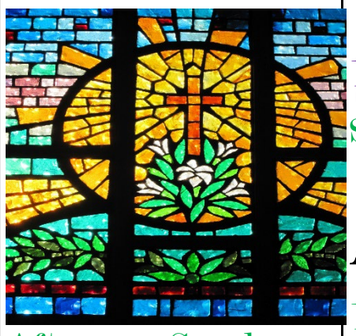
November 2026

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Morning **Independent Interests** **Wordsearches, Snack** **Reading, Puzzles, TV** **Sensory, YouTube** **Local Church service** Cinnamon Rolls for snack  Afternoon Snack 3:00 Church Service with Pastor Andy Independent Interests 6 Dimensions of Wellness Physical Emotional Intellectual Social Spiritual Vocational	**2** **Morning** **Wake Up** Sensory TV Tabletop Sensory Daily Chronicle & Devotion Snack & Hydration *11:00 Music Therapy with Kristin* Snack & Hydration **Afternoon** *1:30 Reading Club with Lorrie* Sit & Be Fit 3:30 Independent Interests 4:45 Evening Movie Matinée	**3** **Morning** **Election Day** **Wake Up** Sensory TV Tabletop Sensory 10:00 Visits with Hedges 2nd graders Gratitude Tree Snack & Hydration *11:15 Yoga with Sarah* Sandwich day Trivia Bodies IN Motion **Afternoon** Afternoon Stretch What came first Artistic Passions Deviled Eggs Election Day Crossword 3:30 Independent Interests & Down Time Coloring 4:45 Movie Matinée	**4** **Morning** Sensory TV Scenic Travels Tabletop Sensory Thanksgiving Box Prep for Dinner Snack & Hydration *11:00 Fitness with Todd* Bodies in Motion Tabletop Bowling **Afternoon** Sit & be Fit *2:30 Bible Study with Pastor Andy* Popcorn Pass 4:00 Dinner at The Hotsy Totsy Lounge Showcasing the talented & amazing Richel 4:45 Movie Matinée	**5** **Morning** **Wake Up** TV Sensory Tabletop Sensory Thankful Leaves Daily Chronicle & Devotion Name that State Baking Club Cinnamon roll apple pie 11:15 Hymn sing with Pastor Andy Snack & Hydration Bodies in Motion Fly Swatter Badminton **Afternoon** **1:30 Nail Care and Hand massage** Chair Exercise Movie Matinée Independent Projects during Nail care 4:45 Movie Matinée	**6** **Morning** Donut Day Wake Up Sensory TV Tabletop Sensory The Roundup Hoops and Nachos Basketball challenge Daily Chronicle & Devotion Donuts and Hydration Bodies in Motions Stretch & Solve **Afternoon** Friday Yoga **2:00 Dining Meeting with Frank & Lindsey** ***3:00 Pet visits with Sadie /Scott*** Independent Projects 4:45 Movie Matinée	**7** **Morning** Sensory TV Tabletop Sensory **Independent Interests** **Wordsearches,** **Reading, Puzzles, TV** **Sensory,** Snack & Hydration Bodies in Motions Morning Stretch **Afternoon** Chair Dancing Video **Relaxing Coloring** 4:45 Movie Matinee

