NOVEMBER 2026

The Retreat
AT BUFFALO HILL | MEMORY SUPPORT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Independent Activities 2:30 Church Service Move Clocks Back One Hour for Daylight Savings	2 9:00 Wake Up Balloon Volleyball Music Therapy Snacks and Hydration What Came First? Afternoon Book Club-**The Ride of Her Life**	3 10:00 Hand Massages Tabletop Sensory Daily Rewind Basketball Toss Strange Sandwiches from Real Menus 1PM Word in a Word One to One Visits	4 9:00 Wake Up Daily Rewind Tabletop Sensory Candy Toss Across Snacks and Hydration M&M Conversation Game Afternoon	5 10:00 Hand Massages Ring Toss RoundUp:Redheads Seeing Red Trivia Afternoon 2:15 Bible Study	6 9:00 Wake Up Sensory TV Parachute Games Snacks and Hydration Beat the Shot Clock Afternoon Fall Crafting	7 10:00 Hand Massages Tabletop Sensory Daily Rewind Roll a Workout Bingo
8 10:00 Hand Massages Tabletop Sensory Daily Rewind Balloon Games 2:30 Church Service	9 9:00 Wake Up Sensory TV Stretch and Solve Music Therapy Snacks and Hydration Word Games Afternoon Book Club-**The Ride of Her Life**	10 10:00 Hand Massages Tabletop Sensory 10:30 Resident Council Daily Rewind Table Ball Blue Trivia 1PM Board Games One to One Visits	11 9:00 Wake Up Sensory TV-Veterans Day Tabletop Sensory-Salute to Service Coloring Sheet Fact Files:Veterans Day Take a Soldier, Say a Prayer Snacks and Hydration 1:15 Sip and Paint Patriotic Day	12 10:00 Hand Massages Tabletop Sensory Basketball Toss Bingo 10:30 Food Committee Afternoon 2:15 Bible Study	13 9:00 Wake Up Sensory TV- Talk and Toss Piano Music with Audrey Afternoon Games and Giggles	14 10:00 Hand Massages Tabletop Sensory Daily Rewind Kickball Bowling Trivia
15 10:00 Hand Massages Tabletop Sensory Daily Rewind Noodle Balloons Trash or Treasure 2:30 Church Service	16 9:00 Wake Up Sensory TV-Fast Food Jingles and Slogans Balloon Games Music Therapy Snacks and Hydration Afetrnoon Book Club-**The Ride of Her Life**	17 10:00 Hand Massages Tabletop Sensory 10:30 Activity Committee Daily Rewind Bean Bag Toss Trail Treasure Game 1PM Manicures and Music	18 9:00 Wake Up Sensory TV- Along Party Lines The Party Line Sr Gold Chair Dance Snacks & Hydration Afternoon Jigsaw Puzzles One to One Visits	19 10:00 Hand Massages Tabletop Sensory Daily Rewind Ring Toss Bingo Afternoon 2:15 Bible Study	20 9:00 Wake Up Sensory TV Morning Stretches Absurd Advice Column Two Truths and a Lie Snacks and Hydration Afternoon Games and Giggles	21 10:00 Hand Massages Tabletop Sensory Daily Rewind Roll a Workout Rank It Game The Great TV Debate
22 10:00 Hand Massages Daily Rewind Balloon Games Bingo 2:30 Church Service	23 9:00 Wake Up Sensory TV- Music Therapy Balloon Tennis Thanksgiving Trivia Snacks & Hydration Afternoon Independent Activities	24 10:00 Daily Rewind Basketball Toss Bingo Sing a long 1PM Word in a Word One to One Visits	25 9:00 Wake Up Sensory TV-Lawrence Welk Thanksgiving Special Turkey Leg Toss Thanksgiving Reminiscing Snacks and Hydration Afternoon Patchwork Pie	26 Happy Thanksgiving 10:00 Daily Rewind Bounce a Point Game Turkey Time Trivia Bingo Thankgiving Best	27 Black Friday Shopping Experience Christmas Movie, Music, and Snacks	28 10:00 Hand Massages Tabletop Sensory Daily Rewind Batting Practice Situations Game
29 10:00 Hand Massages Daily Rewind Balloon Games Leftovers Dominoes Afternoon 2:30 Church Service	30 9:00 Wake Up Guided Relaxation Music Therapy Common Thread Game Jar of Favorits Afternoon Book Club-**The Ride of Her Life** One to One Visits					

Activities are Subject to Change