Programs are subject to change

November 2026

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 8 Independent Interests Wordsearches, Snack Reading, Puzzles, TV Sensory, YouTube Local Church service  Afternoon Snack 3:00 Church Service with Pastor Andy Independent Interests 6 Dimensions of Wellness Physical Emotional Intellectual Social Spiritual Vocational	Morning 9 Wake Up Sensory TV Tabletop Sensory Daily Chronicle & Devotion Face Trivia Baking Club Jar Pickles Snack & Hydration *11:00 Music Therapy with Kristin* Snack & Hydration Afternoon *1:30 Reading Club with Lorrie* Sit & Be Fit Backstory Novelty Items 3:30 Independent Interests 4:45 Evening Movie Matinée	Morning 10 Wake Up Sensory TV Tabletop Sensory Daily Chronicle & Devotion Guess the Proverb Snack & Hydration *11:15 Yoga with Sarah* Bodies IN Motion Balloon Ball Bunce Afternoon Afternoon Stretch 2:00 Abby's Baby shower Artistic Passions Thanksgiving Cards 3:30 Independent Interests & Down Time Coloring 4:45 Movie Matinée	Morning 11 Veterans Day Sensory TV Veterans Programs Tabletop Sensory 9:30 -11:00 1-1, & Veterans Group activity with 7th graders Hero Snack assembly Snack & Hydration *11:00 Fitness with Todd* Bodies in Motion Tabletop Bowling Afternoon Sit & be Fit *2:30 Bible Study with Pastor Andy* Fact File Veterans Day & Trivia Popcorn Pass 4:45 Movie Matinée	Morning 12 Wake Up TV Sensory Tabletop Sensory Cinnamon Spray Daily Chronicle & Devotion Hidden Pictures Baking Club Snack & Hydration Bodies in Motion Fly Swatter Badminton Afternoon 1:30 Nail Care and Hand massage Chair Exercise Movie Matinée Independent Projects during Nail care 4:45 Movie Matinée	Morning 13 Donut Day Wake Up Sensory TV Tabletop Sensory 10:00 Growing Roots Visit Thanksgiving Finish the phrase Daily Chronicle & Devotion Donuts and Hydration Bodies in Motions Balloon Circle Afternoon Friday Yoga Reminisce about Kindness Mums Mugs Independent Projects 4:45 Movie Matinée	Morning 14 Sensory TV Tabletop Sensory Independent Interests Wordsearches, Reading, Puzzles, TV Sensory, Snack & Hydration Bodies in Motions Morning Stretch Afternoon Chair Dancing Video Relaxing Coloring Thanksgiving Coloring 4:45 Movie Matinee

November 2026

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 15 Independent Interests Wordsearches, Snack Reading, Puzzles, TV Sensory, YouTube Local Church service  Afternoon Snack 3:00 Church Service with Pastor Andy Independent Interests 6 Dimensions of Wellness Physical Emotional Intellectual Social Spiritual Vocational	Morning 16 Wake Up Sensory TV Tabletop Sensory Gratitude Cards Blackboard Challenge Daily Chronicle & Devotion Snack & Hydration *11:00 Music Therapy with Kristin* Snack & Hydration Afternoon *1:30 Reading Club with Lorrie* Making Thanksgiving Cards Sit & Be Fit 3:30 Independent Interests 4:45 Evening Movie Matinée	Morning 17 Wake Up Sensory TV Tabletop Sensory 10:00 Visits with Edgerton 2nd graders Gratitude Tree Snack & Hydration *11:15 Yoga with Sarah* Bodies IN Motion Afternoon Afternoon Stretch Memory Jogging Flower Arranging Gratitude Singalong Roundup Hiking 3:30 Independent Interests & Down Time Coloring 4:45 Movie Matinée	Morning 18 Sensory TV Scenic Travels Tabletop Sensory Cranberry and Spice sorting Daily Chronicle & Devotion Ball Trivia Snack & Hydration *11:00 Fitness with Todd* Bodies in Motion Corn hole Afternoon Sit & be Fit *2:30 Bible Study with Pastor Andy* Last Letter Frist Word Popcorn Pass 4:45 Movie Matinée	Morning 19 Wake Up TV Sensory Tabletop Sensory Baking Club Yellow Cake 10:30 Painting Class with Cindi Snack & Hydration Bodies in Motion Fly Swatter Badminton Afternoon 1:30 Singalong with Creston Crooners 2:30 Nail Care and Hand Massage Chair Exercise Movie Matinée Independent Projects during Manicures 4:45 Movie Matinée	Morning 20 Donut Day Wake Up Sensory TV Tabletop Sensory Baking Sugar Cookies Daily Chronicle & Devotion Geography Trivia Donuts and Hydration Bodies in Motions Ax Throwing Afternoon Friday Yoga Frosting Sugar Cookies TBD November Drive for funny coffee Independent Projects 4:45 Movie Matinée	Morning 21 Sensory TV Tabletop Sensory Independent Interests Wordsearches, Reading, Puzzles, TV Sensory, Snack & Hydration Bodies in Motions Morning Stretch Afternoon Chair Dancing Video Relaxing Coloring 4:45 Movie Matinee

November 2026

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Morning Independent Interests Wordsearches, Snack Reading, Puzzles, TV Sensory, YouTube Local Church service  Afternoon Snack 3:00 Church Service with Pastor Andy Independent Interests 6 Dimensions of Wellness Physical Emotional Intellectual Social Spiritual Vocational	**23** Morning Wake Up Sensory TV Tabletop Sensory Daily Chronicle & Devotion Solve the Riddle Baking Club Chocolate Cake Snack & Hydration *11:00 Music Therapy with Kristin* Snack & Hydration Afternoon *1:30 Reading Club with Lorrie* Thanksgiving Bingo Sit & Be Fit Pumpkin Pie Social and Gratitude Circle 3:30 Independent Interests 4:45 Evening Movie Matinée	**24** Morning Wake Up Sensory TV Tabletop Sensory Poems of Gratitude Daily Chronicle & Devotion Brain Gym Snack & Hydration *11:15 Yoga with Sarah* Bodies IN Motion Afternoon Afternoon Stretch Artistic Passions Gratitude Photo Garlands *2:30 Pet visits with Maggie* 3:30 Independent Interests & Down Time Coloring 4:45 Movie Matinée	**25** Morning Sensory TV Scenic Travels Tabletop Sensory Thanksfull Memory Jogging Snack & Hydration Daily Chronicle & Devotion *11:00 Fitness with Todd* Bodies in Motion Tabletop Bowling Afternoon Sit & be Fit *2:30 Bible Study with Pastor Andy or Thanksgiving Eve Service* Popcorn Pass 4:45 Movie Matinée	**26** Morning Thanksgiving Day Wake Up TV Sensory Macey's Day Parade & Bingo Tabletop Sensory Daily Chronicle & Devotion Thanksgiving Crossword Challenge Snack & Hydration Bodies in Motion Fly Turkey Shoot 12:00 Thanksgiving Day Lunch Afternoon Game Day TV Chair Exercise Movie Matinée Planes Trains and Automobiles Independent Projects during 4:45 Movie Matinée Free Birds	**27** Morning Donut Day Wake Up Sensory TV Tabletop Sensory Word Association Daily Chronicle & Devotion Donuts and Hydration Bodies in Motions Ball Tennis Afternoon Friday Yoga Leftover Turkey Sandwiches Social Turkey Hall Silhouettes Independent Projects 4:45 Movie Matinée	**28** Morning Sensory TV Tabletop Sensory Independent Interests Wordsearches, Reading, Puzzles, TV Sensory, Snack & Hydration Bodies in Motions Morning Stretch Afternoon Chair Dancing Video Relaxing Coloring 4:45 Movie Matinee

Nov 2026

December 2026

Our Daily Wellness Path.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Morning Independent Interests Wordsearches, Snack Reading, Puzzles, TV Sensory, YouTube Local Church service  Afternoon Snack 3:00 Church Service with Pastor Andy Independent Interests 6 Dimensions of Wellness Physical Emotional Intellectual Social Spiritual Vocational	**30** **Morning** **Wake Up** Sensory TV Tabletop Sensory Daily Chronicle & Devotion Baking Club Snack & Hydration Memory Jogging *11:00 Music Therapy with Kristin* Snack & Hydration **Afternoon** *1:30 Reading Club with Lorrie* Sit & Be Fit 3:30 Independent Interests 4:45 Evening Movie Matinée	**1** **Morning** **Wake Up** Sensory TV Tabletop Sensory Daily Chronicle & Devotion Memory Jogging Snack & Hydration *11:15 Yoga with Sarah* Bodies IN Motion **Afternoon** Afternoon Stretch Artistic Passions 3:30 Independent Interests & Down Time Coloring 4:45 Movie Matinée	**2** **Morning** Sensory TV Tabletop Sensory Scenic Travels Daily Chronicle & Devotion Memory Jogging Snack & Hydration *11:00 Fitness with Todd* Bodies in Motion Tabletop Bowling **Afternoon** Sit & be Fit ***2:30 Bible Study with Pastor Andy*** Popcorn Pass 4:45 Movie Matinée	**3** **Morning** **Wake Up** TV Sensory Tabletop Sensory Famous Musicals Daily Chronicle & Devotion Baking Club Snack & Hydration Bodies in Motion Fly Swatter Badminton **Afternoon** **1:30 Manicures** Chair Exercise Movie Matinée Independent Projects during Nail care 4:45 Movie Matinée	**4** **Morning** Donut Day Wake Up Sensory TV Tabletop Sensory Christmas in a jar Daily Chronicle & Devotion Memory Jogging Donuts and Hydration Bodies in Motions **Afternoon** Friday Yoga **2:00 Dining Meeting with Frank & Lindsey** Independent Projects 4:45 Movie Matinée	**5** **Morning** Sensory TV Tabletop Sensory **Independent Interests** **Wordsearches,** **Reading, Puzzles, TV** **Sensory,** Snack & Hydration Bodies in Motions Morning Stretch **Afternoon** Chair Dancing Video Relaxing Coloring 4:45 Movie Matinee